

USMS Convention — Dallas, Texas 2017

Committee Name: NORTHWEST ZONE	Session #: 1
Committee Chair: Sally Dillon	Vice Chair: none
Minutes recorded by: Sally Dillon	Date/time of meeting: September 14, 2017 at 5:30 pm

Actions Requiring Approval by the HOD:

- 1.

Motions Passed:

1. Approve the Financial Report.
2. Eliminate the per swimmer surcharge for pool and open water championships.
3. The effective date for the elimination of the surcharge will be January 1, 2018.
4. Elect Sally Dillon as NW Zone Chair.

Number of committee members present: 29	Absent: N/A	Number of other delegates present: 1
Committee members present: Sally Dillon (PN), Ken Winterberger (AK), Sarah Welch (PN), Paige Buehler (IW), Tim Waud (OR), Mike Hamm (IW), Matt Miller (OR), Sandi Rousseau (OR), Michelle Jacobs-Brown (OR), Jane Moore (PN), Hugh Moore (PN), Ginger Pierson (OR), Jim Clemmons (SR), Homer Lane (PN), Mark Johnston (MT), Bob Bruce (OR), Carole Triem (AK), Linda Chapman (PN), Teri White (PN), Christina Fox (OR), Jill Wright (SR), Donn Livoni (MT), Jeanne Ensign (MT), Matthew Williams (AK), Aaron Norton (UT), Jim Davidson (PN), Steve Peterson (PN), Walt Reid (PN), Kathy Casey (PN)		
Jayden Howell (UT) State Representative for College Club Initiative		
Committee Members Absent: Kristina Miller, Kathy Farrell-Guizar, Will Reeves		

Minutes

The meeting was called to order at 5:32 pm. Introductions ensued.

1. The June 11, 2017 minutes were approved via email and posted on USMS website.
2. Reports:
 - a. Chair: Sally thanked Treasurer Ken Winterberger, Webmaster Hugh Moore, Zone Records Recorder Steve Darnell, and NW Zone At Large Director Sarah Welch for their hard work and service to the zone over the past year. She also thanked the leadership team members from our seven LMSCs for their participation in the three conference calls held since last convention.
 - b. Treasurer: Ken reported a balance of \$5918.92. All LMSC swimmer surcharges have been received for 2017. Sarah noted that the meet host initiates sending the meet surcharges when they finish their financial report. **MSA to approve the financial report.**
 - c. Webmaster: Hugh reported that he updates records, posts meet links, and the *Chatter*.
 - d. Zone Record keeper: Steve Darnell reported via email that the Northwest Zone Record files (LCM, SCM, SCY) are up to date through early September 2017 and are posted on the Zone website. He expressed thanks to all LMSC Records Chairs for sending him information via email when their swimmers set new Zone records. That process has been working well.
 - e. At Large Director, Northwest Zone: Sarah brought several things to our attention:
 - i. As mentioned in the HOD, there will be a reemphasis in the ALTS and coaches training. The National Office team will focus on 11 weekends during the year where a full array of the training will be done regionally. The NW Zone is widespread so if a weekend happens to be in Portland, the zone will need to work together to encourage and help coaches to get to these events (local hosts, transportation). She and Ken will discuss assistance in the finance subcommittee.
 - ii. Changes and opportunities coming forward in IT; watch for them and promote them within the LMSC.
 - iii. The College Club Initiative is an exciting move forward. Sarah encouraged us to reach out to colleges in our communities. Jayden Howell, a college club representative at convention, said there are two college

clubs in Utah, zero in Idaho, one in Oregon, two in Washington. Send contact info to Jayden at jayden.howell853@gmail.com. He can serve as a college club liaison and mentor.

- iv. Sarah encouraged everyone to participate in the speed dating Saturday so we can meet the national office staff.

3. Old Business:

- a. Zone Championship meet update.
 - i. SCY – Federal Way, WA, Blue Wave Aquatics host, 287 entries.
 - ii. Open Water – Lake Washington, Seattle, WA, Fat Salmon, ORCA host, 289 entries
 - iii. LCM – Gresham, OR, Oregon Reign Masters host, 109 entries.
 - iv. SCM – Hood River, OR, Columbia Gorge Masters host, November 11/12.
- b. Samples of the new ribbons, with the revised logo, were passed around.
- c. Blue Wave Aquatics (PNA) is hosting the OW National Championship at Angle lake in SeaTac, WA on September 23. It is the 1-mile sprint distance; entries are still open.
- d. *The Chatter*: The September issue deadline is Friday 9/22.
- e. Zone Logo revision: Four versions were distributed by email. A vote was taken and it was agreed that the new logo would use state names like our old logo, as opposed to using LMSC names or initials. Also approved was the compass rose design with “Northwest” in the upper left quadrant, “Zone” in the upper right quadrant, and the state names in the lower half.
- f. Finance subcommittee report: Sarah reported that currently the zone has two sources of income – the zone surcharge of 50¢ per registered swimmer as of May 1 and \$1 per swimmer entered in zone meets (only 50¢ for open water events). Sarah, Ken, and Susie Young were appointed last year and asked to look at finances since the zone has been collecting more than is needed to meet our expenses. They presented two proposals:
 - i. Eliminate the meet surcharges for ribbons.
 - ii. Provide financial grants, which were approved some years ago, and do a better job of promoting them.Money needs to be included in the next budget for this purpose.

There is a grant request form at the bottom of the zone webpage. Jill expressed concern that there would not be adequate funding for assisting the two small LMSCs, Montana and Snake River, but was reassured that sufficient funds would be available. **MSA to eliminate the per swimmer surcharge for pool and open water championships. MSA that the effective date of the elimination of the surcharge will be January 1, 2018.** Ken, Sarah, and Susie will work on a more robust description of the grants and present it at the December meeting. Sally and Sarah will get the changes into the Zone Policy document.

4. New Business:

- a. NW Zone Chair Election: As past zone chair, Tim Waud took over the meeting to conduct the election. Sally stated that she would like to continue as Zone Chair and was nominated. There were no other nominees. **MSA to elect Sally Dillon as NW Zone Ch.**
- b. Zone Championships: Bidding for 2018 events will take place at the December meeting with bids due to Sally on December 1. The rotation schedule and potential bidders are:
 - 1) SCY - other than OR & PN: Montana is interested; meet would be sometime in March
 - 2) LCM - open to any LMSC: Montana is hoping the money will be in the budget to correct the length of their 50-meter pool in Missoula. Snake River may be a backup for LCM. Oregon might bid for a LCM meet at Mt. Hood Aug 17-19, 2018.
 - 3) OW – SR: Jill said that last time they hosted, no one came from outside of the LMSC. They have a race that will likely be in early June; water temp is ~70 degrees.
 - 4) SCM – PN: PSM will bid for their meet, which is scheduled for November 17/18.

5. LMSC Reports – additional information that wasn’t included in written reports

- a. Alaska – held several training sessions and stroke clinics last fall, which were well attended.
- b. Inland Northwest – correction to report forthcoming.
- c. Montana – hope to go live with new website in 2 weeks; received great help from Matt Miller.
- d. Oregon – Successful ALTS programs have been held in Hood River and Corvallis. Bob shared flyers about three National Open Water Championships 2018 and a 2-mile postal relay.
- e. Pacific Northwest - none
- f. Snake River - none
- g. Utah – none

6. Convention “hot topics”: Jeanne said that the finance committee looked closely at legislation proposal L-7. It strikes 508.2, which gives permission to the HOD to approve the budget. The rule is duplicative and she encourages everyone to approve striking it. This will not take the power of the HOD away. Ginger said that the proposal for adding 25-yard and meter events has been voted down at the committee level. Mike Hamm said that we need to raise more money to teach more people to

swim. Our organization can make a big difference. Grants from ALTS come from Swimming Saves Lives donations. A question was posed: if they are limiting the grants, why give more money? Walt is in favor of R-9; we need the quality that automatic timing provides. If we have a meet with manual watches, it must be stated in the meet information that times would count for top ten but not records.

7. Other business: Kathy suggested (and takes on) getting zone leadership history for the zone chair, treasurer and webmaster. Matt Miller offered his help with websites. Likewise, Sally asked that people contact her when in need of help and she can partner them with mentors from other LMSCs.

Tasks for the Upcoming Year

1. Update the policies
2. Revise grant description
3. Accept bids for 2018 zone championship events
4. Take a fun trip in the zone jet!

The meeting was adjourned at 7 pm.

LMSC REPORTS

Alaska LMSC Convention Report

Membership (as of 14 Sep): 355

Number of Clubs for 2016-2017: 2 – Baranof Barracudas Swim Club accidentally registered as a club rather than a workout group

Number of Workout Groups for 2016-2017: 11, **not** including Baranof Barracudas Swim Club

Elected Officers:

Chair - Ken Winterberger

Vice Chair-Stan Steck

Secretary - Ken Winterberger

Treasurer - Stan Steck

Next elections to be held in February 2019. We have several volunteers who have expressed interest and will be stepping into AK LMSC executive committee positions in the next month.

Events held in 2016:

Juneau Time Trial # 3 – 17 January 2016, 6 swimmers

AKMS SCY Champs – 27-28 February 2016, 76 swimmers

Change Your Latitude, Sitka Sound Open Water Swim – 6 August 2016, 35 swimmers

Valdez Masters Time Trial, 12 November 2016, 16 swimmers

Events held in 2017:

AKMS SCY Champs – February 2017, 66 swimmers

Change Your Latitude, Sitka Sound Open Water Swim – 15 August 2017 43 swimmers, 6 “naked”

10 K – 13 swimmers, 1 “naked”

6 K – 5 swimmers

3 K – 16 swimmers, 3 “naked”

1 K – 9 swimmers, 2 “naked”

Upcoming Events:

2017 Fairbanks Masters Holiday Splash Invite – 12 November 2017

AKMS – SCM Champs - December 2017

AKMS – SCY Champs - February 2018

Change Your Latitude, Sitka Sound Open Water Swim – August 2018

Notable

18 SCY Top Ten swims by 5 people for 2016 season – 17 SCY Top Ten swims by 5 people for 2017 season – 3 LCM Top Ten Swims by 1 person for 2016 Season

Two 2017 USMS All-American (Pool)-Rick Abbot & Jakub Jiracek.

4 Participants at SCY Nationals – 3 Participants at Worlds Masters in Budapest

Inland NW LMSC Convention Report

Membership (as of 1 Sep): 387

Number of Clubs for 2016-2017: 18

Elected Officers:

Chair-Matt Bronson

Vice Chair-Michael Hamm

Secretary-Kathy Farrell-Guizar

Treasurer-Wes Bratton

Next elections to be held in April 2019

Events held in since 2016 convention:

NW Zone SCM Champs Meet-November 2016

CWU Meet, Ellensburg, WA-January 2017

Spring Splash Meet, Coeur d' Alene, ID-February 2017

Inland NW LMSC Championships, Moscow, ID-April 2016

Upcoming Events:

None sanctioned yet.

Notable Items:

First USMS Officials Clinic conducted by Terri White at Kroc Center, Coeur d' Alene, ID, January 2017

Michael Hamm notified to be recipient of Kerry O'Brien Grass Roots Coaching Award for 2017.

26 SCY Top Ten swims by 8 people for 2016 season.

One 2017 USMS All-American (Pool)-Lorna G Henry.

Montana LMSC

September 11, 2017

We currently have 252 members registered for 2017 (291 in 2016).

We have 5 clubs, one of which is a regional club, and four that are more centralized. The regional club recently voted to change their name to Big Sky Masters Swim Club (BSMT), from Montana Masters, to help alleviate the confusion because the club name is too similar to the LMSC name. The new name will take effect for the new registration year.

The LMSC elected new officers in March. They are: Jeanne Ensign, President; Dick Weber, VP; Keegan Witt, Treasurer; and Edie Van Buskirk, Secretary (appointed in May). Other voting board members are Donn Livoni, Immediate Past President; Glenn DeHekker, BSMT Swim Club rep; Emily Von Jentzen, KATS Club rep; Mark Johnston, FLOWS Club rep; and Audrey Wooding, Bozeman Club rep.

The target date for our new website to live is September 22.

KATS Masters hosted the 3rd Annual Flathead Lake Swim Series in July in Flathead Lake with distances of ½ mi, 1 mi, 5k, and 10k. Thirteen swimmers completed all four events.

We held USMS stroke development clinics in August in Bozeman and Missoula with Bill Brenner. Emily von Jentzen was additional coach on deck for the Missoula clinic.

Ongoing events:

- The USMS Check-Off Challenge, the 18-event fitness challenge (hosted by FLOWS).
- The USMS Postal Swimtathlon League that takes the Check-Off Challenge to the next level with times, awards and standings (hosted by FLOWS).

Upcoming events:

- The 2018 SCY Championships will be held in March. The host club, BSMT, is securing dates and a pool.

On July 30 Emily von Jentzen became the first person to swim the length of Flathead Lake, down and back. 56 miles. 40 hours. John Cole who became the sixth person to swim it one way joined her on the return trip, Polson to Somers. Congratulations to Emily and John!

Oregon LMSC Convention Report

Membership (9/7/2017): 1,192

Number of Clubs for 2017: 7

Elected Officers:

Chair-Tim Waud

Vice Chair-Robbert van Andel

Secretary-Michelle Jacobs-Brown

Treasurer-Kermit Yensen

Next election to be held October 2017

Events held in 2017:

Oregon City SCM Dual Sanction Swim meet-March 2017

Adult Learn-to-Swim-Hood River, Corvallis, and Oregon City-April 2017

OMS SCY Association Champs -April 2017

Oregon Senior Games SCY-June 2017

Foster Lake USMS 2-mile Cable Swim OW National Championship-June 2017

Portland Bridge Swim OW (10.7)-July 2017

Applegate Lake Swim OW (10K)-July 2017

Elk Lake USMS 5K OW National Championship-July 2017

Eel Lake Swim OW-August 2017

Gil Young Memorial/OMS LCM Association Champs/NW Zone LCM Champs-August 2017

Upcoming Events:

OMS Stroke Clinic-October 2017

Corvallis, Oregon

OMS Freestyle Clinic-October 2017

Eugene, Oregon

OMS Breaststroke Clinic-November 2017

Oregon City, Oregon

NW Zone SCM Champs -November 11-12, 2017

Hood River, Oregon

COMA All-Around SCM Meet-December 10, 2017

Bend, Oregon

USMS Ultra marathon (10.7mile) OW National Championship-July 2018

Portland, Oregon

USMS 2-mile OW National Championship-July 2018

Sweet Home, Oregon

USMS Marathon (10K) OW National Championship-July 2018

Jacksonville, Oregon

Notable

2016 Long Distance All-Stars-6 (of 20)

144 SCY Top Ten times for the 2017 season

2017 USMS Summer Nationals- 28 Oregon, 19 Zone, 8 National, and 8 World Records set.

2017 USMS All Americans (Pool)-5

Pacific NW LMSC Convention Report

Membership (as of Sept. 7): 1642

Number of Clubs in 2017: 10; PSM has 32 workout groups

Elected officers:

President – Sally Dillon, Vice President – Zena Courtney, Secretary – Jay Pearson, Treasurer – Arni Litt,

At Large Directors – Kathy Casey & Isaac Contreras Sandoval (also serves as Social Media coordinator)

Other officers:

Past President – Michael Grimm, Bylaws – Hugh Moore, Meets – Linda Chapman, Membership – Stephanie Hiebert,

Open Water – Jim Davidson, Appointed Directors – Bob DeWard & Sarah Welch (also serves as Fitness coordinator)

Club Directors – Kim Boggs & Lisa Dahl, Club and Coach Services – Steve Peterson (also serves as Webmaster)

Non-voting board members

Awards – Kerry Ness, Coaches – Wendy Neely, Historian – Walt Reid, Newsletter – Lucianne Pugh, Officials – Teri White,

Records & Top Ten – Doug Jelen

Events held “west of the Cascades” since 2016 convention:

SCY - Bainbridge Island, Oct. 8, host - Bainbridge Aquatic Masters

SCY – Snohomish, Oct. 30, host - Snohomish Aquatic Center
SCM – Federal Way, Nov. 19/20, PNA champs, host - Puget Sound Masters
SCM – Anacortes, Feb. 4, host - Thunderbird Aquatic Club
SCY – Kirkland, Feb. 19, host - Lake Washington Masters
SCY - Port Angeles, March 5, host - Port Angeles Swim Club
SCY – Federal Way, April 8/9 - PNA and NW Zone champs, host - Blue Wave Aquatics
LCM – Seattle, July 6-8, dual sanctioned Senior Seattle Open, host - Greater Seattle Swim Association
OW – Tacoma, June 3, Swim Defiance in Commencement Bay, host - Blue Wave Aquatics
OW – Langlely, June 17, Whidbey Is. Adventure, Saratoga Passage, host - South Whidbey Island Masters
OW – Seattle, July 15, Fat Salmon Swim, Lake Washington, NW Zone Champs, host - ORCA

Upcoming Events:

OW – Seatac, Sept. 23, Last Gasp of Summer, Angle Lake, USMS 1-Mile Championship, host - Blue Wave Aquatics)
SCY – BAMFest, Bainbridge Island, October 14
SCY – Snohomish Aquatics Meet, Snohomish, November 5
SCM – Puget Sound Masters SCM Champs, Federal Way, November 18/19

2018 events recently approved for calendar:

SCM – Bellevue, January 21, 1500 free only
SCM – Anacortes, February 4
SCY – Kirkland, February 18
SCY – Port Angeles, March 11
SCY – Lake Stevens, March 18, Pentathlon
SCY – Federal Way, April 14/15, PNA Champs

Notable

Blue Wave Aquatics and PNA are proud to have the USMS Sprint Distance (1-mile) Open Water National Championship taking place in Western Washington. This is the first open water NC ever to take place in the state. It is being held at Angle Lake in Seatac on Saturday, September 23. **Be There or Be Square!** Entries close 9/21 at midnight Pacific.

Snake River LMSC Convention Report

Membership (as of 1 Sep): 151

Number of Clubs for 2017: 8

Officers:

Chair	Jim Clemmons
Vice Chair	Jeff Erwin
Secretary	Suzy Cavanagh
Treasurer	Brigitta Gruenberg
Registrar	Jill Wright
Sanctions	Paula Moores
Top Ten	Ellen Reynolds
Coaches	Rick McQuet
Officials	Jeff Erwin
Editor	Bruce Crist
Webmaster	Rick McQuet
Fitness	Lisa Galane
Open Water	Brigitta Gruenberg

Next elections to be held in Summer 2018, specific date TBD.

Events held in 2017:

Two SCY dual sanctioned (USA-S/USMS) meets, one at West Y in Boise, one at Nampa Y.
Two LCM dual sanctioned (USA-S/USMS) meets both held at West Y, Boise.
Two Open Water swims.

2017 Upcoming Events:

Thanksgiving SCY Meet at West Y, with USA-S dual sanction. Date TBD

Notable results:

36 SCY Top Ten swims by 10 swimmers for 2017 season, 5 All-Americans.
22 SCM Top Ten swims by 4 swimmers for 2016 season, 3 All-Americans.

33 LCM Top Ten swims by 6 swimmers for 2016 season, 3 All-Americans.

LMSC status update:

The Snake River LMSC is working on updating its by-laws to conform to the current LMSC standards and will complete the necessary upgrades prior to the end of the 2017 year.

Utah LMSC Convention Report

Membership (estimated): 300+

Number of Clubs for 2016-2017: 13

Elected Officers:

Chair-Karen Oliver

Vice Chair-Vacant

Secretary-Michael Flitton

Treasurer-Lynn Nichols

Next elections to be held in September 2017

Positions current members are retiring from (to be voted on in 9/2017):

Karen Oliver – Chair

Dennis Tesch – Records

Lynn Nichols – Treasurer

Vacant – Vice Chair

Events held in 2017:

Ski-N-Swim Meet – February 2017

Olympus Aquatic Spring Meet Meet-March 2017

Utah Masters State Championships-April 2017

Utah Summer Games (Recognition)-June 2017

Great Salt Lake Marathon Swim (not USMS sanctioned) – June 2017

Bear Lake Monster Marathon Swim (not USMS sanctioned) – July 2017

Deer Creek Marathon Swim (not USMS sanctioned) – August 2017

Upcoming Events:

1st Annual Mile High SCM Invitational (new pool)-September 2017

11 Annual SDRC Master Meet-Veterans Day Special (honor USMS Veterans)-November 2017

Notable

- South Davis Masters team building event: One of their team member's wife was diagnosed stage 4 pancreatic cancer. As a team they raised funds and went to their home, re-landscaped their yard, and built a custom deck. They had a great turnout and it was a great team-building experience!
 - South Davis Masters swimmers organized an Open Water Tour of Utah Lakes. They swam 1 mile in 6 lakes in one day. The event began with 25 swimmers and as the day went on ended with 8 swimmers that did all 6 lakes. Total swim distance was approximately 6.6 miles and over 300 miles driven.
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