

Potomac Valley LMSC, October Board Meeting Minutes (2016 Annual Meeting) October 30, 2016 George Mason University Fairfax, VA

Motions Passed:

- Motion was made to approve the July minutes by Jeff Roddin and seconded by David Robinson. The motion passed unanimously.
- Motion was made by Tim Timmons to accept Ray Novitske's proposal to use WordPress for our website and let Ray become our webmaster. Mollie Grover seconded it. The motion passed with one abstention.
- A motion was made by Jeff Roddin and seconded by Peter Lee for Potomac Valley LMSC to pay the \$100 Recognized Event fee.
 - Jeff Roddin later amended the motion (seconded by Wyatt Bradbury) to read: "PVLMSC will pay the \$100 recognized event fee. The results will be submitted for those swimmers who have given the meet directors a valid USMS number."
 - The motion carried with 1 against.
- Ray Novitske made a motion to end the meeting and Mollie Grover seconded. The motion passed unanimously and the final 2016 PVLMSC meeting was adjourned at 4:56 pm.

Attendees:

- ALEX – Stephanie Gauzens, Ray Novitske
- ANCM – Jeff Roddin
- ARMS – Ellen Hufford, Alice Shang
- DCAC – Christina West
- DUFF – Anne Duffy
- GERM – David Robinson
- GMUP – Cheryl Ward, Tim Timmons
- L4S – Frank Marcinkowski, Debbie Malafsky
- MSSC – Robert Scheller
- NCYM – Peter Lee
- RMST – Brian Evans
- TA – Dale McElhattan
- TRI3 – Beth Baumgarten
- UMAC – Cheryl Wagner, Mollie Grover, Jeff Strahota, Angela Fu, Wyatt Bradbury

Meeting Minute Approvals

The July Board Minutes were unanimously approved.

Committee Reports

Chair – Jeff Strahota

Jeff opened the meeting at 3:31 and introductions were made. Next year at this meeting, my 2-year term will be up and while I do enjoy leading us, I would like to see someone new put their stamp on our LMSC. Any interested parties looking to be groomed can see me, as we'll need at least one vice chair for 2017. Don't worry, I plan on being involved forever - I just want to make sure we spread the love.

USMS is having a variety of membership contests. One for coaches who sign up the most swimmers and for swimmers who sign up November 1-7.

Vice-Chair – John Carlson

Vice Chairs serve at the pleasure of the Chairman – Contact Jeff if interested!

Treasurer – Tim Timmons

- Balances as of 1 Oct 16:
 - \$23,121.31 in checking
 - \$44,535.53 in savings
 - For a total of \$67,656.84
- This compares to a total of \$69,293.56 at this time last year
- Hence, we remain in very good shape financially
- Several of our convention delegates still need to get me their expenses so I can pay them for their trips
- At this time I recommend that we maintain all of our financial policies that pertain to supporting our meets, our swimmers, our coaches, and the LMSC in general
- We have already decided to maintain the current membership levels for swimmers (\$45) and clubs (\$100) and I recommend we begin looking at these levels again in the spring of 2017 to determine when will be the right time to increase the individual memberships to \$50

We have a good balance between our savings and checking accounts. Everyone who went to convention, please send me your expenses. You can send me the receipts later.

DISCUSS IN NEW BUSINESS – Budget – I'd like to bring this up as a discussion item at the meeting; historically, we have never produced a hard balanced budget at the beginning of a year; our philosophy has been to let our accounts increase and decrease over the years with the notion that we would like to keep a balance of about \$60K on hand at any time; this has given us the flexibility to increase individual membership fees in \$5 increments every few years as opposed to increasing them every year; if we now have to put together a budget, I'd like to discuss with the group how they would like to structure the budget.

Secretary – Debbie Malafsky

Nothing to report

Newsletter – Cheryl Wagner

Deadline to submit articles is December 15, 2016.

Next Newsletter slated for ~December 31 2016 release.

Registrar – Jeff Roddin

Please continue to review your club listings on the PV website (www.pvmasters.org/clubs.htm) and let me know if anything needs updating.

Thank you to all PV club reps who supported the USMS August membership drive. Potomac Valley had 118 members register in August. That compares to 32, 34, 47 for 2015, 2014, 2013, resp. In other words, more this year than the past three years combined! Three PV clubs had at least 10 members register in August:

L4S (47 members)

ARMS (16 members)

ANCM (14 members)

A special congrats to L4S for winning an award from USMS for this membership drive placing second in the country for the number of August registrations.

Individual Membership totals for this time of year:

October 31, 2014 – 2960

October 31, 2015 - 2847

October 31, 2016 – 2830 (down just slightly from last year but 4% from two years ago; vs USMS which is 3% ahead of last year)

We have 35 registered clubs (vs 33 last year). We have one new Workout Group with LifeTime Swim Mid-Atlantic (Gaithersburg).

For 2017, USMS has raised their portion of individual membership fees by \$2. We have agreed to absorb this increase and keep dues the same to members (i.e. we have reduced the 2017 PV portion by \$2), but most likely will need to raise our dues starting with the 2018 registration year. For 2017 the \$45 total individual registration fee will breakdown to \$41 to USMS and \$4 to PV. Our last increase was in 2014 when we raised the fee from \$40 to \$45 (in 2014 the split was \$35 to USMS and \$10 to PV).

Also, the structure of the reduced end of year fee will change beginning next year. Currently the procedure is to offer a reduced fee if you join in Sept or October. Starting next year, the fee will be the same all year. However, if you join after July 1 you will get a discount if you register for the current year AND register for the following year. There will be incremental \$5 breaks in the fee after July 1, then August 1, then September 1, then October 1. All of these fees relate to the USMS portion. PV will have to decide how we want to handle our portion. Since our portion is so small, we may want to just keep it flat all year. I can make a suggestion for us to discuss at the March meeting.

For 2017, USMS has raised their portion of club membership dues from \$25 to \$41. At convention we agreed to absorb this increase and keep dues the same to clubs (i.e. by reducing the 2017 PV portion by \$16 per club).

As of today, 29 clubs have renewed for 2017:

ABSC, ALEX, ANCM, ARMS, DCAC, DCRP, DCTC, DUFF, FBST, GERM, GMUP, JCCN, L4S, LMAC, MACH, MASH, MSSC, NAMI, NCYM, PMM, RIPM, RMST, SDS, SPRY, TA, TOLL, TRI3, UMAC, WAV1

As of today, 6 clubs have not yet renewed for 2017:

CPMS (does not plan to renew), DCM, HAC, MAS, SWSP (registered in MD for 2017), WAVA

Top Ten – Mollie Grover

- There were 597 individual swims submitted for the 2016 LCM season.
- From those swims, there were 8 individual national records submitted and ratified, 3 of which were also FINA world records (also submitted and ratified). A total of 7 relays were submitted, all from the UMAC Masters Terrapin Cup.

Sanctions – Peter Lee

I. APPROVED REQUESTS

Sanction #106-S009, 12/03/16 4th Annual Solstice SCM Swim Meet [submitted 09/18/16, approved 09/24/16]

II. DENIED REQUESTS

N/A

III. ANNOUNCEMENTS

- Rule change: allowed to transfer sanctions administration to another LMSC
- PVLMSC meet evaluation form: best practice

Peter distributed a Potomac Valley LMSC Meet Evaluation form. A sample can be found at the end of the meeting minutes. This evaluation is voluntary because the Sanctions Chair chooses whether to have people complete the form.

Officials – Eric Nordlund

Ray noted USMS' Officials Certification Program. USMS is offering a free certification clinic for stroke and turn officials. <http://www.usms.org/admin/lmschb/content/officialscert>

Awards – Angela Fu

Angela Fu is our new Awards chair and she will be working with Jeff Strahota and Jen to transition over very soon.

Fitness – Christina West

- Following board approval in July, we have secured a booth at the 2017 NBC 4 Health & Fitness Expo. Planning will begin for the booth in early November. If you are interested in being part of the planning group, please let me know as soon as possible.
- I expect that we will replicate much of what we did at our booth last year, applying lessons learned as appropriate.
- Beyond the planning group, we will also need a number of volunteers to staff the booth during the event (probably 3-4 hour shifts)- the weekend of Jan. 7-8, 2017; a call for booth volunteers will be sent in early December.
- We need to schedule some calls about planning and booth selection. If USA doesn't want to partner with us, we should get some material from them to distribute as well as places to swim in PG County-especially places that teach Adults to swim.

Long Distance/Open Water – Charlie Tupitza

No report.

Coaches – Frank Marcinkowski

USMS Coaches Certification

The upcoming schedule is online at: <http://www.usms.org/coach/certified/futurecourses.php>

Coach Certification Course Schedule

Course Date	Location	Levels Offered	
Nov 6, 2016	Baltimore, Md.	Level 1 , Level 2	
	<i>* This class is on a Sunday</i>		
Nov 19, 2016	Las Vegas, Nev.	Level 3	
Dec 3, 2016	Dallas, Texas		
Dec 4, 2016	Ft. Lauderdale, Fla.	Level 3	
	<i>* This class is on a Sunday</i>		
Dec 10, 2016	San Diego, Calif.	Level 3	Register Now

USMS National Coaching Seminar

USMS is sponsoring a National Coaching Seminar Nov 11-13 San Mateo, CA. All of the information, including the schedule, hotel information and presenter bios, is located at: <http://www.usms.org/content/coachclinic>
112 coaches have signed up and there over 3300 certified coaches throughout USMS.

Reminder, any board member can always attend any L4S workout at any location (except BRSC) at no cost. Contact L4S Registrar Lindsay Viellieu at lindsay.viellieu@gmail.com if interested.

Webmaster – vacant

The Jeffs (Roddin and Strahota) have made simple updates to the website since our last meeting.

Communications – Wyatt Bradbury

No report

Old Business

- PV Financial Aid - tabled indefinitely. Wyatt has enlisted Jeff to help in getting data for this and would like to present some proposals with some data.
- Webmaster-
 - Ray Novitske is the Colonies Zone webmaster and he uses WordPress. The “Colonies” website has maps and directions to different pools and more. He volunteered to work on our website using wordpress and give different people the opportunity to update their own section. Wordpress offers free templates and many technological features. Ray said he’d develop an outline send it the board for approval and then go live with it. We would need a hosting site which would cost about \$100/ year. He suggested that we don’t use National’s hosting service.
 - Jeff Strahota appointed Ray Novitske to be PV’s webmaster.
 - Motion was made by Tim Timmons to accept Ray’s proposal and seconded by Mollie Grover. The motion passed unanimously.

New Business

Convention Information

- Convention delegates voted to accept the proposal to limit the “maximum number of individual events per meet to six (6)”

2017 Recognition Fee-

- The House of Delegates (HOD) approved a \$100 fee per recognized event effective Jan. 1 2017
- Some examples of Recognition Events: Para Sr. Olympics, USA-Tris-USMS joint meet, PVLMSC-MD Sr. games. It is a meet where both USMS and non-USMS members can compete together as long as it is officiated and the USMS swimmers must be judged by USMS Standards.
- A motion was made by Jeff Roddin and seconded by Peter Lee for the Potomac Valley to pay the \$100 Recognized Event fee.
- Discussion followed, namely regarding how results are processed. Motion was amended by Jeff R (Seconded by Wyatt Bradbury) “PVLMSC will pay the \$100 recognized event fee. The results will be submitted for those swimmers who have given the meet directors a valid USMS number.”
- The motion carried with 1 against.

2017 Budget:

- USMS has tasked each LMSC to prepare an annual budget. The board agreed that Tim can develop a budget based on previous years receivables and expenditures. We don't have a due date.

Other New Business

- Ray Novitske told everyone about the swag USMS offers such as coffee tumblers, notepads, pens. etc. These can be purchased by LMSCs or clubs as recognition and "thank you" for service and volunteer work on the local level, but you can't purchase one item.
- Wyatt reminded everyone that USMS offers co-branded banners with your team logo and the USMS logo. Email Kyle Deery. More information can be found on the USMS site under communications. USMS Marketing:
 - http://www.usms.org/content/coachresources?utm_campaign=top_nav&utm_medium=local_programs

Next Meeting

March 2017 by phone. Dates: March 1-15. Wyatt has agreed to help set up doodle

Ray Novitske made a motion to end the meeting and Mollie Grover seconded. The final PVLMSC meeting was adjourned at 4:56 pm.

Tasks for the Next Board Meeting

1. Date for next Board Meeting
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2016 PV Club Counts				
<i>Last updated: 10/31/2016</i>				
Club #	Club	Full Club Name	Total	Rank
000	UC10	UC10	268	N/A
021	ALEX	Alexandria Masters Swimming	158	6
057	ABSC	Anthony Bowen YMCA Masters Swim Club	0	34
004	ARMS	Arlington Masters	161	5
063	CPMS	Central Park Masters Swimming	0	34
003	DCRP	DC Dept of Recreation & Parks	103	8
001	DCM	DC Masters	26	15
035	DCTC	DC Triathlon Club	34	13
017	DCAC	District of Columbia Aquatics Club	196	3
028	FBST	Fort Belvoir Masters	61	11
027	GERM	Germantown Maryland Masters	165	4
051	HAC	Herndon Aquatic Club	2	32
005	L4S	Lane 4 Swimming	897	1
052	LMAC	Life Time Mid-Atlantic Swim Club	7	23
038	MACH	Machine Aquatics	23	17
019	MSSC	Maryland Suburban Swim Club	20	19
030	MASH	Masters Aquatics at Spring Hill	23	17
065	MAS	Megan ALTS	1	33
012	ANCM	Montgomery Ancient Mariners	260	2
007	NCYM	National Capital Masters	4	26
020	JCCN	Northern VA Jewish Comm. Center	6	24
002	GMUP	Patriot Masters	46	12
029	PMM	Potomac Marlin Masters	4	26
009	RMST	Reston Masters Swim Team	115	7
064	DUFF	Right Duff	3	29
008	RIPM	Riptide Masters	17	20
026	SDS	Sea Devil Swimming Masters	25	16
054	NAMI	Sport & Health Tsunami Masters	64	10
059	TRI3	Sportfit Lab	32	14
062	SWSP	Swimspire	5	25
055	TA	Team America Commandos	3	29
050	SPRY	Team Swim Spray	4	26
006	UMAC	Terrapin Masters	70	9
053	TOLL	Tollefson Swimming	3	29
061	WAVA	Warrenton Masters Swim Team	11	22
043	WAV1	Wave One Swimming	13	21
			Full Members:	2830
	OEVT		One Event Members:	172
			Grand total:	3002
			Total Clubs (excluding UC10):	35
			Male (excludes OEVTs):	1449 51%
			Female (excludes OEVTs):	1381 49%

Potomac Valley LMSC Board Meeting Sign-in Sheet

Date: 10/30/2016

Location: GMU Fairfax, VA

Club	Attendee(s)
Alexandria Masters Swimming (ALEX)	RAY NAUTSKE , Stephanie Gauzens
Anthony Bowen YMCA Masters (ABSC)	
Arlington Masters (ARMS)	Ellen Hufford, Alice Shang
Central Park Masters Swimming (CPMS)	
DC Dept Of Rec & Parks (DCRP)	
DC Masters(DCM)	
DC Triathlon Club (DCTC)	
District Of Columbia Aquatics Club (DCAC)	Christine West
Fort Belvoir Masters (FBST)	
Germantown Maryland Masters (GERM)	DAVE ROBINSON
Herndon Aquatic Club (HAC)	
Lane 4 Swimming (L4S)	Frank Marinkowski, D Malachuk
Life Time Mid-Atlantic Swim Club (LMAC)	
Machine Aquatics (MACH)	
Maryland Suburban Swim Club (MSSC)	Robert Scheller
Masters Aquatics at Spring Hill (MASH)	
Megan ALTS (MAS)	
Montgomery Ancient Mariners (ANCM)	Jeff Rubin
National Capital Masters (NCYM)	LEWIS
North. VA Jewish Community Cen (JCCN)	
Patriot Masters Swim Team (GMUP)	Cheryl Wagner
Potomac Marlin Masters (PMM)	Tim Timmer
Reston Masters Swim Team (RMST)	BRIAN EVANS
Right Duff (DUFF)	Shane Duffy
Riptide Masters (RIPM)	
Sea Devil Swimming Masters (SDS)	
Sport & Health Tsunami Masters (NAMI)	
SportFit Lab (TRI3)	S Baumgarten (Beth Baumgarten)
Swimspire (SWSP)	
Team America (TA)	DALE McELHATTAN
Team Swim Spray (SPRY)	
Tollefson Swimming (TOLL)	
UMAC-Terrapin Masters (TERR)	Mollie Greer, Jeff Strakofa, Cheryl Wagner, Angelika W...
Warrenton Masters Swim Team (WAVA)	
Wave One Swimming (WAV1)	
Other	