

Committee Name:	Coaches Committee	Session #:	Report #:
Committee Chair:	Bob Jennings	Vice Chair:	Kenny Brisbin
Minutes recorded by:	helen naylor	Date/time of meeting:	November 11, 2019 8pm EST

Motions Passed:

Number of committee members present: 11	Absent: 6 + 1 ex-officio	Number of other delegates present: 1 (VP)
<p>Committee members present (list all, including chair and vice chair): Chair: Bob Jennings (Dixie), Vice Chair: Kenny Brisbin (Southwest), VP Skip Thompson (Great Lakes), Ex-Officio Marianne Groening, Chris Campbell (Oceana), Dean Hawks (Great Lakes), Terry Heggy (Breadbasket), Molly Hoover (Great Lakes), Christine Maki (Southwest), Chris McPherson (Dixie), helen naylor (Dixie), Kerry O'Brien (Oceana), Steve Weatherman (Dixie)</p> <p>Not present: Scott Bay (Dixie), Ex-Officio: Bill Brenner, David Clark (Great Lakes), Doug Fetchen (Dixie), Jeff Taylor (Southwest), Trey Taylor (Dixie), Tim Waud (Northwest),</p> <p>Others present: Kyle Deary</p>		

Minutes

The meeting was called to order at 8:02 p.m. Eastern Daylight Time

1. **Welcome & Thank you** – Bob thanked all the committee members for their hard work and professionalism this year.
2. **Web workouts** – Kyle emailed a document to all committee members prior to the meeting. He mentioned that a few people had talked at convention. Right now, the web workouts are locked behind the login for the forums, but these provide a good membership benefit. Therefore, this is a change to improve these—make them searchable and dynamic. They want to use certain specific syntax in all workouts and make them structured, not a word document.

He noted that he realizes this will take more effort on the part of the coaches to input the workouts. If a coach puts in 4x100 on 1:40, USMS wants the interval to be adjustable to each swimmer's speed. It will be a learning curve for new and current workout writers.

As workouts are input, they will all be uniform in their definitions. For example, some coaches say distance per stroke, others might say elongate the stroke. They will decide on one of these and all will use that terminology. They feel this will help with understandability as swimmers read different coaches' workouts. They will work with swim.com and have a workout finder. You will be able print the workout as a pdf or download it to your tech (only if it is compatible with swim.com), swim.com, or the FLOG.

Swimmers will also be able to set up email alerts when a certain coach or training plan is uploaded. They want to slowly convert the current databases of workouts into this format. USMS will advertise this in streamlines for coaches. Molly and her subcommittee will select new coaches. January 15 is when the new platform will be launched. Please address your questions to Molly or Kyle.

A question was asked about those used to looking in the forums for workouts—Kyle said they would put in a redirect to the new platform. Old workouts will still be in the forums. The google form is ready to go to Marianne for Streamlines. Dean and Christine on the subcommittee noted the increased time commitment from coaches with this new platform and asked if the stipend was set in stone. Marianne will ask Bill. The subcommittee will work on consistent language.

3. **Medical Information update** – Steve unable to be on the call, therefore no update.
4. **Pan Ams** – Bob asked Chris McPherson to work with Tim Waud and Richard Garza on selecting the coach for Pan Ams this year, along with Dean Hawks and Kenny. After the call, it was decided that Tim Waud would head the search for the Pan Am coach.
5. **National Coaches Clinic** – Trey will be chair this year. Terry will help, as will helen and Kenny.
6. **Subcommittee and Task Force Reports** – Summaries of each committee provided below by the subcommittee chair

[Awards](#) – no update

[Education](#) – no update this month

[Fitness](#) – No report.

[High Performance Camp](#) – no update

[Level 4 Applications](#) – no update

[LMSC Communications](#) – no update

[Mentor](#) – Chris McPherson said they were half way through the match ups. Should be done in December. Bill and Marianne coordinating all. The feedback from mentees so far has been positive. Thank you to Kerry, Kenny, Christine, Jeff, and Marty Hendrix.

[On Deck Coaching](#) – no report

[Open Water](#) – helen reported that we are already planning the next OW clinic which will be in Cleveland in conjunction with the 1-3 mile Open Water National Championship in July. We are working on securing pool space so that we can advertise prior to race registration and with surrounding triathlon groups.

[Publications](#) – Terry, Chris McPherson, Bill, and Marianne are writing an article.

[Web Workouts](#) – see above

Special thank you so Skip for being our VP and Board liaison. Skip has helped keep us informed and will be missed. Chris Campbell will do a great job. Skip thanked the committee and said that the last four years, the coaches committee has done more than any of the other committees.

7. **Old Business** – none

8. **New Business** – Bill did a swim clinic for Bob's team and he suggests that you get him to come do one for your team.

The Coaches Committee hold their meetings on the second Monday of each month at 8pm (Eastern). Our last committee meeting for 2019 will be in November.

The meeting was adjourned at 8:37 p.m. Eastern Daylight Time.