

Committee Name: Sports Medicine Committee	Session #: 2
Committee Chair: Megan Carlson	
Minutes recorded by: Sally Berry	Date/time of meeting: 03/05/17 7:00 pm EST

Motions Passed:

1. none

Number of committee members present:	Absent:	Number of other delegates present:
Committee members present (list all, including chair and vice chair): Meg Carlson, Sally Berry, Connor Bailey, Robin Tracy, Jane Katz, Jim Miller, Eddie Tiozzo, Skip Thompson		
Not present: Sally Guthrie, Laura Hamel, Jessica Seaton, Jim Izzy, Claire Rudd, Jane Moore,		
Guests:		

Minutes

Dial in: 701-801-1211 or 855-212-0212 (toll free)

Meeting ID: 919-151-064

The meeting was called to order at

Agenda

1. Roll Call
2. Current Subcommittee Projects:
 - Sports Medicine Blog – Jessica Seaton
As reported by Meg: Back to the blog this week. Send ideas to Jessica. Email is on the list.
 - Convention Presentation – Open water temperatures
With FINA rules and the Ortega study, we can present an update and any future updates this year. Jim will help with presentation. We can present the science on this, case studies and discussion. The committee discussed a case of pulling sanction with warm water events. Insurance is void if event is not sanctioned with all the potential consequences. Need the data of examples such as what Connor commented on.
Question of what we could discuss in presentation: How to handle and implications, how to decrease their risk, etc. A possible title of presentation: “Water temperatures... the ups and downs!”
 - Public Service Announcement –
Consensus on PSA: after multiple attempts to compromise the PSA message, not a message USMS feels they can fully support although recognize the importance of annual exams.
Discussed the concerns of continuing the PSA. Consensus of committee members was that the PSA content does not comply with what we discussed as best practice. Move to not support the cardiac message and second. All committee members in attendance tonight approved to not support the PSA. Meg will send to Dawson and Laura.
 - Nationals Booth
 - <http://www.swimmersedgeyoga.com/>
Sally Guthrie, Claire, and Robin have been emailing back and forth. The link (above) includes online Yoga and videos. Will reach out to this Yoga instructor (and USMS swimmer) for potential booth at nationals. Committee discussed questions of if material is appropriate for age, pregnancy, conditioning, etc? We may send the video to the fitness committee for their opinion.
3. Fitness Initiative (Casey Keiber) –research on swimming
Looking for research on swimming. Fitness has a meeting tomorrow and will get back to us. Dawson has a new fitness initiative, waiting to hear from initiative what Sports Medicine’s involvement may be.

4. Open Discussion –no new discussion

Next meeting date is set for May 7th, 2017 7pm EST