

Minnesota Masters Swimming - Board Meeting Minutes

Items	Discussion
1. Attendees:	<p>Brian Holthus – Chair Tom Moore – Vice Chair Katy Vandam – Treasurer</p> <p>Karen Zemlin – Sanctions / Officials Sandra Frimerman – Safety / Open Water Dave Bergquist – Webmaster Reed Steele – Affiliated Organizations</p> <p>Reed Steele (via phone)</p> <p>Held Saturday, October 12 at 5:30pm</p>
2. Agenda	<p>Minnesota Masters Swimming Committee Annual Meeting October 12, 2013 - Agenda</p> <p>ANNUAL MEETING</p> <ol style="list-style-type: none"> 1. Introduce Board of Directors 2. 2013 Goals & Accomplishments 3. 2012/2013 Events Review 4. Coach Participation Award 5. USMS Service Award 6. Elections for 2014 <p>AWARDS BANQUET</p> <ol style="list-style-type: none"> 7. Open Water Half Marathon 8. Congeniality Awards 9. Silver Swimmers Club 10. Most Training Miles 11. Oldest & Youngest Competitors 12. Most Splashes 13. National Champions 14. State Record Breakers
3. Annual Meeting & Awards Banquet	<ul style="list-style-type: none"> • Thank you to Social Chair Louise Buckler, and banquet planning committee members Katy Vandam, Karen Zemlin and Tom Moore. Special Thanks to swimmer Abby Brau for making the cupcakes! • According to United States Masters Swimming (USMS) Rules and our bylaws, Minnesota Masters Swimming must hold an annual meeting open to all members • We wish to increase visibility of this meeting by pairing it with an awards banquet. Our hope is that the increased attention will result in increased participation, helping to make our organization even better at serving all of our members • We need your help! Give us your ideas; both ideas for events and programs for the board of directors to take on and also ideas for awards

Minnesota Masters Swimming promotes swimming throughout our region* as part of a healthy lifestyle for adults of all swimming experience levels, from novice to expert. We have a wide range of programs for all adult swimmers (fitness, triathlete, competitive) that provide organized workouts, technique instruction and skills development, opportunities for pool or open water competition, as well as opportunities for community involvement. We relish the camaraderie of fellow swimmers as we support each other in striving to reach our personal goals.

* Our region consists of Minnesota and the western Wisconsin counties of St. Croix, Dunn, and Pierce

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<p>4. Introduce Board of Directors</p>	<p>Elected Positions - Officers (Executive Committee members)</p> <ol style="list-style-type: none"> 1. Chair: Brian Holthus* 2. Vice-Chair: Tom Moore* 3. Treasurer: Katy Vandam* 4. Secretary: Tricia Wallace* 5. Registrar: Pam Ogden* <p>Appointed Positions - Directors</p> <ol style="list-style-type: none"> 6. Coaches: Tricia Wallace 7. Sanctions: Karen Zemlin 8. Officials: Karen Zemlin 9. Safety: Sandra Frimerman 10. Top Times: Mike Abegg* 11. Meet Management: Mike Abegg* 12. Webmaster & IT: Dave Bergquist 13. Fitness, Training & Skills: Tricia Wallace 14. Pool Competition: Tom Moore* 15. Open Water Competition: Sandra Frimerman 16. Community: Tom Moore 17. Social: Louise Buckler 18. Affiliated Org. Outreach: Reed Steele 19. Member Communication: Pam Ogden <p>* indicates open position for 2014</p>
<p>5. 2013 Goals & Accomplishments</p>	<p><u>Executive Committee</u></p> <ul style="list-style-type: none"> • Increase Membership by 10% from 1,047 to 1,150 • Meet USMS “LMSC standards” ✓ • Increase involvement of Coaches in Board Meetings and event planning <p><u>Social</u></p> <ul style="list-style-type: none"> • Host an awards banquet / annual meeting event ✓ • Develop MN Masters Hall of Fame <p><u>Fitness, Training & Skills</u></p> <ul style="list-style-type: none"> • Host 6 successful group workouts and clinics ✓ • Promote Fitness Log Mileage (F-Log’ing) ✓ <p><u>Pool Competition</u></p> <ul style="list-style-type: none"> • Host 8 successful meets during the year ✓ <p><u>Open Water Competition</u></p> <ul style="list-style-type: none"> • Host zone championship open water event • Continue “Open Water Half Marathon” Series ✓ <p><u>Community</u></p> <ul style="list-style-type: none"> • Host a free swim lesson event

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<p>6. 2012/2013 Events Review</p>	<p>Pool Meets & Postal Events</p> <ul style="list-style-type: none"> • Nov– Dec Postal Pentathlon (Brian Cohn) • Nov Fall Meet – Minnetonka (Barb Scouler) • Dec “HS Throwback” @ Burnsville (Andrew Michelson) • Jan Icebreaker Meet @ U of M (Tom Moore) • Feb Meet @ St. Thomas - Y’s Guys (Brian Holthus) • Mar Spring Splash – Hopkins (Scott Tripps) • Apr State Meet @ St. Thomas (Tom Moore) • May Long Course Meters Meet @ U of M (Katy Vandam) <p>Open Water Swims</p> <ul style="list-style-type: none"> • June Lake Harriet 1mi + 2mi (Scott Tripps) • July Minnetonka Challenge 5mi (Scott Tripps) • Aug Lake Rebecca 5K (Scott Tripps) • Sep JJ Hills 2mi + 1mi (Scott Tripps) <p>Group Workouts & Clinics</p> <ul style="list-style-type: none"> • Jan Workout + Dryland (Marty Moran) • Feb Hopkins Group Workout (Scott Tripps) • Mar Starts and Turns Clinic (Ness Madeiros) • June Long Course Group Workout (Dave Cameron) • Oct Postal 3000/6000 Workout (Ness Madeiros) • Nov Postal Pentathlon Workout (Marty Moran)
<p>7. Coach Participation Award</p>	<ul style="list-style-type: none"> • One of our goals is to increase participation of coaches in the board of directors and in event planning. • The board wants to thank one coach who has been very active this year and present Scott Tripps with a \$50 gift card to Ben and Jerry’s Ice Cream Scoop Shop – Congratulations Scott!
<p>8. USMS Service Award</p>	<ul style="list-style-type: none"> • At the recent USMS National Convention, our own Tom Moore was presented with the Dorothy Donnelley Service Award – congratulations Tom!

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<p>9. Elections for 2014</p>	<ul style="list-style-type: none"> • All 5 Officer Positions are Due for Elections this year; each is a 2 year term • The 3 Officer Positions that include check writing authority (Chair, Vice-Chair and Treasurer) are term-limited positions; no individual may serve in the same position for longer than 2 terms (4 years) • Secretary and Registrar and not term-limited positions • Each position has one nominee, put forward by the Board Election Committee, chaired by Past Chair Brian Cohn • We will consider each position one at a time. • Registrar: Currently Serving Pam Ogden, Nominee Pam Ogden. Tom asked 3 times for nominations from the floor – there were none. It was moved and seconded to elect Pam by acclamation. The motion passed. • Secretary: Currently Serving Tricia Wallace Lilleberg, Nominee Reed Steele. Tom asked 3 times for nominations from the floor – there were none. It was moved and seconded to elect Reed by acclamation. The motion passed. • Treasurer: Currently Serving Katy Vandam (service the balance of Nancy Kryka’s term) Nominee Katy Vandam. Tom asked 3 times for nominations from the floor – there were none. It was moved and seconded to elect Katy by acclamation. The motion passed. • Vice-Chair: Currently Serving Tom Moore, Nominee Tricia Wallace Lilleberg. Tom asked 3 times for nominations from the floor – there were none. It was moved and seconded to elect Tricia by acclamation. The motion passed. • Chair: Currently Serving Brian Holthus, Nominee Tom Moore. Tom recused himself due to conflict of interest. Brian asked 3 times for nominations from the floor – there were none. It was moved and seconded to elect Tom by acclamation. The motion passed.
<p>10. Awards Banquet</p>	<ul style="list-style-type: none"> • We want to acknowledge fast swimmers and the swimmers who achieved them, but we also want to acknowledge people who aren’t necessarily fast but show up and put in the work and share in the fun.

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<p>11. Open Water Half Marathon</p>	<p>Swimmers who completed 1 mi + 2mi at Lake Harriet, 5 mi at Lake Minnetonka, 5K (3.1mi) at Lake Rebecca, and 2mi at JJ Hills have swum 13.1 total miles and completed the Twin Cities Open Water Half Marathon series</p> <ul style="list-style-type: none"> • Ellen Agren • Jon Agren • Landon Ascheman • Elizabeth Barnett • Abbey Brau • Haley Chatelaine • Sandra Frimerman • Carrie Gundersen • Mary Hauff • Sarah Hunter • LeAnne Johansen • Alexandra Jones • Gordon Kaufmann • Mara Koeller • Angel Luther • LeeAnn Mateffy • Jane Morris • Annette Paradise Allen • Kevin Pollman • Anders Ringdahl-Mayland • Vince Schaper • Brian Soltis • Karen Zemlin
<p>12. Congeniality Awards</p>	<p>We asked each coach or club rep to nominate a member of their club who makes swimming fun – someone people are happy to see at workout; they may not be the fastest swimmer on the team, but they add to the camaraderie</p> <ul style="list-style-type: none"> • Marise Widmer • Dan Tripps • Tom Paul • Randy Ness • Marty Moran • Mary Gosslein • Bob Garnaas • Beth Dalton • Jon & Ellen Agren
<p>13. Silver Swimmers Club</p>	<p>If you have been a Masters Swimmer for 25 years or more, we want you to have a silver MN Masters cap. Due to inconsistent record keeping over the years, this is a “self nominated” award – please let us know if you qualify!</p> <ul style="list-style-type: none"> • Brian Holthus

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14. Most Training Miles	<p><u>Swimmers who logged a mile per day or more for 2012 via “Go The Distance” Fitness Log</u></p> <ol style="list-style-type: none"> 1. Karen Zemlin, Hopkins 784mi 2. Christine Friedlander, Minnesota 659mi 3. Terrell Brown, Minnesota 583 mi 4. Joseph Fang, Unattached 570mi 5. Timothy Beach, Hopkins 517mi 6. Omar Awad, North Suburban 501mi 7. Carrie Stolar, Hopkins 461mi 8. Jeff Armstrong, Mineesota 447mi 9. Katie Melmer, Hopkins 392mi
15. Oldest & Youngest Competitors	<p>Dan Brown, 85years, 106days @ State Meet Carol Smollen, 69years, 87days @ Icebreaker</p> <p>Jack Nieters, 18years, 210 days @ State Meet Kiersten Caine, 20years, 297days @ Hopkins</p>
16. Most Splashes	<p><u>King & Queen of Chlorine (Most Pool Meets)</u> Randy Schlichting & Randy Ness – 7 Krisie Melson – 7</p> <p><u>Most Events at State Meet</u> Marty Moran – 16 Jessamyn Foley – 17 (the most possible!)</p> <p><u>Walleye Goggle (Open Water Splashes)</u> Landon Ascheman – 8 Karen Zemlin – 8</p> <p><u>Black Line Buddy (Pool Individual Splashes)</u> Randy Ness – 30 Krisie Melson – 34</p> <p><u>Team Player (Pool Relay Splashes)</u> Jim Hafdahl – 9 Katy Vandam – 11</p> <p><u>Utility Infielder (at least one each Individual, Relay & Open Water)</u> Patrick Parish – 29 Karen Zemlin – 30</p> <p><u>Soaking Wet (Total Splashes – Individual + Relay + Open Water)</u> Randy Schlichting & Randy Ness – 32 Krisie Melson – 42</p>

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<p>17. National Champions</p>	<p><u>FINA Pan Am Maters</u> Pete Magee, M75-79</p> <ul style="list-style-type: none"> • 200 Back <p><u>USMS Summer (LCM) Nationals</u> Brian Jacobson, Minnesota, M40-44</p> <ul style="list-style-type: none"> • 50 Free • 100 Free • 50 Fly <p><u>USMS Spring (SCY) Nationals</u> Luke Johnson, Hopkins, M30-34</p> <ul style="list-style-type: none"> • 1650 SC Free <p>Katy Coombe, W30-34</p> <ul style="list-style-type: none"> • 100 Free • 200 Free <p><u>YMCA Masters Nationals</u> Jessica France, W35-39 50 Free</p> <ul style="list-style-type: none"> • 50 Breast • 50 Fly • 100 IM <p><u>Open Water & Postal</u> James Steward, M55-59 3-6 mi Open Water Nationals</p> <p>Babs Larson, W65-69 6000y Postal Nationals</p> <p>Nancy Kryka, W55-59 10,000m Postal Nationals</p> <p><u>National Record</u> Brian Jacobson, Minnesota, M40-44</p> <ul style="list-style-type: none"> • 50 Free 23.60 (old record = 24.14) <p><u>2013 Minnesota Records</u> Oldest Record in the Book Sky Boggio, M18-24 1650 Free (1975)</p> <p>MN Records in SCY, SCM, <u>and</u> LCM Marc Anderson Babs Larson</p>
<p>18. State Record Breakers</p>	<p>The list of all 2013 state records were displayed at each table.</p>