

Committee Name:	Fitness Education Committee	Session #:	Report #:
Committee Chair:	Marcia Anziano	Vice Chair:	Linda Shoenberger
Minutes recorded by:	Marcia Anziano	Date/time of meeting:	May 27, 2012 6 p.m. MST

Number of committee members present: 6	Absent: 12	Number of other delegates present: 0
Committee members present (list all, including chair and vice chair): Marcia Anziano, Ali Hall, Linda Shoenberger, Leslie Scott, Jody Smith, Greta VanMeeteren		

Minutes

The meeting was called to order at 6:05 MST.

1. **Brown Bag Lunch at Convention:** the committee has agreed to have a “brown bag” lunch at convention in order to allow for informal discussion of ideas for presenting ideas for keeping swimmers that swim only for Fitness more involved. Marcia noted that she offered to put together a workshop on this at convention, but the idea was rejected. So the committee agreed to go forward with the informal plan. The decision was made to have it on Saturday, and to make it clear that even if someone wants to attend the swim, they can drop in late with their lunch, as this is informal and is being held for the purpose of sharing ideas. Ali Hall will promote the event through the monthly email blasts to LMSC Fitness Chairs (or Chairpersons if they have not Fitness Chair). Once at convention, the location will be determined and details will be announced in the HOD when Marcia presents the minutes from the Fitness meeting. Anyone is welcome, but we hope to see reps from many LMSCs. We are looking to hold it from 12:00 to about 1:15 on Saturday.
2. **Fitness Workout at Convention:** This idea came up at our last meeting. We still want to move forward with it. The idea is to provide a workout that is not based on any type of race pace training, as non competitors are never really clear on that concept but to incorporate heart rate or something that is common to all swimmers. Marcia will talk more with Dennis Tesch (liaison to Coach’s committee). Jody suggested she also contact Bill Brenner, Coach and Club development. Prior conversations with Scott Bay showed that he was on board with the idea. The committee wants to give out a “token” gift at the workout – an item that might say “I swim for Fitness”. Linda Shoenberger mentioned a flat water bottle that is easy to pack and was a popular item at the Senior games. Linda will determine the cost of such an item. We have \$100.00 in our account that was donated by Maryland Masters (the deposit for COC). Marcia said that the committee never uses any of the budget for office supplies, so maybe we could borrow some money from that account.
3. **Status of Check Off Challenge:** Jon Olsen reported that the current host has sold 255 shirts to date, with an order being shipped in June.
4. **Bids for Check Off Challenge:** Kenneth Winterberger has confirmed that Alaska is working on a bid for 2013. No other bids are known about.
5. **Article Issues:** Linda Shoenberger noted that the May Fitness Article has never been posted. Not sure what happened to it. It was decided that she would not submit an article for June, they can use the May article.
6. **GTD email issues:** MJ reported that most of the emails are about not receiving awards. MJ was not able to attend the meeting, but a decision was made that Marcia would follow up with her on email content. If this is the majority of the email, we are going to propose that we change that email account to someone at the National Office. We have no control over this issue, and it is difficult to be trying to answer questions on topics that we have no control. If it is determined that the majority of email is about not receiving items, this will be proposed.
7. **GTD Swimmer write up:** Greta reported that this continues to go well. Suzi Green has been involved all of this year, and will be asked to handle the write ups for June, as Greta will be out of the country. Only issue is that we can no longer get a download of the email addresses due to the size of the report, but Greta has been able to find any of the addresses that she needs.
8. **Fitness Award:** Marcia mentioned that nominations are due for the Fitness Award. None have been received thus far

The meeting was adjourned at 6:45 MST.
