

Revised

# RESULTS



## 1999 United States Masters Swimming 23<sup>RD</sup> One Hour Postal Swim National Championship

Sponsored by Empire State Masters

Sanctioned by Metropolitan LMSC for United States Masters Swimming, Inc. #068-13-98

**"IT IS MY DESTINY TO BE THE KING OF PAIN."** -STING

Doesn't that sum up the hour swim? My congratulations to all who swam. This is a great accomplishment, whether you are going for age group records or personal goals. I doff my goggles to those over 5000 yards, to those under 2000, and everyone in between. To those who tried to hold a certain pace and to those who tried to do flip turns the whole way (trust me, this means something to those of us who were not age-group swimmers as kids).

CLUB ABBREVIATIONS	1
CLUB SCORING	2
INDIVIDUAL WOMEN	3
INDIVIDUAL MEN	7
RELAYS	12
STATS	14

There were a total of 1,838 swimmers, who swam 6,812,130 yards (3,870.5 miles). If this was done as a relay, it could start at Davis (this year's team winner), go to the heart of New England (this year's second place team), down to Empire (this year's host), continue down to DC (last year's host), and get a good distance out to Indiana (next year's host). If the swimmers swam one after another and started at 12:01 AM on January 1st, though, they would not finish until the middle of March.

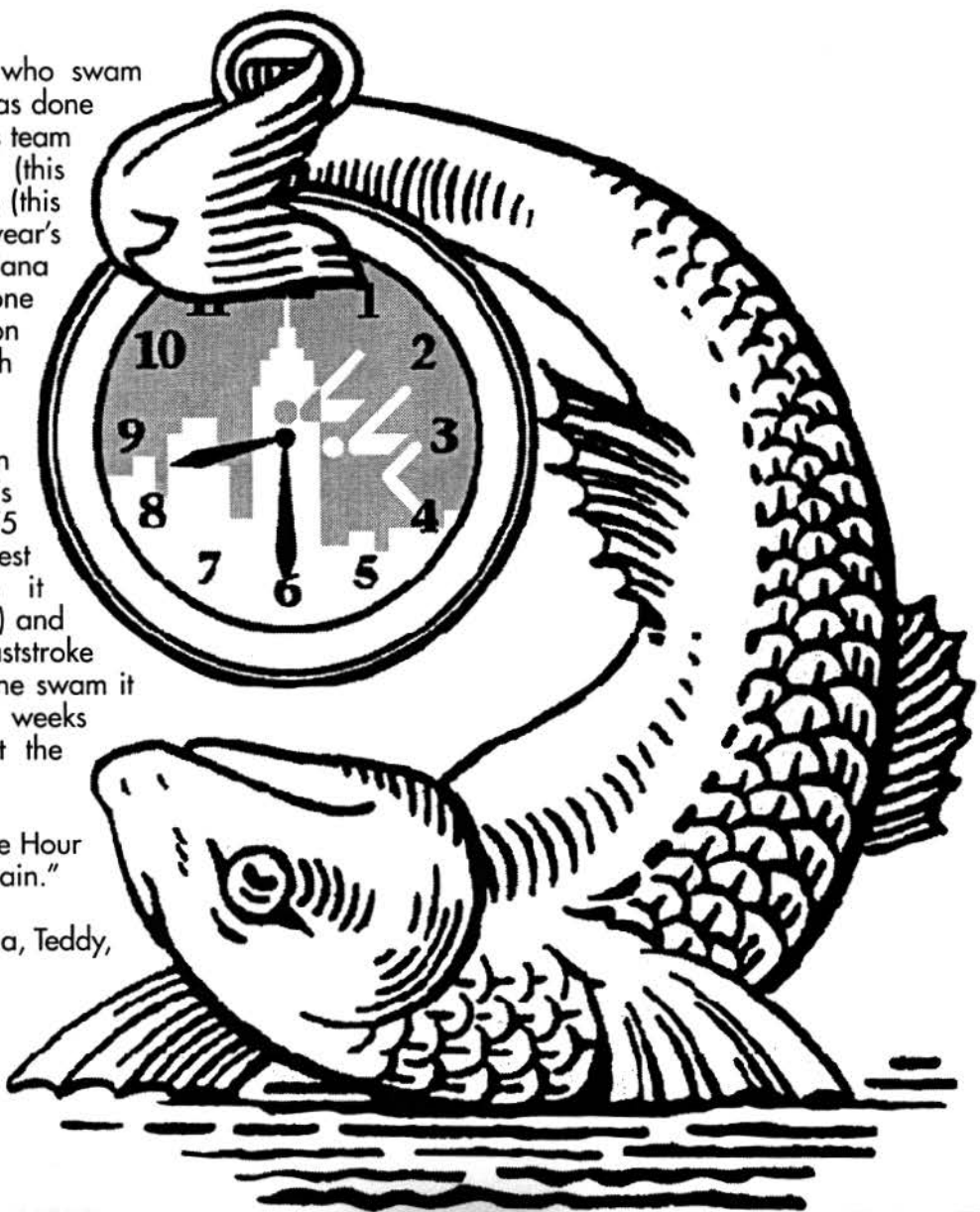
Of the swims that caught my eye, John Morgan 36, went 5,195 yards. John is legally blind. Gus Langner went 2,175 yards. Gus is 95 (needless to say, the oldest swimmer in the event). Some swam it backstroke like Rob Berry 30 (4,800 yards) and Bob Lawton 47 (4,220). Some swam it breaststroke like Jonathan Barville 28 (4,175). And one swam it with a passenger, Melodee Nugent was 31 weeks pregnant (I am still trying to figure out the appropriate yardage).

I doff my goggles to the past directors of the Hour Swim, who collectively drawl, "I feel your pain."

And I thank my wife Karen and my kids Nina, Teddy, and Scott for tolerating and persevering.

Thanks to all who participated and helped out (people nationally who made this a little easier, and locally who volunteered).

Jon Einsidler  
Empire State Masters, Event Host



## CLUBS AND THEIR ABBREVIATIONS

ABBR.	CLUB	MM	MONTANA MASTERS, MT
1776	"COLONIALS 1776, PA & DE"	MMSC	MAUI MASTERS SWIM CLUB, HI
AAM	ALAMEDA AQUATIC MASTERS, CA	MOVY	MISSOURI VALLEY, MO
AAMS	ARLINGTON MASTERS, VA	MVM	MOUNTAIN VIEW MASTERS, CA
ADMS	ADIRONDACK DISTRICT MASTERS, NY	NCMS	NORTH CAROLINA MASTERS SWIMMING, NC
AKMS	ALASKA MASTERS, AK	NEM	NEW ENGLAND MASTERS
AMS	AUBURN MASTERS SWIMMERS, AL	NIAG	NIAGARA MASTERS, NY
ANCM	MONTGOMERY ANCIENT MARINERS, MD	NML	WESTERN SUBURBS, AUSTRALIA
ARG	AMERICAN RIVER GOLD, CA	NMMS	NEW MEXICO MASTERS SWIM, NM
ARIZ	ARIZONA MASTERS, AZ	NVAQ	NORTHERN VIRGINIA AQUATIC CLUB, VA
ARKM	ARKANSAS MASTERS SWIM CLUB, AR	O*H*	O*H*I*O MASTERS SWIM CLUB, OH
BLS	BAYLOR/LONE STAR MASTERS, TX	OCMT	OAHU CLUB MASTERS, HI
BLUE	BLUE WAVE MASTERS, FL	ODD	OLDE DURHAM DOLPHINS, CA
CATM	CLEARWATER AQUATIC TEAM, FL	OKMS	OKLAHOMA MASTERS SWIM CLUB, OK
CONN	CONNECTICUT MASTERS, CT	OREG	OREGON
CRAQ	CRAWFISH AQUATICS, LA	ORLM	ORLANDO MASTERS, FL
CRUZ	SANTA CRUZ MASTERS, CA	OSB	OJAI-SANTA BARBARA, CA
CVM	CARSON VALLEY MASTERS, NV	PALM	PALMETTO MASTERS, SC
DAM	DAVIS AQUATIC MASTERS, CA	PNA	PACIFIC NORTHWEST AQUATICS, WA
DCM	DC MASTERS, VA & MD & DC	RCA	ROCKBRIDGE COUNTY AQUATICS, CA
DSSM	DALAND SWIM SCHOOL MASTERS, CA	RHMS	ROLLING HILLS MUD SHARKS, CA
DSTO	DELAWARE SWIM TEAM OLD DOGS, DE	RINC	RINCONADA MASTERS, CA
ECM	EMERALD COAST MASTERS, FL	RMM	ROCKY MOUNTAIN MASTERS, CO
ECYM	EL CAMINO YMCA MASTERS, CA	SAC	SACRAMENTO MASTERS, CA
EMP	EMPIRE STATE MASTERS, NY	SANR	SAN RAMON MASTERS, CA
FAMS	FOLSOM AREA MASTERS SWIMMING, CA	SAWS	SAWTOOTH, ID
FINS	FINS AQUATIC CLUB, NJ	SC	SPORTS CONNECTION, JAPAN
FMM	FLORIDA MAVERICK MASTERS, FL	SCAM	STRAWBERRY CANYON AQUATIC MASTERS, CA
GAJA	GEORGIA	SDSM	SAN DIEGO SWIM MASTERS, CA
GCMT	GREATER COLUMBUS MASTERS, OH	SLAM	ST. LOUIS MASTERS SWIM CLUB, MO
GKMS	GREATER KNOXVILLE MASTERS SWIMMING, TN	SLOM	SAN LUIS OBISPO MASTERS, CA
GLD	TEAM GOLD, VA	SMMM	SAN MATEO MASTERS, CA
GNOM	GREATER NEW ORLEANS MASTERS, LA	SPCO	SPACE COAST MASTERS, FL
GOLD	GOLD COAST MASTERS, FL	SPM	ST. PETERSBURG MASTERS, FL
GOST	GREATER OHIO SWIM TEAM, OH	STAN	STANFORD MASTERS, CA
GPAC	GREATER PENSACOLA AQUATIC CLUB, FL	SWIM	S.W.I.M. FLORIDA MASTERS, FL
GRIN	GREATER INDIANA MASTERS SWIMMING, IN	SWM	SOUTH WEST AQUATIC MASTERS, CA
GSM	GARDEN STATE MASTERS, NJ	SWSM	SOUTH WEST SWIM MASTERS, FL
GWSC	GOLDEN WEST SWIM CLUB, CA	TAM	TAMALPAIS AQUATIC MASTERS, CA
HBSC	HUNTINGTON BEACH SWIM CLUB, CA	TBAC	TAMPA BAY AQUATIC CLUB, FL
HUMU	HUMUHUMUUNUKUNUJAPUA, HI	TERA	TERRAPIN MASTERS SWIM TEAM, CA
IAMA	IOWA MASTERS, IA	TOC	THE OLYMPIC CLUB, CA
IM	ILLINOIS MASTERS, IL	TPIT	TEAM PITTSBURGH, PA
INWM	INLAND NORTHWEST MASTERS, WA	TTEX	TEAM TEXAS, TX
IRCC	INDIAN RIVER COMMUNITY COLLEGE, FL	TULS	TULSA MASTERS, OK
KENT	KENT MASTERS, OH	UCLA	UCLA BRUIN MASTERS, CA
KONA	KONA AQUATICS, HI	UNAT	UNATTACHED
LAKE	LAKESIDE MASTERS, KY	USF	UNIVERSITY OF SAN FRANCISCO MASTERS, CA
LAM	LOS ALTOS MASTERS, CA	VERM	VERMONT MASTERS, NH&VT
LOM	LADERA OAKS MASTERS, CA	VMST	VIRGINIA MASTERS SWIM TEAM, VA
MACO	MULTNOMAH ATHLETIC CLUB, OR	WCM	WALNUT CREEK MASTERS, CA
MAM	MANATEE AQUATIC MASTERS, CA	WILD	WILDCAT MASTERS, KY
MEND	MENDOCINO COAST MASTERS, CA	WKGG	WESTERN KENTUCKY GREEN GATORS, KY
MESC	MAINE MASTERS, ME	WMAC	WISCONSIN MASTERS AQUATIC CLUB
MHM	MORGAN HILL MASTERS, CA	WPM	WHITE PLAINS MASTERS, NY
MICH	MICHIGAN MASTERS, MI	YCRC	YUBA CITY RACQUET CLUB, CA"
MINN	MINNESOTA MASTERS SWIM CLUB, MI		

## CLUB SCORING

		NUMBER OF SWIMMERS	TOTAL YARDS			NUMBER OF SWIMMERS	TOTAL YARDS
<b>EXTRA LARGE CLUBS</b>							
DAM	DAVIS AQUATIC MASTERS, CA"	299	1,068,210	WMAC	WISCONSIN MASTERS AQUATIC CLUB	4	13,450
NEM	NEW ENGLAND MASTERS	267	1,015,115	ORLM	ORLANDO MASTERS, FL	3	13,300
EMP	EMPIRE STATE MASTERS, NY	246	885,860	MVM	MOUNTAIN VIEW MASTERS, CA	3	10,750
GRIN	GREATER INDIANA MASTERS SWIMMING, IN	150	572,955	ARIZ	ARIZONA MASTERS, AZ	4	10,605
<b>LARGE CLUBS</b>							
STAN	STANFORD MASTERS, CA	51	217,920	TOC	THE OLYMPIC CLUB, CA	2	9,760
OREG	OREGON	42	159,505	OKMS	OKLAHOMA MASTERS SWIM CLUB, OK	2	9,060
SPM	ST. PETERSBURG MASTERS, FL	40	149,310	WCM	WALNUT CREEK MASTERS, CA	2	9,000
TAM	TAMALPAIS AQUATIC MASTERS, CA	40	144,605	FAMS	FOLSOM AREA MASTERS SWIMMING, CA	2	8,870
NCMS	NORTH CAROLINA MASTERS SWIMMING, NC	36	131,560	RHMS	ROLLING HILLS MUD SHARKS, CA	2	8,745
NIAG	NIAGARA MASTERS, NY	33	123,445	HUMU	HUMUHUMUUNUKUNUKUAPUA, HI	2	8,600
MICH	MICHIGAN MASTERS, MI	31	110,370	TERA	TERRAPIN MASTERS SWIM TEAM, CA	2	8,595
SANR	SAN RAMON MASTERS, CA	30	117,775	GKMS	GREATER KNOXVILLE MASTERS SWIMMING, TN	2	8,560
<b>MEDIUM CLUBS</b>							
SMMM	SAN MATEO MASTERS, CA	28	94,595	CRAQ	CRAWFISH AQUATICS, LA	2	8,330
LAM	LOS ALTOS MASTERS, CA	21	81,830	HBSC	HUNTINGTON BEACH SWIM CLUB, CA	2	7,925
CONN	CONNECTICUT MASTERS, CT	22	79,000	GSM	GARDEN STATE MASTERS, NJ	2	7,900
DSSM	DALAND SWIM SCHOOL MASTERS, CA	20	78,215	O*H*	O*H*I*O MASTERS SWIM CLUB, OH	2	7,350
UNAT	UNATTACHED	22	76,165	PALM	PALMETTO MASTERS, SC	2	6,895
GCMT	GREATER COLUMBUS MASTERS, OH	19	76,000	ECYM	EL CAMINO YMCA MASTERS, CA	2	6,785
SCAM	STRAWBERRY CANYON AQUATIC MASTERS, CA	18	74,675	MM	MONTANA MASTERS, MT	2	6,230
UCLA	UCLA BRUIN MASTERS, CA	18	74,145	KENT	KENT MASTERS, OH	2	6,100
WILD	WILDCAT MASTERS, KY	20	71,230	BLS	BAYLOR/LONE STAR MASTERS, TX	2	6,065
ARKM	ARKANSAS MASTERS SWIM CLUB, AR	20	66,300	SAC	SACRAMENTO MASTERS, CA	1	5,510
CATM	CLEARWATER AQUATIC TEAM, FL	18	64,735	MMSC	MAUI MASTERS SWIM CLUB, HI	1	5,165
LOM	LADERA OAKS MASTERS, CA	19	62,390	IAMA	IOWA MASTERS, IA	2	4,930
SPCO	SPACE COAST MASTERS, FL	16	55,485	ANCM	MONTGOMERY ANCIENT MARINERS, MD	2	4,925
<b>SMALL CLUBS</b>							
CRUZ	SANTA CRUZ MASTERS, CA	13	50,345	IRCC	INDIAN RIVER COMMUNITY COLLEGE, FL	2	4,915
SDSM	SAN DIEGO SWIM MASTERS, CA	12	47,950	TBAC	TAMPA BAY AQUATIC CLUB, FL	1	4,655
CVM	CARSON VALLEY MASTERS, NV	11	45,480	TULS	TULSA MASTERS, OK	1	4,655
VMST	VIRGINIA MASTERS SWIM TEAM, VA	10	41,175	AMS	AUBURN MASTERS SWIMMERS, AL	1	4,635
IM	ILLINOIS MASTERS, IL	10	40,925	MAM	MANATEE AQUATIC MASTERS, CA	1	4,420
WPM	WHITE PLAINS MASTERS, NY	10	40,315	MHM	MORGAN HILL MASTERS, CA	1	4,325
OSB	OJAI-SANTA BARBARA, CA	10	37,250	ECM	EMERALD COAST MASTERS, FL	1	4,245
DCM	DC MASTERS, VA & MD & DC	12	33,230	GAJA	GEORGIA	1	4,205
MOVY	MISSOURI VALLEY, MO	8	32,945	NMMS	NEW MEXICO MASTERS SWIM, NM	1	4,200
MEND	MENDOCINO COAST MASTERS, CA	10	32,130	SLOM	SAN LUIS OBISPO MASTERS, CA	1	4,175
FMM	FLORIDA MAVERICK MASTERS, FL	12	30,090	TPIT	TEAM PITTSBURGH, PA	1	4,010
TTEX	TEAM TEXAS, TX	7	30,005	SWM	SOUTH WEST AQUATIC MASTERS, CA	1	3,995
RCA	ROCKBRIDGE COUNTY AQUATICS, CA	8	28,785	GLD	TEAM GOLD, VA	1	3,950
ADMS	ADIRONDACK DISTRICT MASTERS, NY	7	28,755	OCMT	OAHU CLUB MASTERS, HI	1	3,800
1776	COLONIALS 1776, PA & DE	7	27,960	GPAC	GREATER PENSACOLA AQUATIC CLUB, FL	1	3,700
MACO	MULTNOMAH ATHLETIC CLUB, OR	6	25,475	SAWS	SAWTOOTH, ID	1	3,700
MESC	MAINE MASTERS, ME	7	25,130	AAMS	ARLINGTON MASTERS, VA	1	3,550
RMM	ROCKY MOUNTAIN MASTERS, CO	6	24,645	ODD	OLDE DURHAM DOLPHINS, CA	1	3,500
SWIM	S.W.I.M. FLORIDA MASTERS, FL	6	23,695	RINC	RINCONADA MASTERS, CA	1	3,480
MINN	MINNESOTA MASTERS SWIM CLUB, MI	5	21,575	INWM	INLAND NORTHWEST MASTERS, WA	1	3,460
NML	WESTERN SUBURBS, AUSTRALIA	7	21,270	GWSC	GOLDEN WEST SWIM CLUB, CA	1	3,225
SC	SPORTS CONNECTION, JAPAN	5	19,275	GNOM	GREATER NEW ORLEANS MASTERS, LA	1	3,055
GOLD	GOLD COAST MASTERS, FL	4	17,845	GOST	GREATER OHIO SWIM TEAM, OH	1	3,000
SLAM	ST. LOUIS MASTERS SWIM CLUB, MO	5	17,690	LAKE	LAKESIDE MASTERS, KY	1	2,970
DSTO	DELAWARE SWIM TEAM OLD DOGS, DE	4	16,695	KONA	KONA AQUATICS, HI	1	2,940
YCRC	YUBA CITY RACQUET CLUB, CA	4	15,965	AAM	ALAMEDA AQUATIC MASTERS, CA	1	2,785
FINS	FINS AQUATIC CLUB, NJ	4	15,925	WKGG	WESTERN KENTUCKY GREEN GATORS, KY	1	2,720
ARG	AMERICAN RIVER GOLD, CA	4	15,525	VERM	VERMONT MASTERS, NH&VT	1	2,670
PNA	PACIFIC NORTHWEST AQUATICS, WA	4	14,325	USF	UNIVERSITY OF SAN FRANCISCO MASTERS, CA	1	2,600
				NVAQ	NORTHERN VIRGINIA AQUATIC CLUB, VA	1	2,490
				BLUE	BLUE WAVE MASTERS, FL	1	2,420
				AKMS	ALASKA MASTERS, AK	1	2,385
				SWSM	SOUTH WEST SWIM MASTERS, FL	1	1,850

## WOMEN 19-24

REC: LYNNE PECKENHAM 1992 22 5,225 NEM			
1	JESSICA	KNAPP	22 5,085 CONN
2	AMANDA	PAGON	23 4,960 SPCO
3	TRINA	YOUNG	22 4,940 NEM
4	EMILY	PETERS	23 4,820 EMP
5	EMILY	BUTLER	22 4,810 GCMT
	ANDREA	PARENTEAU	24 4,810 GRIN
7	JODI	JACKSON	21 4,735 STAN
8	JEN	MYERS	22 4,710 EMP
9	ERIN	POWERS	23 4,700 NEM
10	CATHERINE	FUSS	24 4,640 EMP
11	HEATHER	KOHLER	24 4,625 DAM
12	CHANTAL	HARRISON	24 4,590 CRAQ
13	ANDREA	MONTANA	23 4,580 EMP
14	SASHA	MOORE	21 4,565 CRUZ
15	MAIA	YOUNG	24 4,540 STAN
16	LESLIE	THOMAS	24 4,520 EMP
17	LESLIE	ALLEN	23 4,500 NEM
	CATHERINE	DARST	20 4,500 DAM
19	ANGIE	ZANKICH	20 4,475 DAM
20	MARISSA	WONG	20 4,415 DAM
21	AMY	HURST	22 4,390 DAM
	ROBYN	JARMER	24 4,390 DAM
23	LAUREL	BERNINI	22 4,375 NEM
24	HOLLY	CASTLE	21 4,350 WILD
25	TIFFANY	HUGHES	22 4,295 DAM
26	NICOLE	FREDA	22 4,285 ORLM
27	JULIE	NIELSEN	22 4,260 DAM
28	KENDRA	GARROW	24 4,250 NEM
29	AIMEE	PFOHL	20 4,235 DAM
30	CARRIE	LOEHR	24 4,220 DSTO
31	LEONIE	WYNHOVEN	24 4,215 DAM
32	LURA	HESS	22 4,200 UCLA
33	LIA	SCHRAEDER	23 4,190 DAM
	BECKY	SMITH	19 4,190 DAM
35	MAIA	GOODKIN	20 4,155 CRUZ
36	LOAIZA	ORTIZ	22 4,125 DAM
37	CHRISTY	THOMSEN	24 4,085 NEM
38	ANI	HANOIAN	19 4,050 DAM
	LAURA	LEDERER	24 4,050 STAN
40	VICKI	ASHWORTH	24 4,035 DSTO
41	KARA	JORDAN	22 3,985 DAM
42	LENYA	HANOIAN	20 3,950 DAM
43	EMILY	LARSON	21 3,925 DAM
44	JEN	HEIN	19 3,900 MOVY
45	AYSHA	TAFF	23 3,875 DAM
46	LIZ	JURRUS	24 3,870 DAM
47	KARISSA	HOLSTEIN	19 3,850 DAM
	NINA	WURZBURGER	23 3,850 DAM
49	NAOMI	OTSUKA	21 3,840 DAM
	VICTORIA	WEBBER	24 3,840 MICH
51	SARAH	YORK	22 3,830 EMP
52	AMBER	LANTZ	23 3,810 EMP
53	KATE	PIKKARAINEN	21 3,805 DAM
54	MARLIA	BRAUN	23 3,750 DAM
55	KATIE	DAVENPORT	23 3,725 NEM
56	MELANIE	LOVRIN	21 3,675 DAM
57	BETSY	HAGMANIN	23 3,670 EMP
58	MONICA	BURNS	21 3,650 DAM
	KAARIN	SVENDSEN	23 3,650 NEM
60	WENDY	RASH	22 3,625 DAM
	MONICA	WHENT	20 3,625 DAM
62	EMILY	FLEMING	21 3,605 DAM
63	BECKY	KUPCINSKAS	24 3,600 NEM
	GRACE	TSAI	21 3,600 DAM
65	KATIE	STEWART	19 3,535 DAM
66	MAYUMI	RICO	20 3,475 CRUZ
67	KAREN	SHAPIRO	23 3,460 DAM
68	KRISTIN	MATTHEWS	23 3,380 DAM
69	MARY	BRIANT	24 3,360 DAM
70	ANNE	DUBINSKY	24 3,330 DAM
71	ANNE	FINKBEINER	21 3,300 DAM

72	GRETCHEN	BATES	24 3,295 EMP
73	JESSICA	DEPRIMO	21 3,185 DAM
74	SUSAN	SALEEB	24 3,165 EMP
75	KATHLEEN	THISSEN	19 3,100 KENT
76	RACHEL	DIELE	21 3,065 DAM
77	EMILY	CORWIN	19 3,000 DAM
78	RAQUEL	BALDERAS	23 2,975 DAM
79	DAWN	JOHNSON	22 2,940 DAM
80	AMY	WEIK	24 2,700 GRIN
81	CORIN	GREENBERG	19 2,590 DAM
82	LININA	JOB	24 2,250 OREG

## WOMEN 25-29

REC: LISA HAZEN 1994 29 5,560 USF			
1	ALISON	ZAMANIAN	28 5,455 SCAM
2	WENDY	KNOX	27 5,265 WILD
	LESLIE	RAMSEY	26 5,265 WILD
4	JANE	CAIRNS	28 5,025 OSB
5	LINDA	VISSER	28 4,915 ORLM
6	HEATHER	HAGEMAN	28 4,875 NCMS
7	SARA	QUAN	26 4,840 OREG
8	GINA	KEHR	29 4,835 STAN
9	MELISSA	BRAISTED	26 4,830 NEM
10	MORGAN	MERRICK	26 4,740 EMP
11	JAIMI	DOAN	27 4,715 DAM
12	KARI	ANDERSON	26 4,680 NEM
13	CHRISTINE	LINDSTROM	29 4,660 NEM
14	CYNTHIA	HERTZER	29 4,650 CRUZ
15	KATIE	KELLY	29 4,635 TAM
16	HEATHER	LUGASSY	28 4,575 TAM
17	STEPHANIE	WRIEDE	28 4,570 NEM
18	MICHELE	FOX	29 4,565 NEM
19	ROBIN	HEWITT	29 4,530 NEM
20	CORINNE	MURPHY	25 4,465 NEM
21	LISA	NEIDRAUER	26 4,450 EMP
	CAROL	PRESOTT	29 4,450 NEM
23	KAREN	NEYER	26 4,440 EMP
24	AUCE	CANWELL	26 4,400 DAM
	LEAH	JACK	25 4,400 STAN
26	NATALIE	MARCONE	25 4,350 SANR
27	AMY	GORTON	27 4,305 NIAG
28	SOLVEI	SULLIVAN	28 4,300 IM
29	COLLEEN	ALDERSON	27 4,245 EMP
30	URSULA	HESTER	27 4,200 LAM
31	KIM	WALSH	29 4,190 STAN
32	SHELLEY	FARMER	28 4,150 EMP
33	LUZ	TANSINSIN	25 4,125 GRIN
34	MELISSA	THOMPSON	28 4,110 GRIN
35	SANDRA	LEHR	28 4,090 IM
36	CATHI	WEBBER	29 4,085 GRIN
37	MOLLY SHAFER	VAN HOULWELING	25 4,075 LAM
38	JENN	LANSING	29 4,030 SDSM
39	CHRISTINE	TOBIA	27 4,005 DAM
40	AMY	CARLSON	25 4,000 DAM
	JENNIFER CLARK-COLFER		27 4,000 DAM
	JULIE	STELZEL	25 4,000 GRIN
43	ANN MARIE	KENNEDY	29 3,980 DAM
44	JESSICA	BERGER	27 3,960 NEM
45	PENNY	HAUFFE	26 3,950 GLD
	KATE	MATWYCHUK	27 3,950 FINS
47	CANDY	BERWICK	25 3,930 EMP
48	DARCEY	HOSTETLER	26 3,920 DAM
	ALI	WAGNER	26 3,920 EMP
50	ERIKA	KEGEL	26 3,915 DAM
51	ALEXANDRA	WEYMOUTH	28 3,900 GRIN
52	BETH	FARRELL	25 3,885 EMP
53	HANNAH	CALDWELL	26 3,860 NEM
54	JENNIFER	WATERMAN	26 3,840 VMST
55	HEATHER	HEDRICK	26 3,825 GRIN
56	ELIZABETH	BOEHM	25 3,820 NEM
57	KIM	HAMILTON	29 3,790 DSSM
	AMANDA	HOLZHOUSEN	25 3,790 GRIN
59	TRACY	KNIGHT	26 3,760 GRIN

60	LIZ	FUSS	25 3,735 EMP
61	MOLLY WEBB-BREWER		29 3,720 DAM
62	ROSEY	DANIELS	29 3,695 VMST
63	NICOLE	WATSON	26 3,690 STAN
64	CHRISTINE	O'CONNOR	26 3,675 NEM
65	COLLEEN	CROSSMAN	25 3,650 NEM
66	TRACY	HAFFNER	29 3,605 EMP
	BETSY	HALL	29 3,605 WILD
68	MICHELLE	ALLMAN	27 3,580 NEM
	GINGER	CRAIG	27 3,580 NCMS
	CINDY	GREENBERG	29 3,580 EMP
71	LAURA	BRAVERMAN	25 3,570 GRIN
72	SUZY	CUNNINGTON	26 3,565 EMP
73	DANA	CHRISTENSEN	26 3,560 NEM
74	HEIDE	PADDOCK	29 3,550 AAMS
	ANA	ZIEDINS	25 3,550 DAM
76	SYLVIE	BURLOT	26 3,530 EMP
77	LISA	FAHEY	28 3,525 EMP
78	KAREN	CHARNEY	29 3,480 DAM
79	CARRIE	COIT	28 3,400 DAM
80	GENA	DAUGHERTY	27 3,365 GRIN
81	ALEXANDRA	NESS	28 3,325 EMP
82	JENNIFER	REIN	27 3,315 NEM
83	GIAN-CLAUDIA	SCIARA	28 3,270 UCLA
84	FLO	ANDERSON	28 3,205 NEM
85	CARA	FIELD	29 3,100 DAM
86	HEATHER	NEUMANN	25 3,085 EMP
87	TIZANA	DI TULLIO	26 3,025 EMP
	LORI RUCK-MORRIS		28 3,025 NIAG
89	ALLIS	GHM	25 3,010 EMP
90	JENNIFER	WINGATE	25 2,950 GRIN
91	MARY	PIECZKO	27 2,940 GRIN
92	TORT	PRESOTT	28 2,885 EMP
93	GLENDA	PEAY	26 2,815 MEND
94	CAROLINE	HANDEL	25 2,740 EMP
95	HANA	SCHANK	26 2,730 EMP
96	EMILY	LO	29 2,710 DAM
97	KATHY	MAKOWSKI	25 2,660 NEM
98	ANDREA	KRAUSE	27 2,495 DAM
99	DAFNA	KADIM	29 2,450 DAM
100	MARINA	ALCADE	26 2,365 EMP
101	ALEISHA	KROPP	29 2,150 GRIN
102	NANETTE	JOHNSON	27 1,495 EMP

## WOMEN 30-34

REC: LISA HAZEN 1995 30 5,625 SCS			
1	MARTIE	McKINNEY	33 5,140 STAN
2	NANCY	NORTH	30 5,080 SDSM
3	BECKY	HELLER	34 4,985 IM
4	MARCIA	CLEVELAND	34 4,935 CONN
5	ANN	WELAGE	32 4,875 GRIN
6	PATRICIA	SEPULVADO	34 4,850 ARG
7	BETH	BIRNBRICH	34 4,795 GCMT
8	MELISSA	KERKER	33 4,775 GRIN
9	LORNA	CIALDELLA	34 4,770 GSM
10	JERRI	FREIMUTH	34 4,750 1776
11	KRISTEN	JOHNSTON	32 4,730 NCMS
12	JULIE	WALSH	32 4,635 EMP
13	JODY	PLANZ	33 4,535 ADMS
14	ADRIENNE	SEAL	33 4,500 SWIM
15	KRIS	URSHAW	31 4,500 GRIN
16	TINA CHILDRESS-BROWN		34 4,490 GRIN
17	KRIS	JARECKI	33 4,480 1776
18	LORI	TERLOUW	34 4,470 ARKM
19	MICHELE	ROY	34 4,455 NEM
20	JESSIE	TOLAND	30 4,435 NEM
21	MADELINE	NAGY	31 4,425 NEM
22	SUSAN	BEGIN	31 4,420 UCLA
23	JENNIFER	BACKER	30 4,410 MICH
24	SACHI	SAWAMURA	32 4,405 GRIN
25	JENNIFER	FERREE	34 4,400 MESC
26	ELIZABETH	NILSEN	30 4,350 CRUZ
27	LYNNE	CZECH	31 4,320 NEM



RESULTS - 1999 USMS One Hour Pool Swim National Championship

14	PHYLLIS QUINN	43	4,475	TOC
15	DEBBIE WILSON	44	4,430	NCMS
16	MERRY FINCH	44	4,400	YCRC
17	DEBORAH CAIN	42	4,395	DSTO
18	MIRA DABROWSKI	41	4,350	LAM
19	ANITA CRISTIL DINWIDDIE	44	4,345	GKMS
20	MARTHA SEAVER	43	4,335	LAM
	EILEEN WALL	40	4,335	STAN
22	BEVERLY AMICK	44	4,320	NCMS
	BARBARA WHEELER	41	4,320	TAM
24	JANE ZEE-ZOUFALY	40	4,300	NEM
25	ANIN SLAVIN	44	4,275	DAM
26	LINDA HARGREAVES	41	4,260	NEM
27	CAROL BELVA	43	4,255	NIAG
	WENDY JOHNSON	43	4,255	LAM
29	CINDI BULLOWS	41	4,230	CVM
30	KAREN GOLDMAN	44	4,225	TAM
	BARBARA WAGANAAR	43	4,225	SPCO
32	GAYLE WETTACH	41	4,210	NEM
33	DEBBIE GREGOIRE	44	4,200	OREG
34	JENNIFER LUKER	42	4,185	NEM
35	JUDY BRACKEN	41	4,180	SANR
36	KATHY HARRIS	43	4,165	NEM
37	NIKI STOKOLS	41	4,145	DSSM
38	KARLA BLACK	43	4,135	NEM
39	DEBORAH ROBERTS	40	4,115	ADMS
40	ANNE CLARK CLAMAN	41	4,110	TAM
41	LAURA WRIGHT	40	4,105	GCMT
42	LAURA SCHOB	40	4,100	OREG
43	DENISE MARTIN	41	4,075	MICH
	SHANNON SULLIVAN	44	4,075	OSB
45	KATHRYN STRIEBEL	40	4,070	SCAM
46	JANET DRESCH	44	4,055	VMST
47	BRENDA MEYER	44	4,050	MOVY
48	MARGARET MEEHAN	41	4,045	EMP
49	PAMELA OGDEN	42	4,040	MINN
50	KATHY ENGLAR	41	4,010	LAM
51	KIM GOODWIN	41	4,000	NEM
52	THERESA MURPHEY	41	3,995	SWM
53	NANCY KRYKA	43	3,990	MINN
54	TERESA OWEN	41	3,925	TAM
55	JANE ELLEN HIGGINS	44	3,900	DAM
56	CHERYL GETTELFINGER	41	3,875	GRIN
	LINDA ISNER	44	3,875	NEM
58	PAULA MEYER GOEDDE	40	3,850	GRIN
59	GLENNA RYAN	43	3,825	NEM
60	VICTORIA POTH	43	3,820	EMP
61	JEANINE SUNDVIK	44	3,800	NEM
	MIMI WOLFF	40	3,800	SCAM
63	CARMEN BAYER/JOURDAIN	42	3,790	EMP
64	JAMIE ANDERSON	43	3,775	DAM
65	LAURA BEA ALBRECHT	44	3,760	TAM
66	MARY JANE COUTZ	42	3,725	GRIN
67	THELMA CLELAND	43	3,720	EMP
	JOAN REILLY	44	3,720	NEM
69	EDNA MOORE	44	3,715	DSSM
70	KATHY BERGER	44	3,700	GRIN
	SUSAN HAMMANG	41	3,700	NEM
	SHELLEY SELLA	41	3,700	SCAM
73	KAREN SCHEGLE	44	3,680	DAM
74	KAREN JANSEN	42	3,675	LOM
75	DIANNE EDGAR	42	3,670	NIAG
	NANCY LIPIRA	42	3,670	EMP
	ANN ROSSI	42	3,670	UNAT
78	KATHLEEN HUGHES	40	3,665	GCMT
79	ESTHER SOLONDZ	44	3,660	NEM
80	ELIZABETH MCCARDY	42	3,640	DAM
81	JESSICA JAKOBI	40	3,635	TAM
	LAURIE PERRY	40	3,635	DAM
83	PATTY PUTH	43	3,630	DSSM
84	DARLENE CLARK	40	3,600	GOLD
	NANCY FORD	41	3,600	CONN
	BARBARA VOHRZEK	41	3,600	DAM

87	KAREN MUENTER	43	3,595	SANR
88	CHARLENE ELLESTAD	43	3,590	RCA
89	MEG SMATH	42	3,585	WILD
90	AMY WALCH	41	3,575	NEM
91	JANICE KREGOR	42	3,550	WILD
92	HEIDI BALL	40	3,500	DAM
	JEANIE HOFFMAN	41	3,500	IAMA
94	DONNA BUSH	42	3,480	GCMT
95	JANICE BALES	41	3,460	VMST
	ANN SIMPSON	44	3,460	RCA
	SUSAN SULLIVAN	41	3,460	INWM
98	SUE MURRAY	42	3,450	EMP
99	DEBRA ROZALES	40	3,445	GRIN
100	MARY WEERTS	41	3,440	GRIN
101	JILL MARKEY	43	3,435	GCMT
	ANNE WARNER	44	3,435	NEM
103	KATHY CHILDRES	40	3,420	ARKM
	GAIL THOMAS	44	3,420	UNAT
105	JENNIFER ENZMINGER	42	3,385	SANR
	SUSAN MILLER	42	3,385	SANR
107	VALERIE GREENOUGH	41	3,370	DAM
108	SANDY WOODCOCK	42	3,365	NEM
109	ELIZABETH DAY	40	3,350	NEM
	PIA SANDA	44	3,350	WPM
	JULIE STOUT	41	3,350	GRIN
112	ALLISON ALCALAY	44	3,335	DAM
113	POLLY DAVIE	44	3,330	NEM
114	LEE ANN BAILEY	44	3,300	DAM
	KATHERINE VAZ	43	3,300	DAM
116	LORRAINE RAMSDEN	43	3,280	NML
117	SARAH CHANEY	40	3,270	DAM
118	ALLISON TABOREK	40	3,210	LOM
119	MARIANNE HENRY	43	3,200	OSB
120	DIANE BARLETT	42	3,185	DAM
121	RENE BARTH	42	3,180	EMP
122	CYNTHIA DZIALO	41	3,150	NEM
123	WENDY YODER	42	3,125	DAM
124	KATHRYN BURKS	40	3,120	ECYM
125	LUCIA CHAPMAN	40	3,100	EMP
126	MARTHA BACON	43	3,085	LOM
127	MARY JASEK	44	3,060	LOM
128	NANCY RUSSELL	43	3,050	TAM
129	MARIA MARSILIO	43	3,030	MVM
130	SUSAN BOWMAN	43	3,025	EMP
	CHERYL FRANKLIN	40	3,025	ARG
132	BETH CLOTHIER	41	3,020	NML
133	LESLIE CLAWSON	43	3,005	DAM
	MICHELLE FONTAINE	44	3,005	EMP
135	JEAN RISSMAN	44	2,970	DAM
136	SHARON STRAUSS	43	2,955	DAM
137	KIM COONTZ	44	2,930	DAM
138	STEPHANIE LACHTMAN	41	2,885	LOM
139	CYNTHIA HURVITZ	44	2,865	NEM
140	ABIGAIL THOMPSON	40	2,790	DAM
141	MAREN BREITWIESER	44	2,765	GRIN
142	ANNE ROSENBERG-MAIN	44	2,700	DAM
143	DEBBIE SARDONE	42	2,655	EMP
144	KAREN SCHNITKE	42	2,605	EMP
145	DEBBIE LEE	44	2,565	NEM
146	MICHELLE STEVENS	44	2,550	DAM
147	SUSAN HINRICHS	40	2,540	LOM
148	LINDA LEE MARINI	44	2,495	EMP
149	PAULA CARR	44	2,400	ARKM
	KAREN SPATZ	44	2,400	DAM
151	BEVERLY ASHCRAFT	44	2,360	DCM
152	ANN DAWSON	42	2,350	NEM
153	LISA EVENS	43	2,325	CATM
154	CYNDI NENCE	40	2,045	ARKM
155	PAT DEC	42	1,900	EMP

WOMEN 45-49

REC: DANIELLE OGIER 1999				46	4,960	SMMM
1	DANIELLE	OGIER	46	4,960	SMMM	
2	SHIRLEY	LOFTUS	47	4,555	VMST	
3	TERRY SUE	GALT	48	4,505	VMST	
4	PRISCILLA	KAWAKAMI	48	4,485	UT	
5	REGINA	BRITTINGHAM	47	4,400	WCM	
6	DEBBIE	WILSON	45	4,375	NCMS	
7	CHRISTIE	CIRAULO	45	4,365	UCLA	
8	GAIL	KOLBE	45	4,325	SWIM	
9	KAREN	BIERWERT	46	4,315	NEM	
10	PAM	GEIGER	46	4,305	SPM	
11	JULIE SCHAPOLOWSKY		46	4,300	FAMS	
12	JEANNETTE	BAUER	49	4,230	DSSM	
13	RUTH	IWANO	48	4,120	EMP	
14	NANCY	SURDOVAL	45	4,100	WPM	
15	PHYLLIS	SPRINGER	49	4,085	EMP	
16	GWEN	DEELY	49	4,055	EMP	
17	DARLEEN	STALEY	48	4,045	OREG	
18	PATRICIA	ROBAK	49	4,000	EMP	
19	JUDY	BEASTON	47	3,980	OREG	
20	JAN	PESAVENTO	47	3,945	PIMM	
21	SUSAN	FRANCIS	45	3,940	GRIN	
22	MARY	SANSBURY	45	3,920	NCMS	
23	PAM	O'NEILL	48	3,875	NEM	
24	TRICIA	ENGINEER	47	3,830	NIAG	
	MARNELLE	GLEASON	45	3,830	DAM	
26	HOLLY	LAMBERT	45	3,825	GRIN	
27	LINDA	KAISER	48	3,800	OCMT	
28	BARBARA ANDERSON-TOMCHIN		47	3,705	EMP	
29	SALLY	McGREDY	47	3,680	SANR	
30	PATRICIA	NEWMAN	47	3,675	DAM	
31	BETTY	ANSON	49	3,670	EMP	
32	LIZ	DOBBINS	45	3,650	MOVY	
33	JO-ANN	FINN	49	3,645	NEM	
34	LAURA	SIMMONS	47	3,605	NEM	
35	SUSAN	MAGUIRE	49	3,595	NEM	
36	SUSAN	COLLINS	46	3,585	OREG	
37	DIANE	DAVIS	48	3,560	DAM	
38	DIANE	BRADLEY	46	3,550	SPM	
39	DEBBIE	LEVENS	45	3,500	NEM	
40	PUSSADEE	BRALY	47	3,470	DAM	
41	EILEEN	CRAFFEY	47	3,425	NEM	
42	SUSAN	MEYER	47	3,400	DAM	
43	AISON	GOULDER	47	3,375	NEM	
44	ELETA	KLENE	49	3,370	NEM	
45	BETSY	BARDO	46	3,360	NEM	
	GEORGIANNE	STANZLER	46	3,360	DAM	
47	KELLY	SHERWOOD	45	3,340	NEM	
48	SUSAN	STANTON	46	3,330	SANR	
	MARIE	VELLUCCI	49	3,330	EMP	
50	TARA	DOLBEE	46	3,325	MICH	
51	JUNE	MATHER	45	3,320	OREG	
52	ELIZABETH	KANE	49	3,300	NEM	
53	JEANINE	HARTNETT	48	3,275	EMP	
54	ROSE	CONROY	45	3,250	DAM	
55	LYRA	HALPRIN	47	3,225	DAM	
	KATHLEEN	SAVOLT	47	3,225	EMP	
	JOAN	SMITH	46	3,225	CRUZ	
58	JANET	PIEZ	46	3,220	EMP	
59	DONNA	KETCHUM	47	3,210	CATM	
60	AUDREY	NELSON	46	3,200	DAM	
61	MARG	BARTOSEK	47	3,190	DAM	
62	BETH	WIGDEN	45	3,185	NEM	
63	ANN	FULTON	48	3,180	OREG	
64	DEBBIE	WYETH	47	3,175	GRIN	
65	MARY	WILLIAMS	47	3,165	DAM	
66	NANCY	LITTLEFIELD	45	3,145	SMMM	
67	LYNNE	McCLURE	47	3,085	LOM	
68	SALLY	CHANDLER	45	3,075	NEM	
69	GITIKA	NOYES	46	3,075	EMP	
70	JANET	SCHIELINE	48	3,030	WILD	
71	SUE	PALMER	48	3,000	DAM	

74	MARA SOLOWIECZUK	46	3,000	EMP
73	DONNA ALEXANDER	49	2,985	TAM
74	JULES HARNETT	48	2,980	NML
75	PATRICIA A. MCGOVERN	49	2,970	EMP
	ALEXANDRA WOODS	47	2,970	EMP
77	MARY ANN MURRAY	48	2,935	NEM
78	LINDA LARSON-PRIOR	48	2,905	SMMM
79	ELAINE KELLY	49	2,895	NCMS
80	DENISE CONNERS	48	2,875	EMP
	CAROL WORRAL	49	2,875	OREG
82	NICOLE BLEES	46	2,855	MEND
83	KATHRYN RIVERS	47	2,850	NIAG
84	ELLEN KNUDSEN	47	2,760	NEM
85	GAIL CLARKE	45	2,750	EMP
86	JEAN FORBES	48	2,745	NEM
87	NANCY OTTUM	49	2,740	DAM
88	MAGGIE ROSSITER	48	2,690	MICH
	CAROLYN SEDINGER	48	2,690	GRIN
90	MAGGIE JONES	49	2,565	EMP
91	MUMULAY RAJAN	47	2,525	DAM
92	BARBARA TYTELL	47	2,505	NEM
93	DONNA BILICH	48	2,450	DAM
94	JEAN MAMAKOS	46	2,430	EMP
95	RITA PHILLIPS	45	2,420	NCMS
96	BARB CLEMENTS	45	2,240	GRIN
97	BETH ROBINSON	49	2,050	NEM
98	JANE PAGE-CONWAY	49	1,875	MESC
99	DEBORAH PITTMAN	46	1,640	DAM

**Women 50-54**

<b>REC: LAVELLE STOINOFF 1983 50 4,400 UNAT</b>				
1	CAROLYN BOAK	53	4,305	LAM
2	JOAN DIERCKS	50	4,290	GRIN
3	KATHRINE CASEY	50	4,220	PNA
4	ANNE PAGE	50	4,175	SPM
5	VICKI BARNES	51	4,040	MINN
6	GERI MATHEWSON	50	3,915	OREG
7	SUSAN YEOMANS	50	3,745	EMP
8	LISA ORSELLI	51	3,740	MEND
9	LISA MARTIN	50	3,730	EMP
10	KAY TURNER	52	3,720	NIAG
11	DANIELA BARNEA	54	3,650	STAN
12	EVELYN HAUSBERGER	54	3,645	NEM
13	KATHLEEN ROMANO	52	3,615	EMP
14	MARCIA HILL	54	3,550	EMP
15	MARJI THOMAS-WILL	51	3,500	ODD
16	KATHLEEN KOCABA	50	3,400	NEM
17	GAYLE BONDURANT	51	3,395	DAM
	ROSEMARY LILLIS	53	3,395	EMP
19	SUZY STOCKDALE	52	3,315	CVM
20	CANDACE CROSS-DREW	52	3,310	DAM
21	TERRY DAVISON	54	3,300	DAM
	NANCY FOSTER	53	3,300	DAM
23	CHRISTINE BOUTROSS	50	3,260	EMP
24	FREDERICKA RAPP	54	3,250	MICH
	ANNE STODDARD	52	3,250	EMP
26	ARLENE WEYMAN	54	3,175	NIAG
27	BARBARA LARSEN	51	3,140	GRIN
	MARY STOCKLAND	50	3,140	ARKM
29	SUE COSPER	50	3,075	GRIN
	NOREEN MAZELIS	54	3,075	DAM
31	RUTH FITZPATRICK	50	3,060	NML
32	EDITH COLLIN	53	3,045	LOM
33	FRAN CARLY	50	3,000	KENT
	JAE KANE	50	3,000	NEM
	LINDA MCHENRY	52	3,000	DAM
36	JUTTA HOELLIEN	52	2,990	GRIN
37	JUDITH CLARK	54	2,925	DAM
38	DARLENE TUGGLE	52	2,915	CATM
39	MONA CARUSO	53	2,885	EMP
40	SUZANNE NEWCOME	51	2,880	SMMM
41	CAROL HALL	51	2,800	GRIN
42	KAREN GARDNER	53	2,785	CATM

43	JEAN MARIE OLMO	52	2,740	DAM
44	TONI HORTON	51	2,715	DAM
45	SALLY WOOD	54	2,710	DAM
46	PAT WIEHE	54	2,680	GRIN
47	LINDA BESSEMER	54	2,675	SDSM
48	SUSAN PARIS	52	2,670	UNAT
49	NANCY LEVY	51	2,660	STAN
50	JUDITH TRIPP	52	2,650	EMP
51	MARTHA KOEN	50	2,636	GRIN
52	JUDY GOLDEN	52	2,600	EMP
53	JOANN C. GUTIN	53	2,570	EMP
54	SUSAN ROCKAFELLOW	50	2,500	GRIN
55	NANCY BEITER	52	2,490	NVAQ
56	ROSE MARIE DOKUS	50	1,575	NEM
57	SUE WIDEMARK	54	1,455	ARIZ

**Women 55-59**

<b>REC: LAVELLE STOINOFF 1988 55 4,415 MUL</b>				
1	NANCY RIDOUT	56	4,255	TAM
2	ELAINE BROMWICH	56	4,165	SPM
3	BARBARA FRID	56	3,920	DCM
4	JAYNE LAMBKE	59	3,840	SPM
	CLAIRE O'BRIEN	59	3,840	NEM
6	PAM HIMSTREET	55	3,765	OREG
7	JENNIFER PARKS	55	3,625	MICH
8	BETH SCHREINER	57	3,565	DCM
9	KATHY SARG	55	3,425	EMP
10	ELIZABETH JOHNSON	59	3,415	BLS
11	TITA ARNOLD	57	3,390	WILD
12	GLENDA CARROLL	55	3,330	TAM
13	BARBARA PAULSON	55	3,310	DAM
14	INGRID STINE	59	3,300	WMAC
15	CAROLYN HAEFNER	59	3,260	ARKM
16	PEGGY WHITER	55	3,220	OREG
17	LESLIE WESTERGAARD	55	3,150	DAM
18	JOYCE KOWALSKI	56	3,135	MICH
19	NOREEN MAZELIS	55	3,120	DAM
20	JAN DRESSER	58	3,100	STAN
21	MAUREEN HALL	58	3,085	NML
22	BETTY DUGAN	57	3,070	DAM
23	MARY ANN BUXTON	56	3,060	TAM
24	SUSAN HALL	56	3,015	DAM
	AMY JOHNSON	56	3,015	NIAG
26	AUCE SIEDEL	57	2,985	NEM
27	ISABEL LYNDON	59	2,980	NEM
28	CINDY TODD	56	2,975	WILD
29	EMILY TRUEBLOOD	56	2,965	EMP
30	SHARON BLOUNT	58	2,940	WILD
31	ELLEN WATKINS	59	2,925	DAM
32	KAREN HANNAM	58	2,910	DCM
33	SHARON KOONTZ	56	2,895	NCMS
34	PATRICIA SAUNDERS	55	2,890	EMP
	PATRICIA STRICKLAND	58	2,890	MICH
36	EDYTHE SCHWARTZ	59	2,875	DAM
37	NICOLE D'AMORE	55	2,800	DSSM
38	ANN NOBLE	55	2,730	DAM
39	JUDY SARNA	59	2,710	SCAM
40	LYNNE TAFT	56	2,570	SMMM
41	JUDITH GERRARD	56	2,560	EMP
42	GLENDA KENNELLY	55	2,550	GRIN
43	JEWEL PAYNE	59	2,460	DAM
44	EDITH BLAIR	58	2,375	DCM
45	ANNABELLE HART	55	2,350	GRIN
46	DOROTHY BUCHHAGEN	56	2,335	ANCM
47	MARIAN DAVIDSON	57	2,285	LOM
48	MARGIE HUTINGER	59	2,265	FMM
49	ORIE MCMILLAN	58	2,200	EMP
50	GAILE HARDEN	59	2,135	ARIZ

**Women 60-64**

<b>REC: LAVELLE STOINOFF 1995 62 4,260 MACO</b>				
1	SUSAN MUNN	60	3,980	DAM
2	SUSAN BRADLEY-COX	61	3,890	WILD
3	BETSY JORDAN	61	3,770	SDSM
4	RONNIE KAMPHAUSEN	64	3,765	CONN
5	JOANN LEILICH	60	3,670	DCM
6	SUSAN LIVINGSTON	60	3,645	NEM
7	BEVERLY MYERS	63	3,570	MICH
8	PATRICIA BOND	60	3,525	FMM
	SANDRA KINGDON	60	3,525	NIAG
	KATIE KNIGHT-PERRY	63	3,525	SPM
11	SUSAN SPRINGER	60	3,495	STAN
12	MARY ANN MCCOMBS	63	3,310	MEND
13	CARLITA DURAND	60	3,275	SDSM
	JEAN GARBUS	64	3,275	SWIM
15	DOTTIE BANTA	61	3,260	YCRC
16	HELEN GEOFFRION	60	3,200	UCLA
17	SUSAN BOND	62	3,000	MICH
18	PATRICIA DURHAM	60	2,995	SMMM
19	LYNN SCHROEDER	60	2,925	DAM
20	DORIS PROKOPI	63	2,900	FMM
21	MIK McCUBBIN	63	2,895	SMMM
22	ANN OWINGS	60	2,860	MEND
23	PENNY WEAVER	64	2,845	NCMS
24	JOANNE BERVEN	63	2,680	SANR
25	GRACE CIOCCA	60	2,635	NEM
26	JUDY DAVIS	63	2,600	WMAC
27	MARY VASS	62	2,515	NCMS
28	DIANE GILMER	60	2,465	DAM
29	DENISE FROELICH	60	2,275	EMP
30	ILONA HORVATH	62	2,050	RMM
31	JOANNE KAMBUR	64	1,955	TAM

**Women 65-69**

<b>REC: LAVELLE STOINOFF 1999 66 4,135 MACO</b>				
1	LAVELLE STOINOFF	66	4,135	MACO
2	LIDA GASCHKE	66	3,490	EMP
3	JOAN CAMPBELL	68	3,430	CATM
4	BARBARA CALLISON	66	3,330	UNAT
5	NANCY DURSTEIN	69	3,265	CATM
6	DOLLY HINCKLEY	68	3,145	NIAG
7	MARTY BARRY	66	3,130	TAM
8	MARY LOU MITCHELL	68	3,070	SPM
9	ANN SHENCK DALLAM	68	3,065	SDSM
10	BARBARA OWENS	69	3,055	GNOM
11	SYLVIA EISELE	69	3,035	SWIM
12	BARBARA ATWOOD	65	2,970	SPM
13	BETTY GRIFFIN	68	2,950	DCM
14	SYLVIA IDELSON	69	2,880	ADMS
15	PAT DONATO	65	2,785	AAM
16	VAL GREEN	67	2,775	NML
17	BARBARA SCHAMEL	68	2,730	EMP
18	ANN LAMBERTSON	68	2,680	SMMM
19	MARILYNN SISCO	65	2,665	UNAT
20	MARY WILLIAMS	67	2,645	MICH
21	ANGIE SINACORE	68	2,620	SPCO
22	BARBARA GLANCY	67	2,590	ANCM
23	JANE WRIGHT	66	2,475	LOM
24	YOSHIE KYHOS	65	2,340	DAM
25	KATHLEEN PENN	69	2,245	NCMS
26	PENNY KRONENOLD	66	2,180	EMP
27	LUCY BROWN	68	2,040	DCM
28	NONG CHANCELLOR	67	1,930	DAM
29	GERRY EFREMOFF	67	1,525	MICH













## RELAYS

## WOMEN 19+

REC: U. OF SAN FRANCISCO MASTERS 15,810 1994

**P. FRANKLIN 23, L HAZEN 29, L SOFFE 27**

- 1 EMP 14,170  
E PETERS 23, J MYERS 22, C FUSS 24
- 2 NEM 14,140  
T YOUNG, L ALLEN 23, E POWERS 23
- 3 DAM 13,600  
H KOHLER 24, C DARST 20, A ZANKICH 20
- 4 STAN 13,465  
J JACKSON 21, M YOUNG 24, K WALSH 29
- 5 CONN 13,460  
J WILLETTE 30, M CLEVELAND 34, J KNAPP 22
- 6 SPCO 13,220  
A PAGON 23, B WAGANAAR 43, T DeSALVO 33
- 7 EMP 13,075  
A MONTANA 23, K HYNES 33, C ALDERSON 27
- 8 MICH 12,325  
J BACKER 30, V WEBBER 24, D MARTIN 41
- 9 EMP 12,025  
M MEEHAN 41, H MESSITT 32, L THOMAS 24
- 10 EMP 11,805  
S GOULD 33, C LAIDLAW 31, S YORK 22
- 11 OREG 9,860  
L JOB 24, K WINKLE 33, J RYAN 31

## WOMEN 25+

REC: STANFORD MASTERS 15,445 1997

**C CHICHESTER 33, J WORDEN 33, M MCKINNEY 31**

- 1 STAN 14,375  
M MCKINNEY 33, G KEHR 29, L JACK 25
- 2 NEM 14,085  
M. BRAISTED 26, K. ANDERSSON 26, S. WRIEDE 28
- 3 EMP 13,525  
J WALSH 32, L NEIDRAUER 26, K NEYER 26
- 4 DAM 13,385  
J DOAN 28, A CANWELL 26, M HOOPES 33
- 5 TAM 13,320  
K KELLY 29, H LUGASSY 29, A CLAMEN 41
- 6 NIAG 11,760  
A GORTON 27, S SACKETT 39, K TURNER 52
- 7 EMP 11,015  
P ROBAK 49, K GARRETT 36, K JUBA 33

## WOMEN 35+

REC: THE OLYMPIC CLUB 14,570 1996

**M MEYER 36, D OGIER 43, P QUINN 40**

- 1 NEM 14,455  
B CROWDER 41, J NEVERGELT 37, K SMYERS 37
- 2 DAM 14,435  
K HALSTED 35, W PRATT 38, S BLAHA 38
- 3 STAN 13,935  
J WORDEN 35, J HELLER 43, E WALL 40
- 4 EMP 13,770  
K EINSIDLER 42, A FALK 37, S KESSLER 41
- 5 SPM 13,740  
A NAUTA 39, M ORLANDO 36, J HARRELSON 43
- 6 EMP 12,745  
P BLAIEK 36, L PERZESZTY 36, B CRONIN-STAGNAN 37
- 7 TAM 12,695  
B WHEELER 41, K GOLDMAN 44, K BUCKLEY 38
- 8 TAM 11,470  
T OWEN 41, L ALBRIGHI 44, P TWEETEN 36
- 9 NIAG 10,230  
D EDGAR 42, P GROEGER 37, A WEYMAN 54
- 10 CONN 9,675  
M CUDDY 38, S GRAHAM 72, R KAMPHAUSEN 64
- 11 EMP 8,700  
L CHAPMAN 40, M SOLOWIECZYK 46, J GOLDEN 52

## WOMEN 45+

REC: ST. PETERSBURG MASTERS 12,765 1998

**A PAGE 49, E BROMWICH 55, P GEIGER 45**

- 1 EMP 12,260  
R IWANO 48, P SPRINGER 49, G DEELY 49
- 2 SPM 12,030  
P GEIGER 46, A PAGE 50, D BRADLEY 46
- 3 OREG 11,595  
S COLLINS 46, J BEASTON 47, D STALEY 48
- 4 EMP 11,180  
S YEOMANS 50, L MARTIN 50, B ANDERSON-THOMCHIN 47
- 5 NEM 11,115  
P. O'NEILL 48, J. FINN 49, S. MAGUIRE 49
- 6 DAM 11,065  
D DAVIS 48, M GLEASON 45, P NEWMAN 47
- 7 EMP 10,560  
K ROMANO 52, M HILL 54, R LILLIS 53
- 8 MICH 9,575  
T DOLBEE 46, F RAPP 54, S BOND 62

## WOMEN 55+

REC: ST. PETERSBURG MASTERS 11,530 1999

**E BRAMWICH 56, J LAMBKE 59, K KNIGHT-PERRY 63**

- 1 SPM 11,530  
E BRAMWICH 56, J LAMBKE 59, K KNIGHT-PERRY 63
- 2 DCM 11,155  
J LEILICH 60, B FRID 56, B SCHREIMER 57
- 3 TAM 10,645  
N RIDOUT 56, M BUXTON 56, G CARROLL 55
- 4 NEM 10,470  
C O'BRIEN 59, A SPEDEL 57, S LIVINGSTON 60
- 5 DAM 10,440  
S MUNN 60, B PAULSON 55, L WESTERGAARD 55
- 6 MICH 10,330  
J KOWALSKI 56, J PARKS 55, B MYERS 63
- 7 SDSM 10,110  
B JORDAN 61, C DURAND 60, A DALLAM 68
- 8 NIAG 9,685  
A JOHNSON 56, S KINGDON 60, D HINCKLEY 68
- 9 STAN 9,610  
S SPRINGER 60, J DRESSER 58, M SHARPE 81
- 10 EMP 9,280  
K SARG 55, E TRUEBLOOD 56, P SAUNDERS 55
- 11 FMM 9,100  
D PROKOPI 63, P BOND 60, R KENNER 75
- 12 DCM 7,325  
K HANNAM 58, E BLAIR 58, L BROWN 68

## WOMEN 65+

REC: NEW ENGLAND MASTERS 10,080 1992

**C WALKER 65, B BURRILL 71, M BROWN 74**

- 1 TAM 8,335  
B HEIM 73, R LONG 73, M BARRY 66
- 2 SPM 8,150  
ML MITCHELL 68, B ATWOOD 65, M BOAZ 70
- 3 EMP 8,125  
H ESPOSITO 71, B SCHAMEL 68, L GREEN 72
- 4 MICH 7,350  
L NOCHMAN 74, M WILLIAMS 67, G EFREMOFF 67
- 5 DAM 7,195  
B KNOX 74, M WILLIAMS 73, Y KYHOS 65

## WOMEN 75+

REC: CONNECTICUT MASTERS 8,030 1999

**P BERGETHON 76, R MORRILL 75, D DONNELLY 77**

- 1 CONN 8,030  
P BERGETHON 76, R MORRILL 75, D DONNELLY 77
- 2 NIAG 6,975  
S MARVEL 79, R PARVIS 79, A SZUIS 79
- 3 DCM 6,430  
M LATHRAM 83, A WALKER 82, R THORSEN 78

## MEN 19+

REC: STANFORD MASTERS 16,515 1999

**J LISCHKE 23, J WOODRUFF 27, B ROSENBERG 41**

- 1 STAN 16,515  
J LISCHKE 23, J WOODRUFF 27, B ROSENBERG 41
- 2 DAM 14,045  
R SIMMONS 24, V VISCO 21, A BOZDECH 21
- 3 NEM 13,700  
C O'DONNELL 20, J LIGOURI 24, A DAVENPORT 24
- 4 MICH 12,905  
W FORTIER 20, W NEASEY 31, J COLLINS 36

## MEN 25+

REC: THE OLYMPIC CLUB 17,275 1990

**S MURPHY 25, B PLACAK 30, P ASMUTH 32**

- 1 NEM 15,215  
S CROMARTY 34, W RIDDELL 30, M GILSON 31
- 2 DAM 15,170  
M HANSON 31, B JOHNSTON 26, B WINSOR 27
- 3 CATM 15,150  
J SAKOVICH 28, K DAUPHINAIS 28, R COLLINS 36
- 4 EMP 14,785  
A HALL 27, S KRODER 33, J BROWNHILL 27
- 5 OREG 14,770  
B VOLCKENING 32, L O'CONNOR 31, G JABLONSKI 32
- 6 STAN 14,715  
B ABBOTT 34, K JACKSON 29, P NAVABPOUR 28
- 7 SPM 14,405  
M HALFAST 33, S GILLAN 34, B VILLACRES 29
- 8 NIAG 14,180  
S SMITH 27, E HOIE 30, K KOPPENHAVER 30
- 9 EMP 13,665  
M ROSSNER 34, S ROMANELLO 32, S NEYLAND 32

## MEN 35+

REC: THE OLYMPIC CLUB 16,260 1996

**R PLACAK 36, M KECK 36, F FERROGGIARO 42**

- 1 EMP 15,670  
M CLARK 42, J MORGAN 36, S FISHER 36
- 2 STAN 15,330  
R COX 36, S ATKINS 35, P MACDONALD 36
- 3 NEM 15,145  
E GENDREAU 36, T MACK 40, C FRENCH 37
- 4 NIAG 14,585  
J MATYSEK 39, T MALACH 40, B LEE 48
- 5 EMP 14,525  
P FALLOT 40, D FOCHIOS 44, T COOPER 35
- 6 SPM 14,430  
G BASTIE 48, T KENNEDY 42, R FRAZIER 44
- 7 DAM 14,005  
A ROWLAND 42, R DESIDERI 35, C ROCK 39
- 8 CONN 13,250  
M MAIER 36, W BIDDLE 37, M DIGNAN 39
- 9 MICH 13,035  
E NORDLUND 35, B SPOELMAN 41, J WEYAND 41
- 10 TAM 12,430  
B POLSON 38, J STEINER 48, S SILVA 43
- 11 SPM 12,270  
H BROWN 54, R MELSOM 38, D NARDOZZI 39
- 12 MICH 11,080  
J RYNO 52, S ERICKSON 41, G PETTY 43



## 1999 Stats

## •1838 Swimmers

889 Women and 949 Men

## •New Individual Records:

W 40-44	Suzanne Heim-Bowen 40	TERA	5230
W 45-49	Danielle Ogier 46	SMMM	4960
W 65-69	Lavelle Stionoff 66	MACO	4,135
W 80-84	Rita Simonton 80	GWSC	3225
M 19-24	Jonathan Lischke 23	STAN	5890
M 40-44	Sandy MacDonald 43	SAC	5510
M 50-54	R. Tod Spieker 50	TOC	5385
M 80-84	Aldo daRosa 81	RINC	3480
M 95-99	G. Harold Langner 95	CONN	2175

## •186 Relays

57 Women's, 62 Men's, 67 Mixed

## •New Relay Records:

W 55+	St. Petersburg Masters	11,530
	E Bramwich 56, J Lambke 59, K Knight-Perry	
W 75+	Connecticut Masters	8,030
	P Bergethon 76, R Merrill 75, D Donnelly	
M 19+	Stanford Masters	16,515
	J Lischke 23, J Woodruff, 27, B Rosenburg 41	
M 45+	Team Texas	15,235
	L Wood 45, K Bell 50, D Worrell 45	

2	DAM	17,370	D DAVIS 48, M GLEASON 45, S HARRIS 45, A MCPHERSON 51
3	SPM	17,230	P GEIGER 46, A PAGE 50, G BASTIE 48, H BROWN 54
4	NEM	17,125	P O'NEILL 48, J FINN 49, F SCHLICHER 50, H LANE 49
5	OREG	16,650	J BEASTON 47, D STALEY 48, J CRONIN 50, J TEISHER 48
6	EMP	16,485	R KOLONKOWSKI 50, R ARLUCK 53, G DEELY 49, S YEOMANS 50
7	STAN	16,340	J MERCHANT 52, E SAMUELS 47, D BARNEA 54, M SHARPE 81
8	NIAG	15,515	B LEE 48, G McVEY 71, K TURNER 52, S KINGDON 60
9	MICH	15,400	F THOMPSON 47, F RAPP 54, T MOYER 51, T DOLBEE 46
10	SPM	14,825	D BRADLEY 46, K KNIGHT-PERRY 63, B DAY 48, P MARZULLI 50
11	CATM	14,490	D GIFFORD 58, F NERLINGER 49, D TUGGLE 52, D KETCHUM 47
12	MICH	12,720	J RAPP 64, M ROSSILER 48, L NOCHMAN 74, J RYNO 52
<b>Mixed 55+</b>			
<b>REC: CONNECTICUT MASTERS 16,265 1998</b>			
<b>R KAMPHOUSEN 63, S SWAN 56, J GEOGHEGAN 55, G BRUNSTAD 63</b>			
1	SPM	16,015	E BROMWICH 56, J LAMBKE 59, P BETZER 56, K EULER 63
2	SDSM	15,950	R WILLIAMS 56, M FRESHLEY 57, B JORDAN 61, C DURAND 60
3	MICH	15,635	B MYERS 63, J PARKS 55, D KROEGER 55, P CHAFFEE 56
	DAM	15,635	S MUNN 60, B PAULSON 55, L FITZHUGH 60, R NORRIS 60
5	CONN	15,305	R KAMPHOUSEN 64, S GRAHAM 72, K ATKINS 60, G BRUNSTAD 64
6	STAN	14,915	B FASBENDER 61, D GILDEA 55, S SPRINGER 60, J DRESSER 58

7	NEM	14,785	C O'BRIEN 59, A SPEIDEL 57, M CHROSTOWSKI 57, J CONLIN 55
8	TAM	14,605	R BURNS 55, R CROTTS 55, G CARROLL 55, M BARTHOLD 56
9	MICH	13,790	A MORLEY 61, E EGELKRAUT 65, J KOWALSKI 56, P STRICKLAND 58
10	EMP	13,540	T HAACK 59, J BOLZE 59, K SARG 55, E TRUEBLOOD 56
11	FMM	12,840	P BOND 61, D PROKOPI 63, R MACDONALD 70, A MALONEY 69
<b>Mixed 65+</b>			
<b>REC: NEW ENGLAND MASTERS 14,930 1997</b>			
<b>C WALKER 70, P SMITH 72, W WILSON 69, J EDWARDS 74</b>			
1	SPM	13,410	ML MITCHELL 68, B ATWOOD 65, B BEACH 68, C KOHNKEN 67
2	TAM	12,585	D LONG 65, J COOPER 65, R LONG 73, M BARRY 66
3	CATM	12,345	N DURSTEIN 69, J CAMPBELL 68, A RAMIREZ MILLER 74, B LAVANTURE 76
4	NEM	11,655	J MCINTYRE 70, C WALKER 72, N MARCH 72, C HOUSER 67
5	DAM	11,325	B KNOX 74, M WILLIAMS 73, P BRADY 67, C THOMSON 68
6	EMP	10,670	X CAO 74, W LYNCH 77, H ESPOSITO 71, B SCHAMEL 68
7	FMM	10,365	G OLSEN 72, R KENNER 75, B CLEVELAND 81, D MALBROUGH 85
8	NCSC	8,910	D TRIVETTE 72, K PENN 69, D ALKIRE 65, E MCCARTHY 73
<b>Mixed 75+</b>			
<b>REC: NIAGARA MASTERS 11,080 1999</b>			
<b>J CRANCH 76, R JOHNSTON 81, S MARVEL 79, A SZUIS 79</b>			
1	NIAG	11,080	J CRANCH 76, R JOHNSTON 81, S MARVEL 79, A SZUIS 79
2	SPM	9,195	R ATWOOD 78, F WALBOLT 86, J REYNOLDS 77, K SCHIMPF 81

Mixed 45+	Empire State Masters	18,080
	J Needham 45, C Dorato 52, R Iwano 48, P Springer 49	
Mixed 75+	Niagara Masters	11,080
	J Cranch 76, R Johnston 81, S Marvel 79, A Szuis 79	
<b>•Top Woman</b>		
Allison Zamanian 28 - SCAM		5,455
<b>•Top Man</b>		
Jonathan Lischke 23 - STAN		5,890
<b>•Swam Twice</b>		
Debbie Wilson		44, 45
Kathleen Penn		69, 70
Rich Desideri		34, 35
Dick Sidner		49, 50
Richard Hirshberg		74, 75
Jorge Gonzalez		50, 50
(you have to ask him why)		

1999 ONE HOUR POSTAL SWIM  
SPONSORED BY EMPIRE STATE MASTERS

MEET MANAGER	JON EINSIDLER (48, 4,225 YDS)
ASSISTANT MEET MANAGER	KAREN EINSIDLER (42, 4,715 YDS)
DATA ENTRY	SUSAN PRICE (AGE GROUP MOM)
FISH LOGO AND T-SHIRTS	TODD COOPER (36, 4,770 YDS)
ENTRY AND RESULTS LAYOUT	MICHAEL RITTER (DNS, NO GOOD EXCUSE)
SUPPORT STAFF	NINA, TEDDY, SCOTT EINSIDLER (15 MONTHS, ENJOY THEIR BATHS)
AWARDS AND T-SHIRT MAILINGS	EMPIRE STATE MASTERS VOLUNTEERS

FIRST CLASS  
U.S. POSTAGE  
**PAID**  
PERMIT NO. 954  
LIC NY 11101

One Hour Postal Swim  
93 Downey Drive  
Tenafly, NJ 07670



*Empire State Masters Swimming*

*1999 One Hour Swim Results*

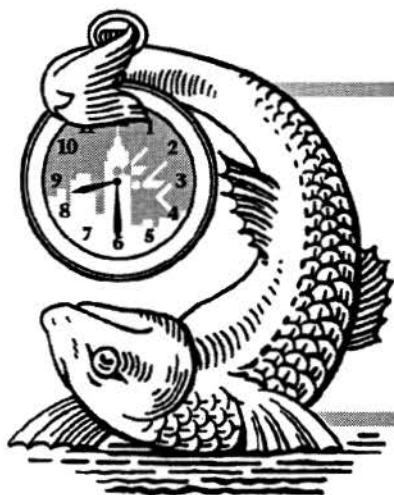
# RESULTS



## 1999 United States Masters Swimming 23<sup>RD</sup> One Hour Postal Swim National Championship

Sponsored by Empire State Masters

Sanctioned by Metropolitan LMSC for United States Masters Swimming, Inc. #068-13-98



### TOP SWIMS OF 1999

WOMEN

**ALLISON ZAMANIAN - 28 - 5,455 YARDS**

STRAWBERRY CANYON AQUATIC MASTERS, CA

MEN

**JONATHAN LISCHKE - 23 - 5,890 YARDS\***

STANFORD MASTERS, CA

\*AGE GROUP RECORD