

US Masters Swimming Sports Medicine and Science Committee
Conference Call January 10, 2011

The chair called the meeting to order at 7:01 pm EST.

Participants included Nadine Day (ex officio), Sally Guthrie, Kristen Heath, Jane Moore (chair), Mary Pohlmann, Diane Rothenberg, Jessica Seaton (vice-chair), Rand Vaillancourt

Members excused: Bill Ewan

Members absent: Hannah Caldas, Steven Erickson, Jane Katz, Erin Merritt, Jim Miller

We have received no new research proposals. The researcher who requested access to member demographic data has not yet responded to the request for a detailed research proposal.

The Executive Committee reviewed the committee request for a policy regarding labeling articles that recommend specific products as advertising so it is clear that the author is promoting a product. They feel such a policy is unnecessary when authors are national sponsors particularly because specific products are mentioned only at the end of articles.

Jessica has been reviewing health articles but not nutrition articles. Nadine will check to see why she is not receiving nutrition articles for review.

The Livestrong web site is quoting Mary Pohlmann's 2006 article on asthma and chlorine. Mary will send the URL for the article to the committee. She would like to know about any more current information on the topic.

Jessica recently did a literature search for an article on water temperature in open water swimming. She found no scientific studies in a search of PubMed.

Pacific LSC/LMSC is planning an open water safety clinic in early March. USMS Open Water Committee has been involved in planning.

The Sports Medicine and Science lecture from 2010 convention is now available at <http://liveswim.net/coverage/2010usmsconvention/>.

Planning for this year's lectures is underway. Jane Moore has talked with Nancy Iverson of PathStar (article in last year's magazine). She is willing to speak on her program that brings youth from the Pine Ridge Reservation in South Dakota to San Francisco to learn swimming and healthy nutrition to prevent diabetes. Nancy is willing to speak at convention and/or Short Course Nationals.

Next conference call will be Thursday April 7, 2011; 7 pm EST.

Call adjourned at 7:31 pm EST.

Jane Moore
Chair