

Committee Name: Fitness	Session #:	Report #:
Committee Chair: Mary Jurey	Vice Chair: Brian Cummings & Marcia Anziano	
Minutes recorded by: Mary Jurey	Date/time of meeting: February 22nd, 2015	

Motions Passed:

Number of committee members present: 7	Absent: 9	Number of other delegates present:
<p>Committee members present (list all, including chair and vice chair): Chair: Mary Jurey (South Central), Stacy Broncucia (Breadbasket), Bob Jennings (Dixie), Vice Chair: Marcia Anziano (Breadbasket), Vice Chair: Brian Cummings (GreatLakes), Kay Miller (Dixie), Laura Schuster (Oceana)</p> <p>Not present:, Patrick Weiss (Great Lakes), Ken Winterberger (Northwest), AJ Block (Great Lakes), Aubree Gustafson (Northwest), Peter Lee (Colonies), Jane Moore (Northwest), Robin Walker (Great Lakes), Kyle Deery (Dixie), Jody Smith (Northwest)</p>		

Minutes

The meeting was called to order at 6:04 p.m. eastern

- 1.) Roll Call
 - 2.) Check Off Challenge Update:
 - a) updated bid form and posted to USMS web site
 - b) Status report from current 2015 host (Tennessee) – off to a great start
 - c) Created a check list/How To type banner that was sent to all committee members and LMSC chairs
 - d) Discussed possibly increasing the \$100 deposit amount – no decision made
 - 3.) Fitness Award – Discussed how to better advertise for submissions for the award. Can the award be given to either an individual or a team? Try to involve active USMS fitness swimmers to promote the award.

Laura Schuster – volunteered to help improve awareness of the award. Suggested creating a press release type packet that could be sent to all Fitness Chairs and Coaches to be posted/handed out at the pool.

 - a) agreed to update and make more clear the Fitness Award Nomination Form
 - 4.) Go The Distance Update: check with National regarding providing updates
 - 5.) Brown Bag Lunch – Discussed what this is and how it came about. Committee agreed it was useful and fun but the ideas needed to be better disseminated. Agreed to locate the Brown Bag Lunch ideas from the 2014 Convention and send out to committee. Decided we would pick our top 3 to highlight in coming months either through the Fitness Blog or Streamlines.
 - 6.) New Idea Proposed: A Half Hour/30 Minute Swim (Brian Cummings)
 - a) brand it as a Fitness Event
 - b) Not competitive. Tie into a charity.
 - c) Possibility of doing it twice a year: January and June for example
 - 7.) Discussion of a Fitness App geared towards swimming. What are the best options? How to develop one.
- Next meeting: Sunday, April 26, 2015 @ 7 pm ET

The meeting was adjourned at 7:15 pm eastern