

**United States Masters Swimming
Long Distance National Championship**

PRELIMINARY RESULTS

CHAMPIONSHIP EVENT: 2012 USMS 5K Postal National Championship

EVENT DATE(S): May 15 - September 15, 2012

SANCTION NUMBER: 502-005

SANCTIONING LMSC: Florida Gold Coast LMSC

SPONSORING ORG: Hammerhead Aquatics

EVENT DIRECTOR: Dale LeClair

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RELAYS

WOMEN'S (3 Swimmers)

Age group	Place	Club Name	Total Time	Names of Swimmers		MI	Age	Club Abbr	USMS #	Individual Time	✓ if a National Record
				First Name	Last Name						
25+	1	DOC IU Masters Swimming	3:47:50.00	Lindsey	Hansen	G	29	DOC	1623-032V0	1:23:54.00	
				Susan	Blake	M	34	DOC	1622-070R1	1:14:32.90	
				Jutta	Schickore		47	DOC	162X-02B6V	1:09:23.13	
25+	2	Illinois Masters	4:35:06.84	Ines	Lein		44	IM	212P-0720J	1:26:41.77	
				Laura	Perez		50	IM	212W-02WJZ	1:35:42.40	
				Victoria	Bolf	A	26	IM	212T-06TMW	1:32:42.67	
25+	3	Davis Aquatic Masters	4:44:39.99	Renee	Ruhaak		30	DAM	382C-075M8	1:26:36.00	
				Helen	Singmaster	S	46	DAM	3825-03GDW	1:35:13.99	
				Jamie	Anderson	G	56	DAM	382Y-03KFG	1:42:50.00	
35+	1	Oregon Masters	3:52:01.20	Jayna	Tomac	M	40	OREG	372G-05EJN	1:12:45.28	
				Arlene	Delmage		49	OREG	3725-01Z4F	1:17:32.85	
				Anicia	Criscione		38	OREG	372B-025V4	1:21:43.07	
35+	2	Illinois Masters	3:54:50.28	Elizabeth	Kooy	A	41	IM	212T-02VBX	1:21:22.93	
				Marcia	Cleveland	E	48	IM	212K-01S4Y	1:17:57.96	
				Heidi	Kafka		49	IM	212M-02X7X	1:15:29.39	
35+	3	MOVY Masters	3:57:43.47	Lisa	Mische-Lawson	A	40	MOVY	282X-01NTR	1:24:44.34	
				Joy	Stover		36	MOVY	282H-01NSH	1:07:17.05	
				Lisa	Eisener	M	43	MOVY	282B-01NUR	1:25:42.08	
35+	4	Michigan Masters	4:01:31.40	Denise	Brown	H	52	MICH	192Z-01U86	1:10:17.26	
				Megan	Lassen	M	42	MICH	192H-02KUC	1:16:51.11	
				Maddie	Diedo		53	MICH	192Z-028U9	1:34:23.03	
35+	5	Gold Coast Masters	5:26:27.97	Dale	LeClair	A	42	GOLD	502A-02D6N	1:20:12.99	
				Lisa	Bell	M	58	GOLD	502A-07W2R	2:17:56.99	
				Karen	Kastritis	M	48	GOLD	5024-04PF0	1:48:17.99	
45+	1	Oregon Masters	3:46:41.93	Terri	Tyynismaa	L	49	OREG	3721-05W95	1:16:08.46	
				Kris	Denney	A	52	OREG	3726-02726	1:15:20.99	
				Karen	Matson	A	49	OREG	372M-0266T	1:15:12.48	
45+	2	Davis Aquatic Masters	3:53:17.09	Patricia	Price	L	50	DAM	3822-05U69	1:28:40.09	
				Sharon	Blaha	L	52	DAM	382P-03A9V	1:14:16.00	
				Kimberly	Elsbach	D	49	DAM	382P-03NH6	1:10:21.00	
45+	3	Florida Maverick Masters	6:26:33.68	Patricia	Bond	M	74	FMM	1424-02RDM	1:40:07.58	
				Mary	Stein	A	62	FMM	142T-061WR	2:20:03.10	
				Sherri	Bogue	L	48	FMM	142Z-0666P	2:26:23.00	
55+	1	Masters of South Texas	4:35:16.81	Linda	Callaway		59	MOST	432M-02NEV	1:38:04.98	
				Elaine	Valdez	S	57	MOST	432H-02POH	1:15:19.81	
				Chris	Mayhew		59	MOST	432M-02PW8	1:41:52.02	
55+	2	Oregon Masters	5:18:30.50	Carol	Stark	R	63	OREG	372A-026UJ	2:15:00.21	
				Mary	Sweat		55	OREG	372C-025UM	1:11:32.30	
				Connie	Shuman		57	OREG	372Z-026A0	1:51:57.99	
55+	3	North Carolina Masters Swimming	6:57:18.63	Rita	Maynard		60	NCMS	132X-06J2A	2:11:42.86	
				Jan Elisa	Mosca		61	NCMS	132B-07HB6	2:20:53.21	
				Camille	Klotz	A	67	NCMS	1325-0245H	2:24:42.56	

MEN'S (3 Swimmers)

Age group	Place	Club Name	Total Time	Names of Swimmers			Age	Club Abbr	USMS #	Individual	if a
				First Name	Last Name	MI				Time	National Record
25+	1	Oregon Masters	3:47:52.05	Mark	Frost		45	OREG	3722-07KU4	1:15:29.99	
				Sumner	Williams	H	32	OREG	372U-01KKH	1:22:52.00	
				Matt	Miller	D	34	OREG	3724-07EEF	1:09:30.06	
25+	2	North Carolina Masters Swimming	4:05:59.89	Robert	LeVine	S	47	NCMS	1321-022X6	1:18:18.81	
				John	Flack	M	56	NCMS	132S-023CM	1:21:57.08	
				Filippo	Porco	M	34	NCMS	1321-023HB	1:25:44.00	
25+	3	St Pete Masters Inc	4:49:17.20	Shannon	O'Brien	P	30	SPM	142M-02S8D	1:23:04.21	
				Philip	Harasz		53	SPM	142Y-07GD6	1:38:22.00	
				Robert	Beach	E	82	SPM	142N-02REM	1:47:50.99	
35+	1	Illinois Masters	3:43:43.85	David	Sebastian		50	IM	212T-02WHJ	1:14:10.51	
				Michael	Thiry	A	36	IM	212B-062GC	1:16:32.05	
				Chris	Layton		53	IM	2122-02VAE	1:13:01.29	
45+	1	Oregon Masters	3:25:38.59	Kris	Calvin		50	OREG	372P-008NK	1:10:43.38	
				Hardy	Lussier	C	47	OREG	3723-025VX	1:03:00.99	
				Patrick	Allender		53	OREG	3728-025Y4	1:11:54.22	
55+	1	Longhorn Aquatics	3:27:47.88	Jim	Sauer		55	TXLA	432R-06N4M	1:07:53.80	
				Dick	Worrel		58	TXLA	432A-02NHM	1:09:23.79	√
				Larry	Wood	W	58	TXLA	432M-02NJF	1:10:30.29	
55+	2	Oregon Masters	4:02:34.88	Jed	Cronin	P	63	OREG	372U-0262E	1:18:11.91	
				Robert	Richardson	B	59	OREG	372F-049YA	1:23:37.99	
				Allen	Larson	J	59	OREG	3727-05VZ3	1:20:44.98	
55+	3	St Pete Masters Inc	4:12:08.98	Timothy	Kennedy	C	55	SPM	142E-02RF0	1:15:30.00	
				Robert	Aldrich	E	63	SPM	142E-02T7P	1:27:50.99	
				Pat	Marzulli		63	SPM	142H-02RMY	1:28:47.99	
65+	1	Oregon Masters	4:06:49.76	Tom	Landis		70	OREG	3725-025X1	1:15:05.36	
				Bren	Hirschberg		66	OREG	372T-06MC1	1:32:20.99	√
				David	Radcliff	A	78	OREG	372F-025V8	1:19:23.41	

MIXED (2 Men, 2 Women)

Age group	Place	Club Name	Total Time	Names of Swimmers				Club Abbr	USMS #	Individual	
				First Name	Last Name	MI	Age			Time	if a National Record
18+	1	Gold Coast Masters	4:47:07.04	Dale	LeClair	A	42	GOLD	502A-02D6N	1:20:12.99	
				Ricardo	Valdivia	J	47	GOLD	502T-027B2	1:01:02.49	
				Amanda	Singleton	L	23	GOLD	502X-07JMK	1:15:44.90	
				David	Owen	H	60	GOLD	502T-027BK	1:10:06.66	
25+	1	DOC IU Masters Swimming	4:40:27.95	Robert	Wright	E	57	DOC	162W-02AE4	1:09:39.12	
				Susan	Blake	M	34	DOC	1622-070R1	1:14:32.90	
				George	Bookwalter		34	DOC	162T-07MZK	1:06:52.80	
25+	2	Oregon Masters	5:01:23.28	Jutta	Schickore		47	DOC	162X-02B6V	1:09:23.13	
				Jed	Cronin	P	63	OREG	372U-0262E	1:18:11.91	
				Matt	Miller	D	34	OREG	3724-07EEF	1:09:30.06	
				Terri	Tynnismaa	L	49	OREG	3721-05W95	1:16:08.46	
25+	3	MOVY Masters	5:04:43.70	Arlene	Delmage		49	OREG	3725-01Z4F	1:17:32.85	
				Joy	Stover		36	MOVY	282H-01NSH	1:07:17.05	
				Lisa	Mische-Lawson	A	40	MOVY	282X-01NTR	1:24:44.34	
25+	4	St Pete Masters Inc	5:15:06.22	Brandon	Kovach	C	41	MOVY	282V-075AZ	1:24:04.20	
				Eric	Paden	M	29	MOVY	282D-048AU	1:08:38.11	
				Shannon	O'Brien	P	30	SPM	142M-02S8D	1:23:04.21	
				Dawn	Clark		47	SPM	142K-05VRX	1:17:34.01	
25+	5	Illinois Masters	5:27:29.06	Melissa	Harasz		52	SPM	1420-05H1D	1:18:58.00	
				Timothy	Kennedy	C	55	SPM	142E-02RF0	1:15:30.00	
				Seth	Hoff		50	IM	212K-003C9	1:19:12.95	
				Elizabeth	Kooy	A	41	IM	212T-02VBX	1:21:22.93	
				David	Sebastian		50	IM	212T-02WHJ	1:14:10.51	
Victoria	Bolf	A	26	IM	212T-06TMW	1:32:42.67					
35+	1	Oregon Masters	5:01:52.56	Patrick	Allender		53	OREG	3728-025Y4	1:11:54.22	
				Anicia	Criscione		38	OREG	372B-025V4	1:21:43.07	
				Jayna	Tomac	M	40	OREG	372G-05EJN	1:12:45.28	
				Mark	Frost		45	OREG	3722-07KU4	1:15:29.99	
35+	2	Illinois Masters	5:03:00.69	Marcia	Cleveland	E	48	IM	212K-01S4Y	1:17:57.96	
				Chris	Layton		53	IM	2122-02VAE	1:13:01.29	
				Michael	Thiry	A	36	IM	212B-062GC	1:16:32.05	
35+	3	Michigan Masters	5:12:40.57	Heidi	Kafka		49	IM	212M-02X7X	1:15:29.39	
				Megan	Lassen	M	42	MICH	192H-02KUC	1:16:51.11	
				Denise	Brown	H	52	MICH	192Z-01U86	1:10:17.26	
				Bruce	Morey	E	54	MICH	192B-028TV	1:26:56.66	
Joe	Aumiller		55	MICH	192R-029JT	1:18:35.54					
45+	1	Oregon Masters	4:44:17.84	Kris	Calvin		50	OREG	372P-008NK	1:10:43.38	
				Kris	Denney	A	52	OREG	3726-02726	1:15:20.99	
				Hardy	Lussier	C	47	OREG	3723-025VX	1:03:00.99	
				Karen	Matson	A	49	OREG	372M-0266T	1:15:12.48	
55+	1	Oregon Masters	5:37:59.06	Tom	Landis		70	OREG	3725-025X1	1:15:05.36	
				Connie	Shuman		57	OREG	372Z-026A0	1:51:57.99	
				David	Radcliff	A	78	OREG	372F-025V8	1:19:23.41	
55+	2	North Carolina Masters Swimming	6:09:38.03	Mary	Sweat		55	OREG	372C-025UM	1:11:32.30	
				Richard	Miller	N	57	NCMS	132X-0236T	1:26:20.59	
				Debbie	Wilson	R	58	NCMS	132T-02318	1:26:03.20	
				Greta	Van Meeteren		65	NCMS	132B-0232R	1:46:53.08	
James	Green	M	67	NCMS	132E-022ZR	1:30:21.16					