



## Capt. Ransom J. Arthur M.D. Award

### Deadline: March 15

The Capt. Ransom J. Arthur M.D. Award is U.S. Masters Swimming's most prestigious award. It is presented annually to the USMS volunteer who is recognized to have done the most to further the objectives of Masters Swimming programs over an extended period of time.

### USMS Goals and Objectives

- To encourage and promote improved physical fitness and health in adults.
- To offer adults the opportunity to participate in a lifelong fitness and/or competitive swimming program.
- To encourage organizations and communities to establish and sponsor Masters swimming programs.
- To enhance fellowship and camaraderie among Masters swimmers.
- To stimulate research in the sociology, psychology, and physiology of Masters swimming.

### Nominee Instructions

The official [RJA Nomination Form](#) is available on the [USMS website](#). Complete the digital form following the exact format and order of information as shown. Please do not extend the form to write lengthy explanations. Be brief and provide only what is asked for in the nomination form. Forms using a different format will be returned.

In addition to the nomination form, submit a **one-page** Letter of Endorsement, detailing the positive impact of the nominee's contributions to USMS. Provide verifiable examples of what the nominee did that was meritorious, and/or explain how the nominee went above and beyond the scope or significance of expected contributions. How did the contributions help to fulfill or further the objectives and/or mission of USMS at the national, zone and/or LMSC level? The significance of the nominee's contributions are the factors that usually distinguish one candidate from the others.

**The nomination deadline is March 15th.** The completed Nomination Form and Letter of Endorsement must be in the hands of the RJA Award Coordinator on or before March 15. They will then be circulated to Recognition & Awards Committee members and previous Ransom J. Arthur Award winners for consideration and final selection. If the recipient is entered in the USMS Spring National meet, the award shall be presented at that event. Otherwise, the award will be presented at a venue in the recipient's LMSC shortly after the decision is made. An award announcement shall be made during the USMS Spring National meet, A formal "pinning" with the official RJA lapel pin and a formal presentation of the award shall take place at the USMS Annual Meeting.

Please submit the forms and letter electronically.  
Send your nomination by **March 15 to: [awards@usmastersswimming.org](mailto:awards@usmastersswimming.org).**