Announcements

CERTIFICATION TABLE HOURS

Wednesday 8am to 6pm Thursday 7:00am - 7:45am **Grand Hall East**

Thursday afternoon thru Saturday Back of HOD or come find Mary

MEET & GREETS

NEW DELEGATE ORIENTATION

Thursday 8:00am - 8:30am Centennial IV

NEW DELEGATE LUNCHEON

Thursday 12:30pm – 1:45pm Max Lager's (3 minute walk) More Details available at the New Delegate Orientation

MEET THE CANDIDATES FORUM

Thursday 5:00pm – 6:00pm – Centennial IV Meet the candidates running for USMS At Large Director Positions

USMS HOSPITALITY SUITE

The Georgia LMSC has graciously agreed to staff the USMS Hospitality Suite. The suite will be open beginning Wednesday evening thru Sunday morning. Come socialize with other USMS volunteers in Room 1710

"ROUND TABLE" LUNCH

Saturday 11:30am – 1:00pm – Centennial IV

Enjoy your lunch while networking with your peers who do the same job as you do in the LMSC.

This will be an informal session where like officers will group together and discuss their positions and responsibilities. We hope to see lots of you there!



HOSPITALITY SUITE HOURS - Room 1710

Wednesday – evening Thursday thru Saturday – opens at 7am and will be open whenever the HOD is not in session Sunday – morning

WORKOUTS

Thursday, Friday & Saturday morning 6:00am – 7:00am

SWIM

Dynamo Swim Club

Bus will arrive at 5:15am and depart for the pool PROMPTLY at 5:30am From the corner of Peachtree and Baker

DRYLAND

Thursday- Inman Friday – Auburn Saturday - Kennesaw

EVENING ACTIVITIES

WELCOME RECEPTION

Wednesday 7:00pm - 9:00 pm

This will take place in the Exhibitor Area with cash bar and hors d'oeuvres.

LMSC SOCIAL - Slider Station

Hosted by the Georgia LMSC Hospitality Suite

Thursday 7:30pm - 10:00pm

IMSHOF INDUCTION

Friday 6:00pm – 8:30pm 6:00-6:45 pm – Reception (cash bar) 6:45-8:45 pm – Induction Ceremony

International North

All USMS delegates are invited (complimentary tickets) to attend the induction of US Masters Swimmers Joann Leilich, Thomas Maine and Tom Boak

USAS BANQUET

Saturday 7:00pm Centennial I-II-III

Each USAS organization will present their annual awards. USMS presents the Coach of the Year Award and the Ransom Arthur Award.

Announcements

ORIENTATIONS

COMMITTEE CHAIRS

Wednesday 6:30pm - 7:00pm - Chicago A/B

If you are a committee chair, Chris Colburn, USMS Secretary, will provide a Committee Chair Orientation on Wednesday pm. This is where you'll pick up your folder. Chris will explain the procedure for producing minutes and also for getting reimbursement. Zone Chairs should also attend this orientation, since they too will be chairing a meeting. Chris will be sending an email with the forms for you to print out or download to you laptop prior to convention.

NEW DELEGATE

Thursday 8:00am - 8:30am - Centennial IV

Chris Stevenson, VP of Local Operations will provide a "USAS Convention Orientation" on Thursday before the first HOD meeting. Chris will introduce several members of the USMS leadership and review valuable information to improve your convention experience.

NEW BOARD MEMBER ORIENTATION

Saturday 10:30am - 11:30am - Learning Center

Dr. Jim Miller, USMS Past President will provide a "New Board Member Orientation" to new members of the USMS Board on Saturday. This orientation includes information on your responsibilities as a member of the USMS Board of Directors. This meeting is also open to those who are interested in serving as an officer in the future.

EDUCATION

ADULT LEARN TO SWIM INSTRUCTOR AND COACH CERTIFICATIONS

USMS is hosting the following educational opportunities on Wednesday, September 21, 2016 Hilton Garden Inn Atlanta, Perimeter Center, 1501 Lake Hearn Dr, Atlanta, GA 30319

USMS Adult Learn to Swim Instructor Certification

Adult learn-to-swim Instructor Certification

USMS Coach Certification

<u>Levels 1 & 2 Coach Certification</u> <u>Level 3 Coach Certification</u>

For registration and more details please click the links above.

LMSC WORKSHOPS

Turning Resources into Satisfied Swimmers - Paige Buehler

Friday 9:30am - 10:30am - <u>Inman</u>

All LMSCs have membership fees and use them for a wide variety of purposes. Learn about some of those uses categorized by effort required to make them happen. Get details on popular, high-impact programs and bring your own ideas to share and get inspiration from what's working for others!

Futures Committee Panel – Dan Cox

Friday 9:30am - 10:30am - Kennesaw

Who is the future of USMS? Where are they going to come from and how do we keep them!

ALTS & SSL Grants - Bill Meier & Karen Harris

Friday 10:45am - 11:45am - <u>Inman</u>

Catch the wave with Swimming Saves Lives/Adult Learn to Swim. Here's the 'how to' from grants to programming and how it can work for your area.

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Avoiding Grievances – Lisa Brown

Friday 10:45am - 11:45am - Kennesaw

Grievances take a lot of LMSC time to hear and resolve. Resolving disputes should be a goal of the LMSC before these end up in the grievance procedure. This interactive workshop will provide your LMSC with tools to resolve disputes or grievances.

Putting the USMS Officials Certification to Use in Your LMSC – Brian Albright

Friday 1:15pm - 2:15pm - Inman

To alleviate a shortage of officials in some areas of the country, USMS has started an officials certification program. The primary goal of this certification is to help those LMSCs cannot recruit enough officials to staff their meets. The workshop will cover what is required and implementing the USMC Officials certification program in your LMSC.

The Social Media Driver: Getting your LMSC Behind the Wheel - Alana Aubin

Friday 1:15pm - 2:15pm - <u>Kennesaw</u>

It's time to get social media savvy for your club, workout group or LMSC. Let's explore the options to bring your program into the future!

Diversity - Opportunities & Obstacles - Lisa Dahl & Sarah Welch

Friday 1:15pm - 2:15pm - Centennial IV

Becoming a more diverse club or workout group. What's working/what's not? What are best practices and examples? How do we reach out at the local level to generate a broader inclusion for Masters swimming?

National Committees Speed Dating - Dan Cox

Saturday 10:30am - 11:30am - Centennial IV

Simple, easy and fun way to learn more about our USMS National Committees!

Sports Medicine Presentation – Swimming and Sports Medicine: Key Findings for the USMS Community – Dr. Hiro Tanaka Friday 12:00pm – 1:00pm – Centennial IV

Dr. Tanaka will be presenting his research on aging and the benefits of swimming. He studies athletes, including swimmers, and his research investigates the physiologic changes of aging and the role of exercise in mediating and reversing vascular dysfunction.