

Committee Name:	Sports Medicine Committee	Session #:	
Committee Chair:	Megan Carlson		
Minutes recorded by:	Sally Berry	Date/time of meeting:	05/21/17 7:00 pm EST

Motions Passed:

1. .

Number of committee members present: 8	Absent: 4	Number of other delegates present: 1
Committee members present (list all, including chair and vice chair): Meg Carlson, Sally Berry, Connor Bailey, Sally Guthrie, Robin Tracy, Jane Moore, Skip Thompson, Jim Izzy, Claire Rudd		
Not present:, Laura Hamel, Jessica Seaton, Jim Miller, Eddie Tiozzo		
Guests:		

Minutes

Dial in: 701-801-1211 or 855-212-0212 (toll free)

Meeting ID: 919-151-064

The meeting was called to order at 7:05pm

Agenda

1. Roll Call

2. Current Subcommittee Projects
 - Sports Medicine Blog –Jessica Seaton, not available for report
 - Convention Presentation - will continue with Cold Water/Open Water presentation.
 - Nationals Booth for LCM Nationals – Sports Medicine Committee did not have a booth for short course Nationals. Discussion focus was on Long Course Nationals. We reviewed what we had in the past with no new suggestions from the committee. Robin will be available Friday and Sunday at National and may be able to contact some people in Minnesota. Ideas from the committee were not determined yet. Meg will ask for more suggestions to committee by email.
 - Update on PSA from David Samuelsohn – The Committee Emailed David with final position and we did not hear back. We also informed Dawson Hughes and Patty Miller regarding the email letter to David Samuelson.

3. UMC requirement for LCM Nationals –Minneapolis 2017- Question of Sports Medicine’s role in the medical aspects of nationals. According to Jane, procedure has always been there, been often overlooked. The medical overview has been done through the Sport Medicine committee. There is a procedure list that was updated and adopted a few years ago. The meet director puts it together and a medical person in Sports Medicine will have to approve it. Meg will email the championship liaison. If there are questions, Meg will refer to the committee to address. According to Robin, meet director may be using their pool medical advisor at Nationals Minneapolis 2017.

4. Fitness Initiative – Casey (Cassandra) Keiber is working with the fitness committee to develop a swim fitness program. They researched ad developed their own fitness program. Program will be pilot tested at a couple swim programs. Skip mentioned a group is going to Austin for a prototype. They will determine the results of the pilot program and communicate back to the national office. The

pilot program is scheduled for early June. They attempted to have Dr. Tanaka come, but he will be out of town presenting at ACSM conference in Denver. Dr. Tanaka will be presenting the USMS data at ACSM conference in Denver.

4. Open Discussion

Conner Bailey discussed utilizing the expertise of Helen Naylor from Vanderbilt University, researcher on genetic medicine. She has a skill of taking technical research and interpreting the information, making it easy to understand by the lay public. This is a skill that would be useful at USMS to educate members in topics of sports medicine, either through our blog or through Swimmer Magazine.

Meg or Connor will put her in touch w Jessica Seaton.

Next meeting date is set for Sunday, July 16th, 2017 at 7pm EST