

2022 Men's USMS Long Distance All Americans

Age Group	Gender	Event	First Name	M.I.	Last Name	APP	Birthdate	Age	Club abbr.	LDAA	LDAS	USMS #	Time or distance	Records
25-29	M	Sprint Distance OW	Daniel		Rico			26	WCM			382W-965GK	23:33.00	
30-34	M	Sprint Distance OW	Marcos		Lavado			31	MAM			382F-C13AC	21:01.00	
35-39	M	Sprint Distance OW	Christopher		Whaley			37	ECAM			3825-09SZK	23:04.00	
40-44	M	Sprint Distance OW	Chad		Holbrook			43	WCM			382X-ZX84M	23:23.00	
45-49	M	Sprint Distance OW	Trevor		Gillis			47	LAMV			382R-03J54	20:48.00	
50-54	M	Sprint Distance OW	Rick		Gould			54	STAN			382B-03K93	22:00.00	
55-59	M	Sprint Distance OW	Jerome		Frentsos			57	DCAC			102P-005ED	21:18.00	
60-64	M	Sprint Distance OW	David		Brancamp			61	SNM			382C-03F7M	23:08.00	
65-69	M	Sprint Distance OW	Fred		Ferroggiaro			69	TOC			3825-022Y0	24:05.00	
70-74	M	Sprint Distance OW	Joel		Wilson			74	CRUZ			3827-03EYR	24:46.00	
75-79	M	Sprint Distance OW	Richard		Burns			79	TAM			382D-BURNS	28:11.00	
85-89	M	Sprint Distance OW	Mike		Laramie			86	SERC			382Y-79XB8	45:21.00	
18-24	M	Middle Distance OW	Adam		Shaaban			19	CRUZ			3823-R058Y	50:39.00	
25-29	M	Middle Distance OW	Liam		Chavez			25	TEME			3828-6TU8S	1:06:51.00	
30-34	M	Middle Distance OW	Kaname		Onishi			34	PSCM			4828-SGN2A	48:55.00	
35-39	M	Middle Distance OW	Jack		Wall			36	UC38			382N-J9M3T	55:03.00	
40-44	M	Middle Distance OW	Jari		Salomaa			44	CBSC			382H-JAR1S	55:32.00	
45-49	M	Middle Distance OW	Trevor		Gillis			47	LAMV			382R-03J54	48:03.00	
50-54	M	Middle Distance OW	Kevin		Jeffery			51	CRUZ			382E-03NJV	52:55.00	
55-59	M	Middle Distance OW	Jorge		Angel			55	TVM			382Z-06M7G	51:17.00	
60-64	M	Middle Distance OW	Chris		Tainty			62	CRUZ			382C-03JCS	56:03.00	
65-69	M	Middle Distance OW	Doug		Kajiwara			65	CVMM			332P-03BT0	54:55.00	
70-74	M	Middle Distance OW	Bob		Bruce			74	OREG			372Z-025YX	1:09:43.00	
75-79	M	Middle Distance OW	Edward		Rudloff			75	TOC			382D-03J62	1:09:16.00	
18-24	M	Long Distance OW	Johnathan		Dolan			20	UC33			332C-U7W86	1:01:15.00	
25-29	M	Long Distance OW	Tyler		Fidler			25	UC33			332R-0AWWV	1:04:28.00	
30-34	M	Long Distance OW	Chad		La Tourette			34	TOC			3825-09H5H	58:41.00	
35-39	M	Long Distance OW	Federico		Chialvo			39	UC38			3826-CLA2Q	1:09:35.00	
40-44	M	Long Distance OW	Andrew		Ferguson			43	UC38			382R-046YU	1:06:43.00	
45-49	M	Long Distance OW	Trevor		Gillis			47	LAMV			382R-03J54	59:33.00	
50-54	M	Long Distance OW	Kevin		Scott			52	UC33			332Y-005H4	1:06:35.00	
55-59	M	Long Distance OW	Barton		Wells			55	UC38			382R-03WKA	59:31.00	

60-64	M	Long Distance OW	Chris		Tainty			62	CRUZ			382C-03JCS	1:09:39.00	
65-69	M	Long Distance OW	Sandy		MacDonald			67	SMST			382G-03H4C	1:11:53.00	
70-74	M	Long Distance OW	Joel		Wilson			74	CRUZ			3827-03EYR	1:12:09.00	
75-79	M	Long Distance OW	Edward		Rudloff			75	TOC			382D-03J62	1:22:25.00	
18-24	M	Marathon Dist OW	Michael		Laviani			19	UC04			042T-VATPM	2:31:32.40	
25-29	M	Marathon Dist OW	Tommy		Wolinski			29	RMT			072D-JTBUR	2:28:32.70	
30-34	M	Marathon Dist OW	Anton		Janezich			30	UC12			122B-HA04T	2:03:32.00	
35-39	M	Marathon Dist OW	Cj		Nuess			36	CONN			052B-JJER1	2:06:40.70	
40-44	M	Marathon Dist OW	Daniel		Moran			40	NEM			022G-0063E	2:14:15.80	
45-49	M	Marathon Dist OW	Russ		Scherwitz			49	NICK			0428-05RGY	2:30:56.40	
50-54	M	Marathon Dist OW	Albert		Garcia			52	NEM			0225-0738T	2:23:00.80	
55-59	M	Marathon Dist OW	Jerome		Frentsos			57	DCAC			102P-005ED	2:15:38.00	
60-64	M	Marathon Dist OW	Sheldon		Katz			63	UC02			0224-06XU0	2:41:47.40	
65-69	M	Marathon Dist OW	John		Chambers			67	AGUA			0629-02YB5	2:37:58.20	
70-74	M	Marathon Dist OW	Ellis		Merschhoff			72	UC09			0924-07WE3	3:23:55.80	
25-29	M	2-Mile Cable	Martin		Caldon			29	UC05			052N-8BX2T	51:35.55	
30-34	M	2-Mile Cable	Domenick		Errico			30	CONN			052Z-X4SEK	43:13.42	
35-39	M	2-Mile Cable	Anthony		Wallace			35	GAJA			452f-0AUSE	44:54.08	
40-44	M	2-Mile Cable	Ryan		McGrath			41	MERR			092K-09U08	1:05:52.37	
45-49	M	2-Mile Cable	Matthew		Glogowski			46	ADMS			032W-01MD6	49:40.30	
50-54	M	2-Mile Cable	Stephan		Rodiger			53	L4S			102D-006SG	46:25.42	
55-59	M	2-Mile Cable	Jerome		Frentsos			57	DCAC			102P-005ED	43:25.30	
60-64	M	2-Mile Cable	Joseph		Riordan			63	ADMS			0320-05PR6	51:33.42	
65-69	M	2-Mile Cable	John		Chambers			67	AGUA			0629-02YB5	46:07.36	Y
70-74	M	2-Mile Cable	Bruce		Gianniny			71	ROCH			042C-01X2U	52:38.64	
75-79	M	2-Mile Cable	Rich		Bernstein			76	AGUA			0611-0301W	58:57.05	
80-84	M	2-Mile Cable	Rob		Madell			80	METR			062C-04C79	1:16:23.21	
18-24	M	1 Hour ePostal	Sawyer		Graczyk			20	CVMM			332C-A1NHY	4,535	
25-29	M	1 Hour ePostal	James		Pokornowski			26	NICK			042W-YRBUW	5,230	
30-34	M	1 Hour ePostal	Anton		Janezich			30	UC12			122B-HA04T	5,795	Y
35-39	M	1 Hour ePostal	Eric		Nilsson			35	NEM			0227-05YT0	5,620	
40-44	M	1 Hour ePostal	Steven		Kemmerling			43	NASH			152Y-05PEU	4,950	
45-49	M	1 Hour ePostal	John		Dissinger			49	BTA			252B-GPZXS	5,020	
50-54	M	1 Hour ePostal	Nico		Ghilardi			52	SMM			382E-03F54	5,250	
55-59	M	1 Hour ePostal	Mike		Shaffer			57	VCM			332S-03B3B	5,315	
60-64	M	1 Hour ePostal	David		Brancamp			61	SNM			382C-03F7M	5,070	
65-69	M	1 Hour ePostal	Doug		Kajiwara			65	CVMM			332P-03BT0	5,030	Y

70-74	M	1 Hour ePostal	Dan		Kirkland			74	OREG			372S-069B3	4,640	
75-79	M	1 Hour ePostal	Richard		Burns			79	TAM			382D-BURNS	4,115	
80-84	M	1 Hour ePostal	Ralph		Mohr			81	OREG			372J-0261C	3,445	
85-89	M	1 Hour ePostal	Barry		Fasbender			85	OREG			3722-BARRY	2,930	
90-94	M	1 Hour ePostal	Robert		Beach			92	SPM			142X-TX1D9	2,230	
100-104	M	1 Hour ePostal	Willard		Lamb			100	OREG			372H-026V7	2,495	Y
25-29	M	5K ePostal	Alan		Jackman			29	TXLA			4327-0AWV4	1:08:55.99	
30-34	M	5K ePostal	Anton		Janezich			30	UC12			122B-HA04T	59:07.00	Y
35-39	M	5K ePostal	Anthony		Wallace			35	GAJA			452F-0AUSE	1:06:06.00	
40-44	M	5K ePostal	Scott		Loder			41	PBM			5020-0A4E9	1:12:35.09	
45-49	M	5K ePostal	Russ		Scherwitz			49	NICK			0428-05RGY	1:08:00.69	
50-54	M	5K ePostal	Ned		Munoz			51	TXLA			432R-02NR9	1:09:32.99	
55-59	M	5K ePostal	Eilhard		Lussier			57	OREG			372W-025VX	1:06:54.33	
60-64	M	5K ePostal	David		Boatwright			61	WCM			3820-03M7N	1:09:35.99	
65-69	M	5K ePostal	Jim		Sauer			65	TXLA			4329-06N4M	1:09:58.36	
70-74	M	5K ePostal	James		Ryan			70	SCYM			072V-021YD	1:18:14.02	
75-79	M	5K ePostal	Larry		Raffaelli			79	VCM			332A-03B35	1:46:26.17	
80-84	M	5K ePostal	Ralph		Mohr			81	OREG			372J-0261C	1:44:15.98	
85-89	M	5K ePostal	Douglas		Holmes			86	SMS			242C-01T5M	2:39:02.99	
18-24	M	10K ePostal	Noah		Manera			24	SPM			142J-CD6J0	2:24:45.99	
25-29	M	10K ePostal	Thomas		Murphy			29	WSC			502N-98M69	3:18:23.99	
30-34	M	10K ePostal	Bruce		Deakyne			33	UC32			322N-BRUCE	2:00:37.22	Y
40-44	M	10K ePostal	Johnny		Van Velthuyzen			43	PSM			362K-06TTA	2:35:04.14	
45-49	M	10K ePostal	Russ		Scherwitz			49	NICK			0428-05RGY	2:20:46.31	
50-54	M	10K ePostal	Mark		Rubacky			53	NCMS			132X-070MN	2:25:14.03	
55-59	M	10K ePostal	Eilhard		Lussier			57	OREG			372W-025VX	2:16:53.12	
60-64	M	10K ePostal	Andreas		Seibt			64	IM			2124-02VB9	2:30:12.99	
65-69	M	10K ePostal	Doug		Kajiwara			65	CVMM			332P-03BT0	2:24:44.92	Y
70-74	M	10K ePostal	Bob		Bruce			74	OREG			372Z-025YX	2:58:11.82	
75-79	M	10K ePostal	Larry		Raffaelli			79	VCM			332A-03B35	3:57:56.05	
25-29	M	3000 ePostal	Kristof		Kertesz			29	SFTL			502D-0896S	37:52.53	
30-34	M	3000 ePostal	Anton		Janezich			30	UC12			122B-HA04T	31:43.27	
35-39	M	3000 ePostal	Anthony		Wallace			35	GAJA			452F-0AUSE	35:12.00	
40-44	M	3000 ePostal	Johnny		Van Velthuyzen			43	PSM			363M-06TTA	37:03.75	
45-49	M	3000 ePostal	John		Dissinger			49	BTA			253A-GPZXS	35:18.15	
50-54	M	3000 ePostal	Mark		Lowney			54	SKY			4135-JJAYK	35:32.79	
55-59	M	3000 ePostal	Eilhard		Lussier			57	OREG			372W-025VX	33:37.02	

60-64	M	3000 ePostal	David		Brancamp			61	SNM			382C-03F7M	35:41.82	
65-69	M	3000 ePostal	Jim		Sauer			65	TXLA			4338-06N4M	35:38.04	
70-74	M	3000 ePostal	Dan		Kirkland			74	OREG			372S-069B3	38:32.47	
75-79	M	3000 ePostal	Ralph		Leonard			79	CONN			053G-09SCM	55:41.00	
80-84	M	3000 ePostal	Ralph		Mohr			81	OREG			372J-0261C	53:20.22	
85-89	M	3000 ePostal	Douglas		Holmes			86	SMS			242C-01T5M	1:10:12.94	
25-29	M	6000 ePostal	James		Pokornowski			26	NICK			042W-YRBUW	1:07:32.85	
30-34	M	6000 ePostal	Anton		Janezich			30	UC12			122B-HA04T	1:02:58.55	Y
35-39	M	6000 ePostal	Anthony		Wallace			35	GAJA			452F-0AUSE	1:12:12.00	
40-44	M	6000 ePostal	Johnny		Van Velthuyzen			43	PSM			363M-06TTA	1:16:29.15	
45-49	M	6000 ePostal	John		Dissinger			49	BTA			253A-GPZXS	1:11:50.60	
50-54	M	6000 ePostal	Mark		Lowney			54	SKY			4135-JJAYK	1:12:29.25	
55-59	M	6000 ePostal	Jeff		Erwin			58	SAWS			593W-01J0A	1:08:56.06	
60-64	M	6000 ePostal	David		Brancamp			61	SNM			382C-03F7M	1:11:51.28	
65-69	M	6000 ePostal	Sandy		MacDonald			67	SMST			382G-03H4C	1:13:42.15	Y
70-74	M	6000 ePostal	Dan		Kirkland			74	OREG			372S-069B3	1:18:56.13	
75-79	M	6000 ePostal	Larry		Raffaelli			79	VCM			332A-03B35	1:58:09.00	
85-89	M	6000 ePostal	Douglas		Holmes			86	SMS			242C-01T5M	2:36:46.99	