

Committee Name: Sports Medicine	Session #: 1	Report #: 1
Committee Chair: Megan Carlson	Vice Chair: Clare Kubiak	
Minutes recorded by: Clare Kubiak	Date/time of meeting: December 17 at 7:00pm EST	

Motions Passed:

- 1.
- 2.

Number of committee members present: 12

Absent: 3

Committee members present (list all, including chair and vice chair): Meg Carlson, Sally Guthrie, Jim Izzi, Clare Kubiak, Jim Miller, Jane Moore, Melodee Nugent, Daniel Paulling, Carlos Rodriguez, Jessica Seaton, Skip Thompson & Robin Tracy

Not present: Arlette Godges, Laura Hamel, Eduard Tiozzo

Audience Members: Ben Kogutt

Minutes

The meeting was called to order at 7:00pm EST.

1. Ben Kogutt discussion & overview
 - a. Training at John Hopkins, project is Exercise & Pregnancy
 - i. Discussed ideas survey (goal of February)
 1. Opinion of swimmers given birth/training while pregnant & post partum.
 - a. Ideally within the more recent frame of time
 2. Meg will follow up with the Coaches Committee
2. New Members
 - a. Hello and welcome to our new members!
3. Sub Committee Projects
 - a. Blog Committee (Jessica Seaton)
 - i. Promoting the blog, where is it? Visible enough?
 1. Overhaul of website, perhaps that could help things
 2. Access issues, something to look towards
 - ii. Adding support from the group
 1. Jim Izzi to help with his skills
 - iii. Upcoming
 1. Guest bloggers
 2. Monthly blog posts
4. Convention Presentation
 - a. Start thinking/brainstorming Ideas
 - i. Next meeting bringing ideas with us
 - b. Topics/presenters
 - i. Dr. Tanaka offered to come back

1. Results review (perhaps a backup plan)
 2. Do we want new face/topic?
5. National Booth
- a. Spring only- Indy in May 2018
 - b. Dryland topic/ideas
 - i. Injury free/prevention
 - ii. Starting a theme through all aspects, Blog/work with other committee's
 - iii. Meg to speak with vendors about spacing
6. Goals & New Business for 2018
- a. What more can we do
 - b. Who are we
 - c. More collaboration with committees within USMS
 - d. New/younger members
 - e. Can we re-brand/explain
 - i. Feature on the committee's
 1. What do we do? Who wants to be a part? What can you do?
 2. Expose for each?

The meeting was adjourned at 8:00pm EST.

Next meeting scheduled: Sunday January 21, 7:00PM EST.