

Committee Name:	Long Distance	Session #: 1	Report #: 1
Committee Chair:	Phyllis Quinn	Vice Chair:	Catherine Rust
Minutes recorded by:	Tim Murphy	Date/time of meeting:	05/19/2024 at 8pm ET

Actions Requiring Approval by the HOD:

1. N/A

Motions Passed:

1. Proposal to move the 10k OWNC swim event from Lake Del Valle to Shadow Cliffs: all in favor 7 (all present)

Number of committee members present 7	Absent: 3	Number of other delegates present: 1
Committee members present: Phyllis Quinn, Tim Murphy, John Fox, Nicki Phillips, Stephen R, Bob Bruce, Jenny Hodges.		
Absent: John D, David Miner, Catherine Rust, Jim Davidson		
Ex-Officio members present: Robin Smith, Jay Eckert		

Topic: LDC Meeting – March 24, 2024

The meeting was called to order at 8:00pm ET:

2. Welcome and roll call.

3. Reports from the chair (Phyllis) and vice chair (Catherine) and vice president (Robin) and USMS National Office (Jay)

- A. (Phyllis)The Middle Distance OWNC at Lake Berryessa is ready to go. I will get an update on the number of swimmers and email the committee.
- B. (Phyllis), Tim- Update on the Marathon Distance swim at Lake Del Valle. The swim is moving from Lake Del Valle to Shadow Cliffs because of the water quality at Del Valle. Shadow Cliffs is in the same area, 13 miles from Lake Del Valle. It is a former rock quarry nearby. There is a beach, there are restrooms, and similar facilities. Bill will re-do the maps and event information to make this event happen. Instead of 4 loops it will be 5 loops (slightly smaller lake). Same lifeguards, there will be a feeding boat.
 - 0. Proposal to move the event from Lake Del Valle to Shadow Cliffs: all in favor 9 (all present)
- C. Robin: Executive Committee looking at annual meeting this year—all virtual.
 - 0. LDC forum on Tues Sep 3 (tentative)
 - 1. Ed would like the 3 legislative committees to combine their time for a forum and meeting combined (so a LDC forum and meeting in one session). This is something Robin and Phyllis will consider separately.
 - 2. The normal LDC meeting would be the last Sunday of August; we will likely move to Sunday Aug 18, or combine with the session as part of the national meeting.
- D. Jay:
 - 0. 2024 OWNC: shipments are in progress for banners, medals/patches, caps, and partner items.
 - 1. 2025 OWNC: Met with USA Swimming and the host team (Sarasota Sharks) during their recent OW Nationals. They are trying to lock in dates with Benderson Park for next April and are planning to include USMS.
 - 2. 5K/10K underway; 43 swimmers registered so far.

4. Working groups – reports (please send your report to all in advance)

- A. 2024 Rules/Legislation –Jim, Steve, Bob B, John F – the committee has considered all the proposed rule changes. Jim will work on the final format for the annual meeting submission.
- B. Administration/ Liaison of Virtual and OWNC’s events- Tim, Jenny, and Phyllis
- C. PARA – Jim and Nicki; Patches & Awards – National Office; All-Americans (AA) - Men –, Bob B; (AA) Women –Jenny, Tim; (AA) Relays – Phyllis, Records – James, All-Stars – TBD; Postal Series – **TBD**, Virtual Series Recognition: Catherine, Jenny
- D. Review of Bids for future LD events. –Update on location for 2025-(Jay) Phyllis will contact the previous hosts for the cable and the ultra-marathon events to see if they want to bid for 2025.
- E. LDNC and Open Water Service Awards – Bob B, Catherine, Stephen- Jay will check is an email went out to the LMSC’s. Everyone please promote getting nominations for these awards.
- F. Updating Guidelines and Educational Resources for Open Water Events- **NEW**. Members TBD

Goals for 2024: The Executive Committee has been putting together a list of 2024 priorities/goals for our committees. Here are some draft priorities/goals for the LDC:

1. Develop a plan to increase the number of USMS sanctioned open water events
2. Look for more prominent venues for Open water National championships
 - Clarify Open water strategy between LDC and NO
 - 1-3mi OWNC weekend festival concept already in discussion
 - Clarify NO role regarding the OWNC bid process, at least for shorter events.
3. Remove the operations and procedures from Rule Book and update Guide to Operations documents.
4. Clarify LDC roles and responsibilities and those of National Office.

New Business-

2024 LDC Championships. Liaisons assignments

Below is a list of the 2024 LD OWNC events. When assigned, each lead liaison will please give a brief written report on the status of their event (sent to the full committee prior to the conference call – Friday at latest for SUNDAY calls). LIAISONS—PLEASE CHECK YOUR EMAIL EARLY AND OFTEN FOR MESSAGES.

2024 Long Distance National Championships:

- June 1: USMS Middle-Distance Open Water Nationals: Lake Berryessa, CA. lead liaison- Phyllis..Back up- Nicki
- June 8: USMS Marathon-Distance Nationals: Lake Del Valle, CA. Liaison Tim, backup Phyllis
- July 20: USMS Sprint-Distance Open Water Nationals: Stillwater, MN. Lead Liaison Jenny, backup Catherine
- July 21: USMS Long-Distance Open Water Nationals: Stillwater, MN. Lead Liaison Jenny, backup Catherine

USMS is also hosting five virtual championships: the 1-Hour Virtual Championship Jan. 1–31, the 5K/10K Virtual Championships May 15–Sept. 15, and the 3000/6000-Yard Virtual Championships Sept. 15–Nov. 15.

Other business for the good of the order

Next Call: **June 30, 2024**

Projected List of Dates for 2024 LDC Calls:

January 28

February 25

March 24 One week early to avoid Easter Sunday

April 28

May 26

June 30

July 28

August 25

LDC Approximate High-Level Timeline Items by Month: A work in progress

January:

New OWNC season registrations open

initiate work on new goals

Assignments for working groups

February:

send out award nomination requests

begin to consider rules changes

March through May:

Review bids and documents for next year

consider rules changes

updates on LD NC events progress

June:

Prepare next year's events

finalize rules proposals

finalize award nominations

thick of the competition season

July:

award working group meets

finalize OWNC for next year

August:

finalize all LDC details to prepare for Annual Meeting

September: Annual Meeting

October-December:

Relay meeting: Open water workshop

Request for next season's details

Conclude remaining event details.

Open registration for next season's OWNCs

Wrap-up year's business