

COACHES AD HOC COMMITTEE

October 19, 1988

CHAIRMAN: Jim Miller

MEMBERS PRESENT Dick Monahan Judy Meyer Todd Samland Steve Schofield
Don Mehl Kerry O'Brien

The committee meeting started promptly at 7 00 p.m. with a basic review of the role of the ad hoc Coaches Committee in Masters Swimming. The Coaches Committee remains committed to promoting the general themes of participation by athletes of all abilities as well as serving in an advisory capacity to other committees. It is felt that the features of an organized coached practice offers the environment that is safest as well as most likely to enhance the athlete's performance.

A general review of Old Business included reports on the On Deck Coaching Program at National and International Championships and initiation of the lecture series at Nationals. Boca Raton - 'Tapering' --- Grand Forks - 'Weight Training'.

Financial report was reviewed.

New Business included reports from the MACA and ad hoc meetings at Brisbane, Australia, summarizing the position of the United States compared to other countries. Suggestions of topics and speakers for the Pan Pacific Coaches Clinic in Indianapolis were reviewed. Suggestions to promote Masters programs were outlined to include:

1. Free seminars on Masters swimming including 1 stroke review for lap swimmers
2. Cooperation with USS clubs to help officiating thereby increasing visibility of Masters programs
3. Sanctioned Masters exhibition events (1-2) during USS meets (suggest emphasis on 40+ age groups)
4. Preparation of an article or series of articles on how to promote your Masters program
5. Increasing awareness of protection offered to localities by USMS insurance for organized practices

The Coaches Committee passed on to the Championship Committee two (2) recommendations.

1. In situations of two (2) per lane, . . .
 - same sex in the two (2) simultaneous heats
 - heat one (1) seeded in customary pyramid fashion facing the next heat (2) of the next fastest swimmers
 - in long course the second heat should not start until the first heat turns to allow for a false start

2. At each National Championship an award be given to one (1) female and one (1) male swimmer who best exemplified the spirit of Masters swimming at that meet. These would be selected by the coaches and the award called the Coaches Recognition Award. Funding for the ongoing trophy was volunteered by Clay Evans.

The Coaches Committee recommended to the Long Range Planning Committee that it investigate methods to discourage the future creation of a Mega National Team or Elite Team since it was not felt to be in the best interest or in the spirit of Masters swimming.
The vote was unanimous.

The following MSR changes were suggested to be considered favorable.

- MSR 3 - second part pertaining to the creation of 320+ age group for relays
- MSR 7 - MSR 27 - MSR 29 - MSR 30.

The following MSR changes were considered and not recommended.

- MSR 2 - MSR 3 (first part) - MSR 11 - MSR 14
- MSR 15 - MSR 24 - MSR 28 - MSR 31

Other topics discussed include certification of pool length for world and national records (contact Steve Schofield for a kit with a 50 meter steel tape) integrating Masters Water Polo into practice.

Coach of the Year Award for 1988 will be presented at the meeting of the House of Delegates.

UNITED STATES MASTERS SWIMMING CONVENTION
OCTOBER 19-23, 1988
ST. LOUIS, MISSOURI

COMMITTEE Coaches Committee

CHAIRMAN Jim Miller RECORDER _____

VOTING MEMBERS PRESENT: (Committee members)

Dick Monahan

Todd Samland

DON MEHL

Judy Meyer

Steve Schofield

NON-VOTING MEMBERS. VOICE AT OPTION OF THE CHAIR.

Singer Peterson

Dennis Hamilton

Laura O'Shaughnessy

Rocky Motter

Eileen Schappel

Clay Evans

Stu MacLure

Hugh Moore

Colin Light

Dorothy Metzmeier

Kathy Koffin-Skripe

Jane Moore

Robert Geddes
~~*Steve Schofield*~~

Rhea Winkler

Louise C. Stacy

Craig Taylor

Louaine Amartinelli

Sally Ann Wells

Brooke Duke

David Dehl

Pat Drehl

Barbara Tril

Please attach a copy of the Minutes of your meeting to this form and return it as soon as possible to Nancy Ridout, USMS Secretary. It must be handed in before you leave the Convention.

All Committee actions require approval of the House of Delegates. Any such actions must be handed to Nancy Ridout prior to the House of Delegates meetings.

Donald Watkins

John Zell AK

Scott Kubalar

Kathy Casey