

# United States Masters Swimming Long Distance National Championship

## RESULTS

CHAMPIONSHIP EVENT: 2013 USMS 3000 yard Postal National Championship

EVENT DATE(S): 9/15/2013 - 11/15/2013

SANCTION NUMBER: 213-S012

SANCTIONING LMSC: Illinois

SPONSORING ORG: Central Illinois Masters Swim Team, Inc.

EVENT DIRECTOR: Dave Gibson

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### RELAYS

#### WOMEN'S (3 Swimmers)

Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	USMS #	Individual Time	✓ if a National Record
				First Name	Last Name	MI					
18+	1	Colorado Masters Swimming	2:13:49.99	Sarah	Mulder		29	CMS	323W-06T38	46:13.59	
				Sharon	Cook		51	CMS	323V-08DAY	46:06.60	
				Amanda	Mullinix		22	CMS	3243-07EUM	41:29.80	
25+	1	Oregon Masters	2:01:39.22	Jennifer	Feola		43	OREG	3732-07N65	41:01.75	
				Kelsey	Bowen		28	OREG	373G-0271E	40:05.60	
				Sue	Phillips		49	OREG	374D-06W7A	40:31.87	
25+	2	Puget Sound Masters	2:07:44.98	Lisa	Keith		44	PSM	3630-08514	45:11.21	
				Michelle	Ohlson		31	PSM	3639-07SV2	44:17.00	
				Michelle	McRae		38	PSM	363T-04FBZ	38:16.77	
25+	3	St Pete Masters Inc	2:11:05.00	Regina	Novak		29	SPM	143F-05J01	44:47.00	
				Adrienne	Forkois		34	SPM	143P-02T8G	42:43.00	
				Livia	Zien		47	SPM	143J-02RN5	43:35.00	
25+	4	Beaufort Masters Swim Team	2:22:09.75	Meredith	Anderson		27	BMST	554J-05ZSY	47:37.00	
				Heather	Gnau		42	BMST	554J-06CS1	48:04.19	
				Amanda	Babbitt		28	BMST	553V-07XVA	46:28.56	
35+	1	Oregon Masters	1:53:49.34	Serena	Johnson		36	OREG	3730-06K7N	38:33.54	
				Jayna	Tomac		41	OREG	374F-05EJN	36:47.53	
				Sara	Nelson		40	OREG	3739-0263K	38:28.27	
35+	2	Beaufort Masters Swim Team	2:50.18.19	Candace	Fritz		43	BMST	553F-070DV	59:10.05	
				Heidi	Taylor		44	BMST	554E-01H8E	51:23.13	
				Susan	Thomas		61	BMST	3737-0266M	59:45.01	
45+	1	Oregon Masters	1:57:04:01	Denise	Stuntzner		51	OREG	3737-0266M	39:44.06	
				Kendra	Wheeler		51	OREG	373X-06TGJ	38:25.84	
				Karen	Matson		50	OREG	373C-0266T	38:54.11	
45+	2	St Pete Masters Inc	2:05:07.01	Cheryl	Kupan		49	SPM	143A-01SAD	41:45.00	
				Dawn	Clark		49	SPM	143D-05VRX	41:27.00	
				Melissa	Harasz		53	SPM	143Z-05H1D	41:55.01	
45+	3	Puget Sound Masters	2:06:00.67	Elizabeth	Kassen		61	PSM	363A-04F98	43:20.32	
				Lisa	Pace	A	52	PSM	364S-02M22	38:56.66	
				Susan	Pappalardo		47	PSM	364F-07KH7	43:43.69	
45+	4	St Pete Masters Inc	2:20:39.90	Katy	Kline		52	SPM	143D-063WA	48:14.00	
				Christine	Swanson		51	SPM	144P-02RFD	47:46.90	
				Jo Ann	Harrelson		57	SPM	1434-02RWB	44:39.00	
45+	5	Beaufort Masters Swim Team	2:46:47.86	Mary	Eklund		49	BMST	553J-07HXG	54:00.04	
				Loretta	Bootle		48	BMST	5541-090N8	1:03:40.81	
				Donna	Altman		55	BMST	553B-01GWF	49:07.01	

Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	USMS #	Individual Time	√ if a National Record
				First Name	Last Name	MI					
45+	6	Beaufort Masters Swim Team	3:56:52.83	Laura	Richardson		58	BMST	554S-01HA2	1:02:03.69	
				Bonnie	Downs		68	BMST	553E-07J1Y	1:03:49.14	
				Amy	O'Dell	D	47	BMST	5537-08A84	1:51:00.00	
55+	1	Longhorn Aquatics	2:00:36.38	Bess	Hilpert		58	TXLA	433B-02P7J	42:28.65	Y
				Sharon	Smith		55	TXLA	4347-04KHX	38:15.30	
				Mary	Hughes		55	TXLA	434A-02NFB	39:52.43	
55+	2	Oregon Masters	2:17:48.61	Mariys	Cappaert		55	OREG	3737-025XB	45:15.40	
				June	Mather		60	OREG	373S-025X3	54:58.03	
				Mary	Sweat		56	OREG	373K-025UM	37:35.18	
55+	3	North Carolina Masters Swimming	3:17:11.96	Camille	Klotz		68	NCMS	133U-0245H	1:13:49.20	
				Greta	Van Meeteren		66	NCMS	133M-0232R	55:07.88	
				Rita	Maynard		61	NCMS	1333-06J2A	1:08:14.88	

### MEN'S (3 Swimmers)

Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	USMS #	Individual Time	√ if a National Record
				First Name	Last Name	MI					
18+	1	Puget Sound Masters	1:49:25.39	Bruce	Deakyne		23	PSM	3636-07ZXW	32:26.60	
				Michael	Scott		27	PSM	363M-07MJ8	41:15.17	
				Daniel	Phillips	L	50	PSM	363B-087PH	35:43.62	
18+	2	Oregon Masters	1:53:49.86	Mark	Frost		46	OREG	373X-07KU4	38:11.76	
				Timothy	Nelson		47	OREG	3736-025ZB	38:20.62	
				Travis	Smith		19	OREG	3732-0809D	37:17.48	
25+	1	Michigan Masters	2:02:38.64	David	Nowinski		52	MICH	193P-07KET	37:51.53	
				Ian	Douglass		34	MICH	193X-084N7	43:39.97	
				Joe	Aumiller		56	MICH	1939-029JT	41:07.14	
35+	1	Oregon Masters	1:45:22.42	Jeffrey	Nason		38	OREG	373D-06TUF	34:45.57	
				Can (Jon)	Ergenekan		41	OREG	373K-07SGF	35:11.60	
				Matt	Miller	A	36	OREG	373V-07EEF	35:25.25	
35+	2	Colorado Masters Swimming	1:52:28.73	Stephen	Roush		51	CMS	323M-05PEY	37:20.88	
				John	Polansky		38	CMS	3230-030ST	38:05.33	
				Joseph	Bakel		51	CMS	323M-030CZ	37:02.52	
45+	1	Oregon Masters	1:46:38.40	Osh	McNulty		52	OREG	3736-06FKU	36:22.80	
				Hardy	Lussier		48	OREG	373W-025VX	33:14.33	
				Tom	Fristoe		53	OREG	373W-03KNX	37:01.27	
45+	2	Gold Coast Masters	1:48:29.46	Ricardo	Valdivia		48	GOLD	5037-027B2	32:03.44	
				Bill	Korey		50	GOLD	5030-027K2	38:05.02	
				Jonathan	Olsen		50	GOLD	504R-027MP	38:21.00	
55+	1	Longhorn Aquatics	1:47:12.54	Jim	Sauer		56	TXLA	4339-06N4M	33:35.30	
				Larry	Wood		59	TXLA	433C-02NJF	36:18.24	
				Craig	Siegel		55	TXLA	433G-0239K	37:19.00	
55+	2	Oregon Masters	1:58:07.10	Patrick	Allender		55	OREG	373R-025Y4	36:33.83	
				Jed	Cronin		64	OREG	3736-0262E	40:17.06	
				Charlie	Swanson		61	OREG	373P-026EP	41:16.21	
55+	3	St Pete Masters Inc	2:03:08.69	Stephan	Freeman		57	SPM	143M-02REX	40:19.10	
				Timothy	Kennedy	C	57	SPM	143H-02RF0	38:42.59	
				Pat	Marzulli		64	SPM	143F-02RMY	44:07.00	
55+	4	Beaufort Masters Swim Team	2:19:30.57	Charles	Graber		68	BMST	553C-01GYH	47:43.00	
				Peter	Wyman		58	BMST	553T-07P7Z	45:07.00	
				John	Harris		61	BMST	5530-01GX5	46:40.57	
55+	5	MOVY Masters	2:22:23.33	Neil	Salkind	J	66	MOVY	283D-01NSF	44:31.53	
				Kent	Mc Donald		60	MOVY	283N-01NS4	44:32.49	
				Allen	Kossoy		60	MOVY	283B-01NRW	53:19.31	
65+	1	Oregon Masters	2:02:13.19	Bob	Bruce		65	OREG	373Z-025YX	41:16.01	Y
				Tom	Landis		71	OREG	374V-025X1	40:58.67	

Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	USMS #	Individual Time	√ if a National Record
				First Name	Last Name	MI					
				Steve	Johnson		65	OREG	3734-0264Y	39:58.51	
65+	2	North Carolina Masters Swimming	2:29:25.04	James	Green		68	NCMS	133H-022ZR	45:14.06	
				Hans	Van Meeteren		69	NCMS	133B-023NH	56:28.40	
				Bob	Husson		68	NCMS	1339-023NF	47:42.58	
<b>MIXED (2 Men, 2 Women)</b>											
Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	USMS #	Individual Time	√ if a National Record
				First Name	Last Name	MI					
18+	1	Puget Sound Masters	2:25:23.65	Daniel	Phillips	L	50	PSM	363B-087PH	35:43.62	
				Lisa	Pace	A	52	PSM	364S-02M22	38:56.66	
				Michelle	McRae		38	PSM	363T-04FBZ	38:16.77	
				Bruce	Deakyne		23	PSM	3636-07ZXW	32:26.60	
18+	2	Oregon Masters	2:36:15.05	Mark	Frost		46	OREG	373X-07KU4	38:11.76	
				Jennifer	Feola		43	OREG	3732-07N65	41:01.75	
				Denise	Stuntzner		51	OREG	3737-0266M	39:44.06	
				Travis	Smith		19	OREG	3732-0809D	37:17.48	
18+	3	Colorado Masters	2:43:02.61	Stephen	Roush		51	CMS	323M-05PEY	37:20.88	
				John	Polansky		38	CMS	3230-030ST	38:05.33	
				Sharon	Cook		51	CMS	323V-08DAY	46:06.60	
				Amanda	Mullinix		22	CMS	3243-07EUM	41:29.80	
25+	1	Oregon Masters	2:31:05.66	Serena	Johnson		36	OREG	3730-06K7N	38:33.54	
				Tom	Fristoe		53	OREG	373W-03KNX	37:01.27	
				Kelsey	Bowen		28	OREG	373G-0271E	40:05.60	
				Matt	Miller	H	36	OREG	373V-07EEF	35:25.25	
25+	2	Michigan Masters	2:47:09.90	David	Nowinski		52	MICH	193P-07KET	37:51.53	
				Ian	Douglass		34	MICH	193X-084N7	43:39.97	
				Maddie	Diedo		55	MICH	1931-028U9	47:31.97	
				Denise	Brown		54	MICH	1931-01U86	38:06.43	
35+	1	Oregon Masters	2:25:12.97	Jayna	Tomac		41	OREG	374F-05EJN	36:47.53	
				Can (Jon)	Ergenekan		41	OREG	373K-07SGF	35:11.60	
				Jeffrey	Nason	A	38	OREG	373D-06TUF	34:45.57	
				Sara	Nelson		40	OREG	3739-0263K	38:28.27	
35+	2	Gold Coast Masters	2:30:10.07	Dale	LeClair		43	GOLD	503N-02D6N	39:18.61	
				Ricardo	Valdivia		48	GOLD	5037-027B2	32:03.44	
				Andrea	Woodburn		49	GOLD	5030-027JK	40:43.00	
				Bill	Korey		50	GOLD	5030-027K2	38:05.02	
45+	1	Oregon Masters	2:26:57.08	Hardy	Lussier		48	OREG	373W-025VX	33:14.33	
				Osh	McNulty		52	OREG	3736-06FKU	36:22.80	
				Kendra	Wheeler		51	OREG	373X-06TGJ	38:25.84	
				Karen	Matson		50	OREG	373C-0266T	38:54.11	
45+	2	St Pete Masters Inc	2:42:13.69	Cheryl	Kupan		49	SPM	143A-01SAD	41:45.00	
				Dawn	Clark		49	SPM	143D-05VRX	41:27.00	
				Stephan	Freeman		57	SPM	143M-02REX	40:19.10	
				Timothy	Kennedy	C	57	SPM	143H-02RF0	38:42.59	
45+	3	Michigan Masters	2:44:37.07	Joe	Aumiller		56	MICH	1939-029JT	41:07.14	
				Maddie	Diedo		55	MICH	1931-028U9	47:31.97	
				David	Nowinski		52	MICH	193P-07KET	37:51.53	
				Denise	Brown		54	MICH	1931-01U86	38:06.43	
45+	4	St Pete Masters Inc	2:59:19.02	Livia	Zien		47	SPM	143J-02RN5	43:35.00	
				Melissa	Harasz		53	SPM	143Z-05H1D	41:55.01	
				Philip	Harasz		55	SPM	1432-07GD6	49:42.01	
				Pat	Marzulli		64	SPM	143F-02RMY	44:07.00	
55+	1	Longhorn Aquatics	2:28:01.27	Mary	Hughes		55	TXLA	434A-02NFB	39:52.43	Y
				Larry	Wood		59	TXLA	433C-02NJF	36:18.24	
				Sharon	Smith		55	TXLA	4347-04KHX	38:15.30	
				Jim	Sauer		56	TXLA	4339-06N4M	33:35.30	
55+	2	Oregon Masters	2:38:41.47	Mary	Sweat		56	OREG	373K-025UM	37:35.18	

<u>Age group</u>	<u>Place</u>	<u>Club Name</u>	<u>Total Time</u>	<u>Names of Swimmers</u>			<u>Age</u>	<u>Club Abbr</u>	<u>USMS #</u>	<u>Individual Time</u>	<u>√ if a National Record</u>
				<u>First Name</u>	<u>Last Name</u>	<u>MI</u>					
				Marlys	Cappaert		55	OREG	3737-025XB	45:15.40	
				Patrick	Allender		55	OREG	373R-025Y4	36:33.83	
				Jed	Cronin		64	OREG	3736-0262E	40:17.06	
55+	3	Beaufort Masters Swim Team	3:22:58.27	John	Harris		61	BMST	5530-01GX5	46:40.57	
				Donna	Altman		55	BMST	553B-01GWF	49:07.01	
				Laura	Richardson		58	BMST	554S-01HA2	1:02:03.69	
				Peter	Wyman		58	BMST	553T-07P7Z	45:07.00	
55+	4	Beaufort Masters Swim Team	3:47:13.30	Charles	Graber		68	BMST	553C-01GYH	47:43.00	
				Susan	Thomas		61	BMST	554E-01H8E	59:45.01	
				Pete	Palmer		78	BMST	5543-01GXS	55:56.15	
				Bonnie	Downs		68	BMST	553E-07J1Y	1:03:49.14	
65+	1	Oregon Masters	3:08:25.19	Jan	Plesner		67	OREG	373J-026N0	55:33.01	
				Geri	Mathewson	H	65	OREG	3734-025Z9	51:55.00	
				Tom	Landis		71	OREG	374V-025X1	40:58.67	
				Steve	Johnson		65	OREG	3734-0264Y	39:58.51	
65+	2	North Carolina Masters Swimming	3:53:08.06	Camille	Klotz		68	NCMS	133U-0245H	1:13:49.20	
				Greta	Van Meeteren		66	NCMS	133M-0232R	55:07.88	
				Hans	Van Meeteren		69	NCMS	133B-023NH	56:28.40	
				Bob	Husson		68	NCMS	1339-023NF	47:42.58	